

AskMöYgj K Dbæb bvU†Ki gva`tg GK`j G`vmb†gUi mÿó Kiv  
Ges MögxY kgRrex Rb†Mvôxi eÿ×eÿËK I vñ×všMöY Kivi  
¶gZv†K RvMÖZ Kiv

Povš-côZte`b

(b†f†2004 t\_†K Gicj 2005)

cävö M†el K: i vñRe cvi †fR

mnKvix M†el K : vñkvb m†ei

mn†hvMx cöZövb

†m>Uvi di †W†fj c†g>U w\_†qUvi (vñvñvñvñ)

18 wZZngi moK, \_vbvciov, Kivóqv|

B †gBj : cdt\_kst@yahoo.com

†gvevBj t 0171 978336, 0172 897387

mPx

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## KZÁZv

MtelYv kãwJi e`cKZi wekHxY bv wMtq Avgiv gtb Kwi Rvbvi tfZti Rvbv, tevSvi tfZti tevSv, t`Lvi tfZti t`Lv tK Mfxi wekptm aviY Kti `ymvnmKZvi mKj mxgvbvK tcvitq Rxeftbi mvt\_ cãZwbqZ Pj gvb fvebvK tft½ Pti, wekHxY I chfeqY Kivi `cævatK ev`evqftbi cã\_wgK cteP Pdvš-(6gvm) mgqK Dc`vcb KiwQ| eZgvtbi GB ev`eZv I KwMb` tK mgtqvcthvMx, mnR Kivi tbcft` th kw³ meñak KZÁZv I KwZtZji `we`vi Zv nj wi mvP`BwbnktqWfñ, evsj vt`k|

gvbeKj `vtbi wech`- AÜKvi AvewiZ KUKvKxY©ct\_ mvmnx c`tqftci tãYv`xß mh© huiv mveqYK AbcãYZ KiQtb Avgvt`i, huiv Dcw`Z t`tK tmñi citk ARvbv AvMvgxi ct\_ `p c`tqftc GwMtq hvl qvi c\_ cãkR, mgtqi wbfPkj wbt`RK ntqtQb Avgvt`i Mfxi, AKwîg, wekymx k&v AcP Kti GZqY Dc`wcz/cwZ MtelYv Kvhftgi cã\_wgK cteP ðPdvš-cãZte`tbi ð Dcmsnvti wbtmstKvP D`Pvi Y Kwi Ñ Avgiv mdj ne|

tKbbv gvbe Kj `vtbi Rb`, gvbfti i Rb`, mwZ`Kvi teva t`tK RvMž ggZteva I gvbeK wekym t`tK mEvi wBKU cãZkãZex th, MtelYv Kvhftgi mdj ev`evqb KiQtZ Avgiv meP K t`tK mtPó \_vKe| thtnZzga`eZx`Ae`vi Dc`vctb Avgiv etj wQ wewfbæcã\_wgK Kvhftg, KgRvjv mæubæKti, MYMtelbv `j MVb cãµqv cieZP Kvhftg Pj gvb tmtnZz mgvcbx cãZte`b Avtiv ev`weK wekHxY I MtelYvj ä cb½ZvtK ARB KiQtZ mftg ne|

Dc`vcb hewKvq, GB my`i gytZ`Avevi I k&vebZ wPtE wi mvP`BwbnktqWfñ, evsj vt`tki cRbxq e`w³ Zt`i cãZ KZÁZv Ávctbi ga`w`tq G Avkvev` aviY Kwi th, AvMvgi mKj mRtb Avcbvib Avgvt`i cãZ Askx`wi tZji nvZ evoteb|

## c0g Aa'vq

f1gKv

HwZnwmKfvte mZ'' μgweeZb avivq gvbe mf'Zvi chqμwgK Dbq̄b, gvbteWZnvm mKj wKQj gvtSB m̄t̄ nvZxZ c0wYZ th, ōelg'0 mKj mḡtqi ev'eZvq Dcw'Z wQj - AvtQ - vKte| %elg'gj K mgv̄tR q̄lgZvevb tkYxi q̄lgZv' i agv̄t cZ'' q̄ ej c0qvM bq, eis mgM0Rbmgv̄tRi gvtS H tkYxi mvgM0K wPšvcxwZi AvmacZ'' m̄joi Dci wbf'kxj | GB AvmacZ'' Ggb GKwU e'e'v thLv̄tb GKwU w̄b' 0 Rxebaviv ev wPšvB c0vb, thLv̄tb ev'eZvi GKwU avi YvB mgM0mgv̄tR cwie'vB |

M0guk0i D'Pvi t̄Y Avgiv t' wL th, A\_ %0wZK Drcv' t̄bi RMt̄Z Acwi nvh' μqvKj v̄tci gj wfvE'Z th me mvgwRK tkYxi DrcwE' nq, t̄Zgb c0ZwU tkYx Zvi w̄b̄t̄Ri DrcwE' i m̄v̄t\_ m̄v̄t\_ B w̄b̄t̄R' i ga' t' t̄K GK ev GKwvK eyxRix t̄Mv̄xi m̄joi Kti | M0guk Gt' i t̄K 'Re eyxRix etj AvL'wqZ Kt̄i t̄Qb | hviv Zv̄t' i t̄j Lv, m̄wvZ'' PP' BZ'' w' i gva' t̄g kvmt̄Ki gZv' t̄kP' c0Z m' s̄jvZ m̄joi Kt̄i Z GKUv tkYxi gvtS c0Yv' bv m̄joi Kt̄i b |

GLv̄tbB Avgiv t' wL AvacwZ tkYxi GB c0j gZv' t̄kP' c0Z m' s̄jvZ m̄joi Ab'Zg c0vb gva' g n' 0 wKq̄v e'e'v, AvbKv0, t̄j Lv̄t̄j wL | A\_ ō' elg'gj K mgv̄tRi wKq̄v e'e'vq elg'gj K gZv' t̄kP' c0Zdj b Nt̄U | wKq̄v n̄tq l t̄v c0j t̄kYxi gZv' t̄kP' avi K, evnK |

mḡtqi GB Ae'v̄tb ' wotq hw' A t̄bK t̄cQ t̄bi Av' g mgqUv̄tK b, weAv̄t̄bi e'vL'vq Aetj vKb Kt̄i Z t̄Pov Kwi Zte AbygZ nq th, gvb̄t̄l i A\_ i Awe'vi, Av\_ t̄bi DrcwE' Ges c0qvM t' t̄K eb'ci wKkvi chS-c0ZwU t' q̄ t̄i B m' s̄jvZ Z fvebvi ḡt̄a' l mej t' i gvb̄mK fvebvq KZ' j; M0t̄Yi B'Qv RvM'Z n̄t̄j v | tkYx elg'gi m̄f'cv̄t̄Zi t̄mB mgqUv̄t̄Zi Avgiv B'Qv Pwctq t' l qvi wclqvU t̄K cvB | eyx' i GB fvebvq Awe'Z ' e'j mE'yi c0Z metj i μgea'gvb Dcnvm t' t̄KB t̄kbx wefvRb l ' elg' MZ ' wofw' 2 Drmwv Z n̄t̄j v | t̄Mv̄t̄i mKj eÜb Ges m' s̄jvZ t̄kYxZ t̄E' j t' qj Dv̄t̄q t̄kvl t̄Ki ' wofw' 2 t̄K cKvk Kt̄i Z ' i' Kt̄i jv wewfbecšvq | hLb t̄kwl t̄Zi m' s̄jvZ Z n̄l qvi Drmwv t̄K t̄kvl K t̄kbx Aetj vKb Kt̄i jv ZLbB wfbecšK t̄j i GKwU t̄K t̄Kj wnt̄mte t̄e t̄Q w̄b̄j wKq̄v e'e'v | t̄mB wKq̄v e'e'v t̄K gvb̄t̄l i Kv̄t̄Q M0Y t̄hvM' Kivi Rb' t̄kvl K t̄kbx Awef'Z n̄t̄j v fiv̄t̄U fveK t' i gw' t̄' | fveKiv t̄kvl t̄Ki c̄t̄q c̄Pvi Yv Pvj v̄Z j vMj th, Avgiv hv eyj Zv t̄kvb, Avgiv hv tevSve Zv tevS | Gifc Ae'vq GKwU t̄kbx i agv̄t' i t̄b hvl qvq Af' - n̄tq DV̄t̄j v | Lj mnt̄RB Pwctq t' l qv mg' - wKQy t̄g t̄b w̄b̄t̄Z eva' n̄t̄j v | mḡtqi Rv̄Uj Zvq fvt̄M' i Dci t' v l w' t̄q eyx' t̄K RvM'Z Kivi weci t̄Z w̄b̄t̄R t̄K Amvq t̄f̄te ōbieZvi ms' wZi 0 c0Z' B Kt̄i jv | t̄Kbbv, cwieZ' bi gva' t̄g c' w' ext̄K gvbweKxKt̄i Yi GB B'Qv Aeva bq | me'vB Zv evav l m̄wvsmZvi ḡt̄Lv̄g'wL nq | m̄wvsmZv wbcxwZ t̄K n' ^ gvbweK Ae'vq AebvgZ Kt̄i | 0GKwU cšv, GKwU e' A' ev GKwU c̄t̄Y' 0 cwieYZ Kt̄i | (fvR t̄Kv̄t̄qK - 1973:108) Zviv Avi KZ' v̄t̄Kbv, Zviv c' w' ext̄K cwieZ' bi Rb' KvR Kt̄i b wKš' Zviv eva' Zvgj Kfvte Avac t̄Z' i c̄t̄iv q̄ mnbkxj Zvq Af' - n̄tq l t̄Vb | m' s̄jvZ v̄t̄e AvZ, ms' AvqZ Ges kv̄mZ cKt̄i Y GB ōe' 0 n̄tq DV̄vi c̄t̄iv q̄ Ab̄t̄g v' b hv ōc' P̄ij Z e'e'vq hv' s̄ wPšvq c0Qb' e'v̄t̄e cwiePw̄j Z0 cvl t̄j v t̄dB̄t̄i GUv̄t̄KB-0bxi eZvi ms' wZi 0 etj t̄Qb | (t̄dB̄t̄i 1972:10)

eZ'gvb w̄t̄k; cwie'wZi Kv̄i t̄Y q̄ wZM' - e'w' s̄ i l ci t' v l Pvcv̄t̄bvi c0YZvq Avgiv t' wL th, m̄v̄vi Y gvb̄t̄l t̄K w̄b' g' p̄, Am̄y', Aj m l Ab̄rcv' b̄kxj etj ' vq̄x Kiv nq | ' t̄t̄Li m̄v̄t\_ GK\_v etj Z nq th, m̄v̄vi Y gvb̄t̄l w̄ek' m Kt̄i b th Zviv w̄b' g' p̄, AÁ Ges Ams' c̄ | t̄dB̄t̄i i ḡt̄Z m̄v̄vi Y gvb̄t̄l i w̄bweRvi t̄PvL l gK g' nj bxieZvi ms' wZi c0Zdj b, mvgwRK, A\_ %0wZK l ivR%0wZK AvmacZ'' ev̄t' i

cĀZ`ŋ cĀveB Zv`i AÁZv I Avj ĩm`i KviY | GB AwacZ`B weĳkHx mĳPZbZvĳK e`vnZ Kĳi Ges mvgwMĳK wĳŋv e`e`v bxi eZvi ms`wZĳK j v j b Kĳi | (tdBĳi - 1972:10)

hviV AZ`vPvi Kĳi, tkvly Kĳi, Ab`ĳ`iĳK hviV gvbyl wntmte tĳtb wbtZ e`\_c`nq Zv`i ŐvivB mwnsmZvi cĀvi NĳU; hviV gvbyl wntmte weĳewPZ nqbv, AZ`vPwii Z, tkvwl Z Zv`i Őviv mwnsmZvi Rbĳ nq G cĀvY BwZnm t`qbv | fvj evmvi Afvex bq eis hviV fvj evmĳZ e`\_c`ZvivB cĳ\_exi Ae`vbĳK fvj evmivxb KiĳZ D`Mĳe | wbr`^fvebvq wbrĳK fvj evmv e`wZZ Ab`ĳ`iĳK fvj evmvi gZ gvbwMk AvMĳh Zv`i tbB | Amrvĳqi teovRvĳj Avex, hviV ĩvĳmi wĳKvi Zviv mšym QovĳZ cvĳi bv, wecixĳZ mwnsmivB Ggb cwi w`wzi mĳj Kĳi th gvbyl ŐRxeb t`ĳK wQUĳKŐ cĳo mšymmi RbK wntmte Zviv cwi wPZ | wbcxwZ`i fvebvq t`^QvPwii Zvi `vb tbB, NĳbZ, AeÁvZiv bq eis wbcxwK Ges hviV Nĳv Kĳi, AeÁvi mvt`\_ gvbyl `ĳzi Ae`vbĳK A`ĳKvi Kĳi Zviv t`^QvPwii Zvi Rbĳ w`ĳZ Kĳi nqbv | gvbwKZvĳK AMĳh` Kĳi Őgvbyl Ő wntmte hv`i b`bZg AwKviĳK Le`Kiv nq Zviv bq, gvbyl ĳK A`ĳKvi Kĳi, AZ`vPvi-wbcxwY Kĳi wbrĳe Kiv nĳĳQ hv`i Zviv bq, eis-gvbwK mĳyĳK A`ĳKvi Kĳi mej ivB kw`i e`envi NUvq |

AZ`vPvixi KvĳQ AZ`vPwii ZivB me`v `qv-gvqivxb | AZ`vPvixi mwnsmZvi wecixĳZ tKvb cĀZwĳqv t`Lvĳj B Zviv wPwYz nq ŐmwnsmŐ, ŐeeŐŐ, Ő`pĳŐ ev ŐfqĳiŐ etj | wĳKŠ` AZ`vPvixi mwnsmZvi Revte AZ`vPwii Ziv hLb i`ĳL `wovq, ZLbB fvj evmvi mŬvb tĳĳj | AZ`vPwii Zv`i weĳ`ĳnB fvj evmvi mPbv KiĳZ cvĳi | AZ`vPwii Zv`i mwnsmZv gvbwK nevi AwKvĳi cĀZ miv "QvĳKB gZ`Kĳi tZvĳj |

ĳcŋvU evsj v`k

HwZnmKfvte GB ĳ`k `wŋY Gwĳqvi mvs`wZK gj avivi AšMZ | wLŐce`ZZxq kZĳK GB AÁj wQj tĳšh`mvgĳĳR`i Aaxb Ges PZL`wLŐvā nĳZ `β mvgĳĳR`i AšF` | Aóg t`ĳK GKv`k kZvāx chŠ-GLvĳbB wQj tešx cvj ivRvĳ`i kvmb Ges Zvici GKv`k t`ĳK Őv`k kZvāx chŠ-ivRZj Kĳi wQj w`ytmb eskxq kvMkKj | 1204 mĳj t`ĳK ŐeĳŐ gĳmĳj g kvmtbi AšF` nq Ges 1576 mĳĳj gNj kvmb KZĳv Gĳ`k Rq Kĳi tbq | 1757 mĳĳj BŐ BwŬqv tKv`wvxbi lohšgjK hĳx evsjvi ZrKijxb `ĳaxb beve wivRĳĳi Šjvi civRĳqi gva`ĳ Gĳ`k BĳĳiR kvmtbi AšF` nq | 1947 mĳĳj eĳ wefvĳMi dĳj gĳmĳj g msL`wMwi Ő ce`evsjv cvwK`vbx kvmtbi huZvĳĳj wĳo nlqvi cĀZĳivĳai ga`w`ĳq 1971 mĳĳj i`3ŋq gĳv`hĳxi gva`ĳ `ĳaxbZv jvf Kĳi | evi evi wevRZ I Dcwbĳekf` evsj v`ĳk me`vB gvbyl wbcxwZ, wbh`ZZ I tkvwl Z nĳĳQ | gĳmĳj g kvMkĳ`i gva`ĳ Gĳ`k Bmĳvĳgi cĀek Ges eŋŋYĳi tMvovg I AZ`vPvĳi cĀZwĳqv wĳgeĳMŋ w`y RbĳMwŐx e`vcKfvte agŋw Z nq | Dbwesk kZK chŠ-agŋq Pŋŋq `vbxq ms`wzi mKj `enkŐB cĀj fvte we`gvb `vKvi KviĳY agŋZ weĳŐĳi Ae`vb wQj bv ej v hvq | Ab`w`ĳK mavi Y gvbyl i Rxeĳb ewĳK kvmtbi cĀve wQj eŬwe`Z, KviY Zv fvgwfvĳEK A`wZK AeKivvĳgvĳK tĳšj Kfvte cwi eZŐ Kĳi wQj |

BĳĳiR Dcwbĳekv`xiv Gĳ`k cvŐvZ` wĳŋv cĳj b Kĳi, hvi cĀvbZg Dĳĳi k` : `vbxq gvbyl i gĳa` KiwbK cĀkvmbK `ŋZv mĳj, Dcwbĳekv`x kvmbĳK iŋv Kivi ga`w`ĳq cvŐvZ` ms`wzi cĀek NUvĳvi tĳŋĳZ t`kxq ms`wzi cĀZĳivĳK tgvKvĳj v Kiv |

1730 Gi `kĳK eĳĳ`ĳki mgxkvj x A`ŐwZ I w`wZkxj mvgwRK Ae`vĳbi KviĳY Af`šĳxY I AvšR`ZK evwR` we`wi jvf KĳiĳQ, mĳĳi I m`vLv` mieivn Ges mĳĳZwŐZ tikg, e`i | wPwb wĳi wQj GB A`Őwzi tMšie | GB A`ŐwzB Dwbk kZĳKi i`ĳZ nĳq DVĳj v`wii`ĳKŐ | G mgĳq ŋav I Afvĳei jŋY `k`gvb nĳj v | ( `mq` Rwĳj Avntĳ`, Dbq b bvU` : Zĳi | cĀqvM )

`k`Z ¶lav Ges Afvtei msigkfb mjo ntjv 0`vii 0`bvgK kã| th kãwJi weifbæc0qv4Mi ga` w`tq  
 GKwJ tkbxtK eyStq t`l qv ntjv tZvgvi wecixtZ Aew`Z 0gvybJ 0`0vivi cwi Pwj Z nte fvebv, wmxvš,  
 Kg`cwi Kíbv| Ges GfvteB web`wkZ tkbx wefvM ntjv tkvl K Avi tkvml Z tkYx| Dfq tkYxi gvtS  
 wbt`úwL Z nIqv Avtiv GKwJ tkYxtK Avgiv ev`eZvi Kvi4YB L4R cvB Zv0nj 0ga`weE0 tkYx|  
 mgvtRi weKwkZ weeZ4b GB ga`weE tkYx me mgqB GKwJ wbcvgK fvgKv cvj b Kti| Avi GB  
 weeZ4bi gvtSB ga`wetEi weKvk jvj b I c0Z0v| G AAtj eyWk ivR4Zi tkl w`tK (1920-30)  
 w`yga`weE tkbxi c0Kvk tctj I gmj gvb4 i c0Z0v Avi I cti| tfSMwj K mxgvbvi wefv3i 50-60  
 Gi `k4K GB ga`weE tkYx t`k4c0j I gvbet4c0j 0vivi AbjwYZ| cvkvcwk ewAZ, jwAZ, `wi`  
 gvyb4 i c0ZI Mfxi `i` c0Zdwj Z ntZ t`4LwQ| gvb4li hšbvk0, te`bvgZ`g4L nwm tduUv4bvi  
 Avrfc0q gvbweK `w0i wetkl4Y ga`weE tkYxtK `4`Z`vMx nIqvi `0vš-Avgiv cvB| M0gxY k0Rrex  
 mvaviY gvb4li Rb` ga`wetEi GKwJ gvbweK Abf4Z i4t4Q|

kn4i Kj KviLvbi k4gK, wi`vk4gK, w`bgRj, t0vU t`vKvb`vimn Zver k0Rrex gvyb4 tgvU  
 RbmsL`vi 80 fvM| Giv wbi¶i, t`4`4¶i, weEnxb Ges fvgnx| ga`weE tkYxi mv4\_ G4`i weE  
 Ges wetEi e`eavbI Kg bq| ga`weEiv msL`vq Kg ntj I Giv bMievnx-bMig4x, cv0vZ` wk¶v I  
 cv0vZ` ms`wZg4x| ga`wetEi avb-avibv, fve-Kíbv, h43eyx Ab0vb I c0Z0vb A4bKUVB  
 HwZn`evnx ms`vi, ms`wZ, wek4m I c0Pwj Z gj`4eva 0vivi wbcvšZ| mvaviY k0Rrex RbtMv0xi mv4\_  
 G4`i Avkv Ges Mš4e`I i4t4Q e`eavb| Zvici I ga`weE tkYx H me k0Rrex gvb4li g4cv4| Ges  
 GwJ c0Zxqgvb nq th, ga`weE tkYx ev ga`weE RbtMv0xi iayk0Rrex gvb4li g4cv4 wnt4teB KvR  
 K4ibv eis iv0, mgvR, HwZn` me4B ga`weE tkYx 0vivi c0UwZ, c0KwkZ| ga`weE tkYx mEyi  
 weKvkB c0KZ A4`g4be Kj`v4bi Rb` c0qvRbxq th tKvb g4j gq D4`vM M0Y I mdj Ki4Z  
 cv4i|

AZxtZi mvs`wZK HwZ4n`i th wetk4Y Avgiv Kwí, M4e4 mv4\_ `xN`eQ4i ms`wZi HwZ4n`i  
 avivewKZvi K\_v Avgiv c0qk Dc`vcb Kwí tmLv4bl Avgvt`i wetk4Yx `w04Z Aek`B aiv cto th,  
 GB ga`weE tkYxB G HwZ4n`i avi K, evnK, jvj b KZPwnt4te cwi MwYZ nte| tkYxMZ Dbq4b, iv04  
 kvmb e`e`vi Dbq4b, gvbeKj`vb th w`4KB `w0 i wL Zvntj Avgvt`i mvg4b G ga`weE tkYxi  
 Kj`vYg4L AvPiY, Avrfc0q4K Avgvt`i c4¶ A`4Kvi Kiv tKvbfvteB m4eci bq| evsjv4`tki  
 `vaxbZv D4i I `vaxbZv cieWZ`GB mg4qi ev`eZv4K hw` GKUz tPvL Nvj4q t`L4Z PvB Z4e  
 t`L4ev `vaxbZv4Evi Mbgvb4li mRbkxj c0ZwJ Av4`vj b Ges mdj c0qvM cieWZ`71 Gi gw3i  
 msM0g me t¶444B ga`weE tkYx t`4K D4v Avmv ivR%0wZK, mvgw4RK I mvs`wZK gvyb4B tbZZ;  
 c0vb K4i4Q| Ges ga`weE tkYxB k0Rrex gvb4li c4¶ `vex Av`v4qi msM0g4K teMevb K4i4Q|  
 tkvl K tkYx, cvkvcwk iv04q kvmb e`e`vi KvQ t`4K Av4Kvi Av`v4q AM0x fvgKv cvj b K4i4Q|  
 Ges mdj I nt4Q| iv0bwxZ ev iv0`cwi Pvj bvi t¶444 th ivRbxwZi D44e4K Avgiv `4KwZ c0vb Kwí  
 Ges ewj th ivRbxwZ e`ZxZ tKvb iv04q kvmb e`e`v ev iv0`cwi Pvj bv Kiv Am4e| tmB ivRbxwZi  
 GKwJ w0w`0 MwZweva `vKv Avek`K| Zvi I P4P`wKsev ms`wZ `vKv ev4bxq| ivR%0wZK e`e`vi  
 wfZ4iB KZK`4jv c0YZv ev gb`we4K gv4v4ev4ai Dcw`wZ j¶` Kiv hvq| mgvtRi AšM4 e`w3i  
 g4bv4ve, wek4m, gj`4eva Ges `¶4Zv Gme GK GKwJ Dcv`vb wbt4qB ivR%0wZK ms`wZ| Avi  
 ivR%0wZK e`e`vi `wqZ; I cwi eZ4b ivR%0wZK ms`wZi fvgKv A`4Kvi Kivi tKvb Dcvq Av4Q  
 wK?

AvaybK iv04eAvbx M`wet4j A`vj gU Ges fve4 ivR%0wZK ms`wZi th wZb4w fvM K4i4Qb tmLv4b-

1. msKxY4v4g4x ivR%0wZK ms`wZ
2. w0w`0 ivR%0wZK ms`wZ

3. AskMthYKvi x ivR%bwZK ms^wZ

th e^vL^v G^tm^tQ Zv^0nj - wk^v I e^vcK ivR%bwZK thvMv^thv^tMi Afve tnZi Rb^t tbq msKxbZvgLx  
ivR%bwZK ms^wZ | ivR%bwZK e^e^v I Rxeb m^u^tK^Rb^tMv^oxi J^wmb^ GB ivR%bwZK ms^wZi  
^euk^o^ | w^b^v^t ivR%bwZK ms^wZi gv^t^b n^t^Q GKwU Db^z I cw^iYZ cw^i^t^k m^t^Zj | ivR%bwZK  
Kvh^p^t^g bvMwi K^t^i w^b^v^t^u^p `w^ofw^1/2 | thLv^t^b Rxe^t^bi c^Ph^G^es Pig e^w^3 t^Kw^ KZvi Kvi^t^b Avi  
w^KQj c^0Z AvM^h bv\_vKv | AskM^h^bKvi x ivR%bwZK ms^wZ DEg bvMwi K t^PZvi dmj | GB  
ms^wZ^t^Z bvMwi KMY e^w^3MZ AwaKvi, KZ^e I `wqZj m^u^t^k m^u^Y^m^t^PZb\_v^t^k | ivR%bwZK `j xq  
e^e^v^q m^u^q^f^v^t^e AskM^h^t^Yi gva^t^g e^w^3 ev bvMwi t^ki f^w^gKv mgvR e^e^v^i cw^ieZ^0 w^ksev  
ms^wZ^t^i i Rb^ dj c^0n^y^t^Z cv^t^i |

evsj v^t^k eZ^g^v^t^b GKwU Db^q^b^k^j t^k w^t^m^t^e cw^i^v^PZ | evsj v^t^t^ki ivR%bwZK Db^q^t^bi i^t^q^t^Q  
w^b^R^M^w^Z^c^k^w^Z I ^euk^o^ | evsj v^t^t^ki Rb^Pwi^t^i m^v^a^v^Y c^0b^Zv I gb^w^E^K gv^I^v^t^v^t^ai Dcw^w^Z  
NU^t^Q Gi Ae^v^nz ivR%bwZK Kg^R^v^t^U | Avgv^t^i Rbgv^b^t^i DEi^v^a^Kvi m^t^i c^0B `xN^e^Q^t^i j w^j Z  
g^j^t^eva w^ek^l^m, Rxeb^t^eva I g^v^3 msM^0g c^0Z^d^w^j Z n^t^Q Avgv^t^i ivR^b^w^Zi f^v^l^v^q Avgv^t^i  
ivR%bwZK ms^wZ^t^Z | (b^w^e^A^v^b cw^i^Kv, Rv^w^e)

Avgv^t^i M^t^e^l^Y^v^q Dcj^w^x nq th, ivR%bwZK m^t^PZb^v^q^t^bi w^eK^i f^v^e^b^v^q M^0g^Y k^g^R^x^e^x gv^b^t^i  
f^v^t^M^i cw^ieZ^0, Db^q^b, iv^o^t^q kvmb e^e^v^q AskM^h^Y m^y^t^ civnZ | t^k^b^b^v R^w^Z w^t^m^t^e Avgv^t^i  
c^0Z^e^v^x kw^3 i t^M^Si e AZ^t^Z\_v^k^t^j I eZ^g^v^t^b c^0Z^e^v^x bq H^t^k^i I L^U L^U Ae^v^b c^0g^v^Y K^t^i  
ivR%bwZK f^v^t^e ivR%bwZK ms^wZi t^k^v^b P^P^f m^v^t^\_ Avgv^t^i ep^Ei Rb^t^Mv^ox w^e^t^k^l K^t^i ga^w^e^E  
Rb^t^Mv^oxi m^u^3^Zv w^t^b w^t^b m^g^e^a^g^v^b v^l^q 0^v^i v^t^i m^t^i hv^t^Q | ga^w^e^E th tk^Y^x^kw^3 ivR^b^w^Zi  
Ae^v^b t^t^k gv^b^t^i K^j^v^t^Y AM^h^i g^v^b w^Qj t^m^B tk^Y^x^kw^3 AvR ivR^b^w^Zi `w^e^E^y^q^b, m^S^y^m ev  
gv^v^b^e^v^t^k t^g^t^b w^b^t^Z bv civi Kvi^t^Y m^t^i t^M^t^Q | Ges GLv^t^b^B m^v^g^M^0^k ga^w^e^E tk^Y^xi th HK^M^Z  
kw^3 kvj x Ae^v^b w^Qj Zv m^t^g m^t^g w^e^f^3 n^t^q GKwU Ask D^P^w^e^E tk^Y^xi w^t^k S^t^k c^0t^o^t^Q | Ac^i^w^U  
ev^e^Zvi w^b^w^i^t^L AM^h^i n^l^q^v^i iv^v^q w^c^0^t^j c^0o m^g^v^M^Z k^g^R^x^e^x tk^Y^xi K^v^Z^v^i m^w^g^j n^t^Q | w^e^M^Z  
w^w^i^k k^Zv^a^i AwaK^k^v^t^j Avgv^t^i ivR%bwZK ms^wZ t^t^k m^K^j c^k^vi gv^b^e^k^j v^t^Yi m^f^l Ges M^f^xi  
gg^Z^t^e^v^t^ai j v^l^t^j v b^o ivR^b^w^Zi t^v^j v^P^t^j cw^i^j Z^v^q w^b^g^w^3^4 Z n^t^q c^0t^o^t^Q | m^w^i^v^x^b^Zv c^0B  
GKwU iv^t^o^i `xN^f^g^q^v^x `v^f^w^e^k cw^i^k^i bv M^h^Y, t^k M^V^b, iv^o^t^q m^S^y^t^mi c^0Z^t^i^v^a e^\_Z^v t^t^k  
^t^k^v^m^t^k^i Nb Nb D^q n^l^q^v^i cieZ^P^M^Y^Z^w^S^k ivR%bwZK e^e^v^q th ewj Avgiv Avl ovB bv t^k^b  
t^k^v^b^f^v^t^e^B Zv M^Y^g^v^b^l Z\_v k^g^R^w^e w^ek^v^j Rb^t^Mv^oxi m^w^Z^k^v^t^i i f^v^M^ Db^q^t^b t^k^v^b^B Kvh^R^i f^w^g^Kv  
ivL^t^Z m^u^b^e^\_n^t^q^t^Q | ga^e^Z^P Ae^v^b t^t^k GK tk^Y^xi aZ^g^v^b^l iv^t^o^i Q^I^Q^v^q^v^q w^e^w^f^b^e^c^S^v  
Aej^a^b K^t^i iv^o^t^k c^0z^y^k^i^v^i t^P^o^v^q w^j B | th Kvi^t^b Avgv^t^i 85% f^w^M gv^b^l Zv^t^i Dci P^w^c^t^q  
t^q^v^i Ki c^0v^b Ggb w^k k^g I t^g^a^v^i A^w^e^i^Z A^w^i^k^w^i^t^Zj t^k^v^b c^k^vi `b^w^Zi Av^k^t^q bv w^b^t^j I  
j^3^4 v^R^b^k^f^v^t^e iv^o^P^Z^l^e^v^t^i i gZ `b^w^Z^t^Z P^w^u^q^t^bi w^b^j 3^4^M^S^i e AR^0 Ki^t^Z m^f^l g n^t^q^t^Q |

gv^p^v^d^t^j v^f^x, w^e^E^k^v^j x, cw^i^R^e^v^t^ tk^Y^x 0^v^i^v ivR^b^w^Zi i^ay c^i^f^w^e^Z bq, cw^i^P^w^j Z n^l^q^v^i Kvi^t^Y `w^i^v^a  
w^e^t^g^v^P^t^bi a^t^q^v Z^t^j W^w^o^w^e^t^bi cv^t^k `U^v^q^g^v^b M^v^t^Q^i gv^v^q K^v^t^k^i gZ j^v^j t^P^v^t^L t^m^e^v ms^v^i b^v^t^g  
M^0g^Y k^g^R^w^e gv^b^l^t^k Av^t^i^v t^e^k^x t^k^v^l^Y K^t^i, `w^i^v^a K^t^i t^k^l m^a^j U^k^z I gv^v^t^M^v^R^i t^k^l Av^k^t^q  
n^v^i^v^t^Z eva^ Ki^t^Q | iv^o^t^k G^t^f^t^i w^b^w^e^R^v^i t^t^L c^k^e^R^v^t^M iv^o^a kvmb e^e^v^i w^k k^g^R^x^e^x gv^b^l^t^k  
`w^i^v^Z^v^i t^k^l m^x^g^v^q ch^e^w^m^Z Ki^t^Q bv?

Avgv^t^i M^t^e^l^Y^v^i ga^e^Z^P^G Ae^v^q Avgiv 0^v^Zv ms^v^0, 0^t^m^e^v ms^v^0, 0^Db^q^b ms^v^0, 0^i ivR%bwZK `j 0  
(ag^f^f^w^E^k, evg w^ksev W^w^b) hvi K\_vB ewj bv t^k^b M^0g^Y k^g^R^w^e gv^b^l^i g^1^2^j i Rb^ t^k^D^B t^k^v^b  
m^w^Z^k^vi gv^b^w^e^k^Z^vi Db^q^b, A^w^b^w^Z^k Db^q^b, Rxe^t^bi \_b^M^Z gv^t^bi Db^q^t^b t^k^v^b f^w^g^Kv GL^b^l ch^e^w^m^Z

MhY KiZ cvtiwb| eis gvbfl i AmnvqZfK cR Kti t`tki A\_m`u`i cvkvcvk w`kx mnvnh`  
c`BfZ fvgKv ivLv H gvb| ,tjvK `gvyb|` k`iwi w`cixZ `wi`^, Ams`Z, w`t`e, RbMY  
AvL`wqZ Kti tkvlfYi mKj c`stq Zviv w`g`vb t`tL`Q| iv`lq G Pwi` Ges gw`-` t`K hw`  
tkvlfkYx, cR`ev`, mvgšev` Z\_v mvgR`ev` tkbxi c`fveK miv`bv bv hvq Zvntj mnmvB tkbMZ  
`el`g`i Aemvb, `wi`Zvi w`tgvPb w`Ksev k`gR`ex gvbfl i Kj`v`Yi Rb` iv`^ t`Kvb fvgKv ivL`Z  
cvi`te etj g`tb Kiv hvq w`K ?

G c`k`evaK w`Py AeZxY`Kivi cil hw` GfiteB Avgv` i D`PviY nq th, Pj gvb MtelYv t`K  
ga`eZx`mg`qi m`ebvi c`B Avtj vPbvq w`tms`KvP ejv hvq `n`v`0, m`e| GL`tb Lp` `fweKZvq  
AvMh Rb`vq KZUv w`f`Zv I w`D`qZvq Ges t`Kvb h`y`3, `e`Aw`bK e`vL` I ev`eZvi Dci fi Kti  
Avgiv ej w` m`e| Lp` Avšwi KZvq Ges c`P`U AvZ`pek`ym t`K Pj gvb MtelYvi w`bg`w`j w`LZ w`bh`m` t`K  
Dc`vcb Kivi ga` w`tq ej w` m`e| hw` Avgiv w`bg`w`j w`LZ c`B G w`b` Rbv Abjvqx KvRw`t`K `ev`-  
evq`bi`0 c`\_ am`eZ Kwi |

AskMhYgj K Db`qb bvU`Ki gva`tg GK`j G`w`b`g`Ui m`y`0 Kti M`g`xY k`gR`ex Rb`Mv`xi e`j`e`w`EK  
I w`m`x`š-MhY Kivi q`lg`v`K RvM`Z Kivi ga` w`tq Af`x`0 Rb`Mv`xi w`R m`E`yi Db`qb I ev`w`eK  
`wi`Zv t`K g`y`3 Kiv m`e|

gvb| , gvbe, gvbwmKZv, gvbweKZv Ges gvbe Kj`v`Yi w`b`f`R`vj k`i`i Z`EMZ w`e`k`H; gvbfl i Rb`  
c`KZ b`w`j gv, mg`y`^ Ges at`g`P w`efw`3MZ Ae`v`t`bi w`eZK`m`f`I Abjw`w`Z, cvkvcvk w`eZw`KR`f` i  
Rb` c`t`qvRb`vq m`f`h`v`Mi AeKv`k bv t`tL` c`w`\_exi m`g`vMZ w`eZ`0 m`f`Zv m`Rb`k`j Zvi e`Z`g`vb Ae`v`q  
GUv w`b`m`t`^` t`n` `k`vi KiZB nq mevi Dc`ti, me w`K`Q`Z, Kj`v`Y Ges AKj`v`Yi g`Z`w`Ksev w`eg`Z`  
ev`eZvq `g`vyb| Ges gvb| B GKgv`I m`Z`|`0

q`lg`Zv I `t`0i hvZvKtj w`c`0 gvbe m`E`yi GKw` w`ek`j Ast`ki c`Z`g`y`Z`P Amn` h`š`y`vq t`e`P`\_v`Kvi  
w`bg`g`Zv`K Ae`t`j v`Kb Kti Avgiv w`b`Zv`š`B Aw`i`Zvq G`\_t`bvi w`i` c`\_i Abjw`U`v`b D`M`e ZLb GKw`  
c`0`k`e m`v`\_ Dc`w`Z k`a`\_`0 AvKl`Y` Kti `w`0 Ges gw`-`f`0i k`w`3 |

0GLb Aw`g e`j`S th, R`e`f`bi c`w`k`v`j`v`q m`e`Z`Kv`E`x`Y`0`n`l`q`v Avm`t`j R`e`b I Zvi w`e`Kv`k m`e`f`U`  
`Av`bj v`f`i m`P`bv gv`I | A`\_vr m`vi`v`R`e`b`B R`e`f`bi m`v`\_ w`g`\_w`-`E`vi gva`tg GB t`kLv G`\_t`Z`\_v`K`te, Ges  
nq`Zv R`e`b I w`k`l`i`i Abjw`U`r`my` w`R`A`v`m`v`q mg`x`Zi n`te| Avi Avgvi K`v`Q GUvB PAR| Avgvi  
`w`0`Z MY-AvZ`Db`q`b`K Gw`M`t`q t`h`Z mnvnh` KivB PAR Gi j`q`| Avi GB j`q`| c`t`Yi R`b`  
PAR m`j`eav I Aw`Kvi e`w`A`Z Rb`Mv`xi e`j`e`w`EK q`lg`Zv Db`q`b m`nv`q`Zv Kti, Zv`i R`e`f`bi  
Ae`vi t`c`0`q`t`Z th`š`\_ Abjw`U`v`b D`3`4`w`eZ Kti Ges Zv`i Db`Z`Zi R`e`f`bi m`U`v`b th`š`\_ D`t`w`M  
c`t`i`w`P`Z Kti |`0

0GKw` c`k`e`\_t`K hvq e`n`E`i m`vg`w`RK c`w`i`e`Z`P`b PAR Gi Ae`vb Kx n`Z cvti - h`\_v Macro  
Scale-G MY AvZ`-Db`q`b`i w`e`Kv`k Ges m`vg`w`RK m`e`f`i`i c`p`e`U`t`bi gva`tg mgv`R mgZv Avb`Z  
PAR Kx fvgKv ivL`Z cvti | PAR Gi c`t`q` t`Kvb m`vg`w`RK Av`f`v`j b n`q DVv m`e` w`Kbv ev Gi Kg  
Av`f`v`j t`b t`b`Z`Zi t`q`v m`e` w`Kbv Zv GL`t`bv ejv hv`f`Q bv`0 (t`gvt Aw`b`m`j i`ngvb : R`e`f`bi c`w`k`v`j v  
t`K w`k`q`v`)|

Avgv` i MtelYvi ga`eZ`P`c`Z`te`b ch`S-Avgv` i Ab`f`c`0`Yv`Kvi`x, gvbe Kj`v`Yi e`U`j c`\_ AKw`I g  
I `v`\_Z`v`w`x w`b` R`K k`f`x`q Aw`b`m`j i`ngvb m`v`i`i c`k`w` ZvwoZ Kti`t`0 me`v`| gvb`e`f`mev Z\_v gvbfl i

Kj`vY Kivi gnvbeZ wbtq c`\_exi GgbwK Avgvi tmvbi evsjv`tk th mKj gvbl GtmQtb GtmQb- Avkv wK RvMvb wb, GLbl wK RvMvq bv? Rxeþbi KvQ ciwRZ gvbe mEyi AvZf-Dbqþb, k;Lwj Z Rxebc`\_ gy³nxb gvbl þK `faxb-gy³, AvZf cZ`qx ntq DVvi Rb` gvbl ØvivB tmB wece- bqZ mvgwRK cwi eZØ, AvZf Dbqþb NtUqQ wbdQ BwZnvþmi weifbemgtqi D`PviY Avgv`i A½j x wbt`R Kti wbdQZ GK\_vq weklmx ntZ c\_ `Lvq Ges AvMvgxZI `Lvte| mwZ`Kvi A`\_B GKwU cwi ewZ mgtq mgvR Ges wMpxZ gvbe mEyi Rj Rþj mhþK ü`wctÜ jvj b KiwQ| MtelYv Avgv`i AvZweklmx Ges AvZfcZ`qx KtiqQ G D`PviY Kivi th, Øgvþli Rb` gvbl þK wbtqB cwi eZþbi c`\_ AMñigvb m`wewþK ev`evqb I m`Z` ifcvšþ Kiv Am`e bq tgvþU| cvkvcwK Avgv`i RwZ mEyi wBKU I `þAZxZ cØvb Kti mKj wei`xZv, cZKj Zv Ges wbt`uwl Z Ae`v t`þK gy³ nqv tMŠie|

iay c`qvRb ntqQ Ng fvØvþvi| hviv mwZ`Kvi A`\_Nvgtq AvqQ, wqWZ-wbgØZv-wbði Zv I awgRZvi teTvNvZ AAvb, AmþPZbZv aviY Kti| tRtM Ngvþvi PgrKvi þKškj þK wbj ¼i gZ e`envi Kti GKwU wZvšB tMv-tePviv fve wbtq mþkj mf`Zvi cØZwvazj Kivi AwfcØqtK KitiQ jvj b| Awei Z wPrKvi bqZ webtq weMwj Z ntq mZ` A`šþþYi wecixZ tgi`þZ Ae`vb wbtq GKw`þK `xN`eQþi ms`wZi gšj;cvV, mv`cØwqK m`cØwZ, ag`eY`Dþz wþi evYx cØvi, Ab`w`þK wZvšB e`w³MZ Dbqþbi c`\_ mg`-cKvi K-KgþK XvKtZ fvþjv gvbl, wþiþc`qZv I agþeiY Pvcv`Q kixþi kxI`Astþ| Svcmv `wotZ Kvþjv Kivco, gþL jvj wkvb Avi KY`Knti kvv`Z Av½þj i e`envi ewwotqQ t`Lv tkvþ Ges ej vi AbvMñZvq|

GKUzAZxþZ hvl qvi tPovq hw` HwZnvwmK m`Z`i gþLvqL ntq hw` GB Avgiv RwmZmEyi Aw`þZj tkKo mÜvþb `cþbi mvgþb `wovB, wbtR`i mWKFvte AetjvKb Kwi, weþkwþZ mZ`þK hw` tgbþ tbB Zte cØq AvovB nvRvi eQþi ms`wZMZ Dcj wäþZ AþbK fj thgb Avgv`i tft½ hvq; cvkvcwK MweZ Asw`wþþZi cØkð AZxZ HwZn`I Avgv`i AbvcØwZ Kti| cØvZ bþib wekþþmi fvlvq- Ø Rxeb thþnZi RweKv wbfP ZvB RweKv ev Rxeb avþþi Pþþ Zver wþqvKvÜB ms`wZ m`u³| dtj evsjv`tki ev ev½vjx Rwzi-ms`wZi m` mÜvþb mvgwRK, ivR`wvZK, A`wvZK A`w mweR tcv`þZ weþPbv Awberh`ntq cto| evsjv BwZnvþmi Aw` cte`ga` hþM Ges mv`cØZK Kvþj I evOvj xi Rxeb-RweKv, mf`Zv-ms`wZ cØvbZ MØg wfvEK| `vei fngþK Avkq Kti hv`i Rxeb I RweKv, Zv`i wþšþ-þPZbvq Av`wþj K fvebv-Kí bvi weKvk Aek`wex| BwZnvþmi avivq, Kj weeZþb ivóþþvþmi m`þI tKšgZšj;axþi axþi ivRZšj;weewZ nq Ges ivRZþšj AwefvR` Ask iþc mvgšZþšj weKvk NtU Ges G mvgš-cf`iv c`\_K A`þj i meþwvqK ev RbvqK ntq IþV| t`þki ivRv ev mgþU mvaviY gvþþli mvt`\_ mivmwi m`u³Kþ³ wQþj b bv| mgþqi cwi µgvq ivRZþšj wechq ivóZþšj DþþI NUvq| A`wvZK, agw` I mvgwRK wþþZþbi Pig chþqi wKkvi Avgv`i ceþj`þI iv mwZ`Kvi A`\_B `vmþZj kšLj vex wQj | AvRþKi ev`eZvþK Lþ tekx Avj`v Kiv hvte wK tmB mgþqi ivRv-cRv, eZØvþbi mi Kvi-RbMþbi m`u³Kþ gvþS?

W±i Avntg` kwi d etj b mZ` my`i Ges g½þj i cØZ gvþþli th cØYZv gvbl mþPZbfvte tPóvi Øviv th tmš`hþPZbv, Kj`vYeyþ I tkvfb RMr`wó ARØ KitiZ Pvq ZvþKB nqtZv ms`wZ etj AwfvnZ Kiv hvq| ms`wZ ntjv gvþþli AwRZ AvþiY, cwi kØZ Rxeb þPZbv| AvZwþwþþeva, mwñØZv, hþ³wbdv, D`vi Zv, Kj`vYeyþ I gnZþ ms`wZevþbi Pwv wI K`ewkó`| AbKZ ev Avþkþj Z ntq ms`wZevþbi KvqQ t`þK mgvþR, t`þk msµwZ nq Ges Zv cwi wPZ nq t`kxq ev RvZxq ms`wZ bvþg| th tkvb D`wþeb-Awne`vi e`w³MZ wþšþ;AbfvwZ I cØvþmi dj | ms`wZi mvt`\_ GB D`wþeb

kw³ i m³úKAvtQ | mvariY gvb| m³ókxj bq, Zvt` i D™teb ¶lgZv ev bZbfvte wPš+ Kivi kw³  
tbB| GRb` Zviv MhYkxj ntqB ms`wZevb nq|

Avgiv hLb MtelYv t\_+K msMpxZ c0B cxwZ, tjtvtK ms`wZi Ask Kivi Rb` c\_ AšštY, ZLb  
GB wekymw Avgvt` i nq th kgRrex `wi`a gvb¶li eyxewEK ¶lgZvtK RvMž Kivi cxwZ ms`wZi  
Ask Kiv m³e Ges Zv ntZ cvti mgvtRi tmB mKj gvb¶li gva`tg hv`i c0Z gvb¶li Pvlqv Ges  
cvl qvi GKwU thvMmT we`gvb| hviv gvb¶li Rtb`, gvb¶li Kj`vtY wbtRt` i wewfbaKgRvU | fivebv  
wPš+K cwipvj bv Kti \_vtKb, gvb¶li Rb` AvMvgxi w`K wbt`Rbv m³o Ktib, AvZwekymx ntZ  
mnvqZv KižZ cvtib, gj K\_v gvb¶li Svcmv `w0, LvUv ntq hvl qv kētb>`xq wKsev AvNvZ, AvZt¼  
ifx nl qv KUtK Ges msKwPZ ü`wC0tK RvMž KižZ cvtib|

mnR `vfweKZvq c0kAvmte Avgiv tKvb ms`wZ PvB? Avgiv Kvi ct¶¶? bwk Avgiv wbitc¶¶?  
wbitc¶¶ žZv az, KcU, wq\_`K, c0ZviK, mjeavev`x BZ`w` | Avgiv Zvntj tKvb ms`wZi Rb` KvR  
Kitev- tkvl+Ki bv tkwl žZi? wbh0ZZ bv wbhPžKi?

GLvfb Avgvt` i `ú0Z c0ZxZ Avgiv kgRme, `wi`a, wbh0ZZ Ges tkwl Z gvb¶li ct¶¶| Avi GB  
Kt0i AvZwRÁmv | AwZwK Dbqti eyxewEK ¶lgZvi QvB Pvcv Av, btk GKUzLpTq w`tg wbtRtK  
wPbtZ Ges RvbtZ mnvqZv Kivi Awfc0q t\_+K Avgvt` i MtelYv| MtelYv t\_+K c0B DcvE, Qggvtm  
gvV ch¶q cwipvj Z MtelYvi m³tebv hvPvBtqi wltq wlv0Z KtižQ| AvMvgx w`tbi Rb` Avgvt` i  
wekymx KtižQ| Avt`vj tbi ct\_ awieZ nl qvi Awfc0qtk AtbK tekx gvT vq DrmwvZ KtižQ|

tKb Džj wEz wekvtmi c0Z Avgvt` i m³`n gy³ `p Ae`vb ?

Avgiv Dcjmä Ktiž tP0v Kitiž t`Ltev c0ZwU Awie`vi wKsev Aw`Zi i ¶vi t¶tT me0v GK GKwU  
wfbawfbac0qvRb t\_+KB 0t0i DrcwE ntqtQ| `t0i Ae`vb wPš+ cv`R` | th KvitbB e`RMžZi  
NUbv c0vtni c0Z Gi `w0fwz | tm, tjtvtK wekthb | e`vL`v Kivi cxwZ ntjv 0w0K|

mZ` Ašštb, c0qvM, Dc`vctb c0Pxb `vk0Kt` i wekym wQj th, wPš+ `wteiva wj c0KvK Kiv  
Ges ci`úi wteivax gtZi msNvtZi gva`tg Awie`Z mZ`tk jvj b KivB 00 Ges 0w0KZv|  
c0KwZMZfvte e`mgw0 | NUbcyÄ ci`úti mvt\_ mshy³ Ges ci`úti c0Z w0fikxj | ci`úi  
0viv w0qwsž | 0w0K c0wžZ e`RMžZi tKvb NUbvB tevSv hvq bv hw` ZvtK Zvi cwicwK0  
NUbcyÄ t\_+K wewQb0kti c\_wK fvte t`Lv nq| tKbbv c0ZwU NUbvq cwicwK0 Ae`vi m½ mshy³,  
cwitēki mvt\_ mshy³ | e`yRMžZi th tKvb NUbvT tevSv Ges e`vL`v Kiv m³e nte hw` cwicwK0  
NUbcyÄi mvt\_ Awet`Q` msthvM i ¶v Kiv hvq|

cxwZMZ 0w0KZvq tKvb NUbcyÄtK i aygvT cvi`úwiK msthvM | wbf0kxj Zvi w`K t\_+K wePvi  
KitižB Pj te bv| Zvt` i MwZ, cwieZ0, weKvk, Awie`ve Ges wZtivfvtei w`K t\_+KI wePvi Kitiž  
nte| tKvb NUbv wewQb0vte bv NtU hw` mKj NUbv ci`úti mvt\_ mshy³ | ci`úi wbf0kxj nq  
Zte GK\_v `ú0 th BwZnvtni c0ZwU mgvR e`e`v c0Z`KwU mvgwRK Avt`vj tbi gj`vqb kvkZ b`vq  
wePvi wKsev Ab` tKvb ce`wba0i Z aviYvi gvb`tU wePvi Kiv AbypZ| tKbbv mKj wKQ0 cwiv`wZ,  
Kvj | `vtbi Dci wbf0kxj | wekpc0wZ hw` memgq GKUv MwZ | weKvtki Ae`vq wTtK \_vtK,  
civZtbi wZtivfve Ges bZtbi Awie`ve hw` weKvtki w0qg nq Zvntj m³`nvZxZ cwiv`vi th, tKvb  
0Pisb0 mgvR e`e`v \_vKžZ cvti bv, wQj bv| thtnZmgvR e`e`v me0v cwieZ0bi ev`eZvq Pj gvb  
weavq e`w³MZ m³úwE Ges tkvtYi tKvb kvkZ bxwZ \_vKžZ cvti bv, f`v0xi KvTQ K.I.K,  
c¶RciZi w0KU ktižKi c`vbZ ntq \_vKvi tKvb mbvZb fiveaviv \_vKvUv h³m½Z | HwZnwmKfvte  
`KZ bq|

Gt½j m etj b - 00w0K weKvk ntjv cwigymZ cwieZ0 t\_+K wBMZ cwieZ0b ifcvšt|0



## W0Zxq Aa`vq

AskM0Ygj K Dbqtb bvUK tKb?

mvac0ZK KvTj ZZxq wetkji eu t`tk Dbqtbj j`q` bvU`Kjvi h\_v`e`envi w`b w`b epx cvt`Q| Pxb, gvj tqwkv, Bt`vfbkv, evsj vt`k, fvi Z, tevtmqvbn, Nvbn, RvgnBKv, tgv` tKv Ges Ab` eu t`tk tK`xq miKvi t`tK Avic`Kti temiKvix msMVb I `vbxq `tj i eu BwZevPK Dt`v`Mi AmsL` D`vniY t`qv thtZ cvti | G mKj Dt`v`M M0gxY Dbqtb ZjwšZ Kivi j`q` vKtj I m`q wetkl`bi gva`tg `yai`bi `Zš;cšv wPwY Z Kiv hvq; cKZct`q Zv gj Z Dbqtb m`u`K` `yai`bi `Zš;`wofw½ Ztj ati | tevt`v`f e`vL`v Kti`Qb 0KQye`w`i Rb` Dbqtbj A`nj A`q`i KvtQ c0p` n`vš` Kiv, hv`Z Zviv Avtiv Drcv`b`q`g ntq DVtZ cvti, Ab`i`i Rb` Zv ntjv M0gxY RbtMv0xi epxew`EK I wmvšM0Y Kivi q`gZvt`K RvM`Z Kiv hv`Z Zviv wbtRivB mgv`Ri KvVtgvUv`KB e`tj tdj`Z cvti | 0 Avevi jv tej c0gwU`K etj`Qb 0e`Av Dbqtb0` wofw½ Ges W0ZxqU nj 0wbfPZv gy`0` wofw½ | ZZxq wetkji wevfbet`tk miKvix ms`v 0e`Av Dbqtb0` wofw½i w`K t`tK wevfbet`kR bvU` c`KiY wetkl fivte e`envi Kti`Q | Ab`w`tk temiKvix msMVb I `vbxq `j 0wbfPZv gy`0` wofw½ cšvqI t`kR bvU` c`KiY e`envi Kti`Q | 1977 mvTj hy`iv`0f g`vmvP`mUm`w`ekje`vj q Ges Nvbi MYw`q`v mwgwZ wgvj Zfvte 0mgm`v mgvavbgj K0 bvU`Ki c0hvRbv c`wZ D`v`eb Kti | ciemZ`Z AMv`v`v tevqj, G`viUb, t`v c0g`L wetkl`AMY gtb Ktib M0gxY `wi`a RbtMv0xi c`KZ Dbqtbj Rb` mgm`v mgvavbgj K bvU`Ki cwietZ`0mgm`v wP`vqbgj K0 bvU`Ki c0qvRb | tKbbv M0gxY `wi`a RbtMv0x Zvt`i eZ0vb Ae`vb t`tK Zvt`i mgm`vi mgvavtb wbtRivB m`v`šj Zfvte Dt`v`M M0Y Ki`K | dtj t`Lv tM`Q, GB c`wZ`Z bvU`Kjv ntq I`v mgm`v wP`vqbgj K msj vt`ci 0weiwZnxb mvgwRK c0`u`q0 | hv`m`v`stq mgv`Ri mvgw0K `wi`a Kvg`q GKwU tUKmB Dbqtbj ct`wbtq hvq |

Dbqtb bvU`i Zwi`EK wbgw`Z

ZZxq wetkji AwaKvsk t`tk Dbqtbj A`nj ewaZ KwI Drcv`b, wki Drcv`tb c0`v, wet`tk i Bvbx I tgvU RvZxq Drcv`tbj epx | eueY`civ0vi thgb ch0Kt`i we`vš`-Kti tZgwbfvte GBme Z` I DcvE` ev`e wP`Uvi I ci D`4j Zvi c0j c Gtb t`q | hv` I miKvi we`jr mieivn, D`P dj bKj exR, tmP, mvi Ges Aw`R mrvqZv epx Ki`Q, Zey ev`e wP`Uv nj, c0Z eQi Avtiv AwaK msL`K K.I.K fvgnxb ntq cotQb | Mixe Avtiv Mixe nl qvi wecixZ gy0tgq abx ntq I VvB GB Dbqtbj `ewk0` |

Ggb Ae`vq bvU`Kjv KZUv A`en I `i`ZcY`?

GKUv hy`hy` D`Ei nj Kwigwi`y`tk`f` Kgm`P | eq`v`w`q`v I bvU`Kjvi mrvv`h` GB Kg`m`Pi gva`tg mvgwRKfvte c0vrc` I wbcw0Z m`m`f`i tevSv`bvi tP0v Kiv ntqvQj th, ivR`w`wZK A`w`wZK KvVtgvvi c`KwZ tKgb, wKfvte Zv Zvt`i Rb` cxobgj K ntq I`v | Zvt`i wek`m Kiv`bvi tP0v ntqvQj th, GB cwiv`wZ cwieZ0 thvM` Ges Zviv wbtRivB tm cwieZ0 mvab Ki`Z cvti b | wdvj cvBb, RvgnBKv, fvi Z, bvB`Rwi`qv, wKDev, wR`v`etq c0wZ t`tki AmsL` D`vniY t`qv hvq thLv`b M0gxY k`gR`x`x RbtMv0xi Dbqtb Dbqtb bvU`Ki mdj c0qvM mwaZ ntqvQj | Avi G mKj Dbqtb wP`v`cvl`tjv tdB`ti i 0mtPZbvq0`k`bi Avtj vt`K Drmvi Z |

GLb cvl t̄jv t̄dB̄t̄i i `k̄f̄bi w̄ewf̄b̄ow̄ K Av̄t̄j vK̄cvZ Kītev | w̄et̄k̄lZ ZZxq w̄et̄k̄j bv̄U`K̄j vi t̄f̄t̄i bZb `w̄of̄w̄/2 m̄j̄ot̄Z Zv w̄K aīt̄bi c̄f̄ve w̄e`wi K̄t̄i w̄Qj ZvI cix̄f̄lv Kītev |

t̄dB̄t̄i i `k̄f̄bi t̄ḡš̄w̄j K w̄f̄w̄Ē nj -

gv̄b̄f̄li Aw̄`f̄zi `t̄c̄Zw̄ĒK t̄c̄ŃYv (thgb w̄Zwb et̄j t̄Ńb) KZ̄P̄nl qv th Zvi c̄w̄\_ext̄K c̄f̄v̄w̄eZ I c̄wi ew̄Z̄Z̄ K̄t̄i Ges Zv Kivi gva`t̄g e`w̄³K I m̄vgw̄oK̄fv̄t̄e c̄ȲZ̄i I mḡx̄Zi R̄x̄et̄bi bZb m̄w̄eb̄vi w̄K w̄bi š̄t̄ aw̄w̄eZ nq (kvD̄t̄j i e³e`, t̄dB̄t̄i, 1972:12) | gv̄b̄f̄ c̄w̄\_ext̄i m̄t̄½ i ayL̄vc LvB̄t̄q w̄b̄t̄Z cv̄t̄ibv, t̄m c̄w̄\_ext̄K c̄wi ew̄Z̄Z̄ K̄t̄i w̄b̄t̄Zl cv̄t̄i, Ḡfv̄t̄eB gv̄b̄f̄ Ab̄`v̄b` R̄xe t̄\_t̄K `Z̄š̄j t̄m t̄Kvb w̄μ̄qv̄t̄K `w̄ḡt̄q w̄`t̄Z cv̄t̄i, `ieZ̄P̄ Ae`v̄b t̄\_t̄K Zv cix̄f̄lv Kīt̄Z cv̄t̄i, I B w̄μ̄qv̄t̄K w̄bq̄š̄ȲK̄vi x̄ m̄vgw̄M̄K̄ c̄wi t̄et̄ki P̄wi Ā̄t̄K w̄P̄w̄ȳZ̄ Kīt̄Z cv̄t̄i, c̄wi w̄`w̄Zi c̄wi eZ̄B̄ m̄vab Kīt̄Z cv̄t̄i, w̄μ̄qv̄i gva`t̄g c̄wi w̄`Zi i f̄cv̄š̄t̄ Kīt̄Z cv̄t̄i ; Avevi Ab̄` w̄`t̄K, t̄m c̄wi w̄`w̄Z t̄ḡt̄b w̄b̄t̄q w̄b̄t̄Ri e`x̄t̄Z̄j ḡt̄a` evm Kīt̄Z cv̄t̄i | w̄K̄š̄ KZ̄P̄n̄t̄q I V̄vi GB c̄P̄óv, Ő̄c̄wi eZ̄f̄bi gva`t̄g c̄w̄\_ext̄K gv̄b̄w̄eK̄x̄Kīt̄Yi Ő̄ GB B`Qv Aeva b̄q | me`v̄B Zv evav m̄nsm̄Z̄vi ḡf̄L̄vḡw̄L nq | m̄nsm̄Z̄v K̄vR K̄t̄i hLb-

K. `be`ĒK̄fv̄t̄e L-t̄K t̄k̄vl̄Y K̄t̄i A\_ev `w̄q̄Z̄k̄j e`w̄³ w̄nt̄m̄t̄e Zvi e`w̄³ c̄Z̄`t̄qi D̄t̄`w̄M̄t̄K w̄ew̄N̄Z̄ K̄t̄i, (...) Ḡgb̄w̄K hLb w̄ḡ`v D̄`vi Zv Ő̄viv c̄wi t̄Z̄w̄l Z ZLbI, K̄vi Y gv̄b̄f̄li c̄b̄f̄zi f̄c̄ gv̄b̄w̄eK n̄t̄q I V̄vi Aw̄`f̄zi `t̄c̄Zw̄ĒK I H̄w̄Z̄n̄w̄m̄K t̄c̄ŃYv̄t̄K Zv evavM̄Ń-K̄t̄i | AZ̄`v̄P̄vi x̄ Ő̄viv m̄w̄P̄Z w̄bc̄x̄ob̄ḡj K m̄w̄úK̄`v̄c̄t̄bi gva`t̄gB m̄nsm̄Z̄vi i i" | (t̄dB̄t̄i, 1972:31)

m̄nsm̄Z̄vi Ḡgb c̄x̄ob̄ḡj K c̄K̄vk, Aw̄eP̄vi Ges t̄k̄vl̄t̄Yi ḡf̄L̄vḡw̄L `w̄ot̄q, w̄bc̄x̄w̄oZ̄iv Z̄v̄t̄`i `f̄ax̄bZ̄v I m̄yeP̄v̄t̄i Av̄K̄v·Lv̄i gva`t̄g Ges Z̄v̄t̄`i üZ gv̄b̄w̄eK̄Z̄v c̄bi`x̄v̄t̄i m̄sM̄Ńt̄gi t̄f̄Zi w̄`t̄q Z̄v̄t̄`i Aw̄`f̄zi `t̄f̄c̄ t̄c̄ŃYv̄t̄K m̄j̄p K̄t̄i t̄Z̄v̄t̄j b | (t̄dB̄t̄i 1972:20)

m̄nsm̄Z̄v w̄bc̄x̄w̄oZ̄t̄K n̄`^gv̄b̄w̄eK Ae`v̄q Aēb̄iḡZ̄ K̄t̄i - Z̄v̄t̄K Ő̄ḠK̄w̄ c̄š̄v, ḠK̄w̄ e`A\_ev ḠK̄w̄ c̄t̄Y`Ń c̄wi YZ̄ K̄t̄i | (f̄v̄R̄t̄K̄v̄t̄qR, 1973:118) Z̄viv Av̄i KZ̄P̄`v̄t̄K̄b̄ bv, Z̄viv c̄w̄\_ext̄K c̄wi eZ̄f̄bi R̄b` K̄vR K̄t̄ib w̄K̄š̄ Z̄viv eva`Z̄vḡj K̄fv̄t̄e Aw̄i ac̄t̄Z̄i c̄t̄iv̄f̄l̄ m̄nb̄k̄j Z̄vq Af̄`-n̄t̄q D̄t̄V̄b | (t̄dB̄t̄i I t̄k̄vi 1987:123) m̄w̄úȲf̄v̄t̄e Á̄vZ, m̄sÁ̄w̄iq̄Z̄ Ges k̄w̄m̄Z̄ c̄K̄īt̄Ȳ GB e`n̄t̄q I V̄vi c̄t̄iv̄f̄l̄ Ab̄t̄ḡv`b hv Ő̄c̄P̄w̄j Z̄ e`e`vi h̄j̄³ w̄P̄š̄vq c̄ŃŃb̄v̄t̄e c̄wi P̄w̄j Z̄Ń- ḠUv̄t̄KB t̄dB̄t̄i et̄j t̄Ńb- Ő̄bx̄ieZ̄vi m̄s`w̄Z̄Ń | (t̄dB̄t̄i 1972:13)

w̄et̄k̄lZ ZZxq w̄et̄k̄j, c̄wi w̄`w̄Zi K̄vi t̄Ȳ f̄l̄w̄Z̄M̄Ń-e`w̄³i D̄ci t̄`vl̄ P̄vc̄v̄t̄b̄vi c̄ēȲZ̄v c̄Ńq̄B t̄`Lv hv̄q | m̄vavi Y gv̄b̄f̄ t̄K w̄b̄`ḡf̄, Am̄j, Aj m I Ab̄r̄c̄v`b̄k̄j et̄j `v̄qx̄ K̄iv nq | Av̄i Z̄vi t̄P̄t̄q `t̄LR̄b̄K K\_v nj, m̄vavi Y gv̄b̄f̄ c̄Ńq̄k̄B w̄ek̄j̄m̄ K̄t̄ib th Z̄viv w̄b̄`ḡf̄, AÁ Ges Ams`Z̄ | Z̄viv f̄j̄j hvb th Z̄viv c̄w̄\_ex̄ m̄w̄úK̄`R̄v̄t̄bb Ges Ő̄gv̄b̄f̄ Z̄vi e`en̄w̄i K̄ k̄t̄gi t̄f̄Zi w̄`t̄q m̄s`w̄Z̄i w̄eZ̄B̄ N̄Uv̄qŃ | (w̄\_qŃŃ, 1972:13) t̄dB̄t̄i ḡt̄Z̄ m̄vavi Y gv̄b̄f̄li w̄b̄w̄eR̄vi t̄P̄vL, ḡK I ḡL nj b̄x̄ieZ̄vi m̄s`w̄Z̄i c̄ŃZ̄dj b | Ő̄m̄vḡw̄RK, A\_š̄ow̄Z̄K I i v̄R̄%̄ow̄Z̄K Aw̄i ac̄Z̄`ev̄t̄`i c̄Z̄`f̄l̄ c̄f̄veB Z̄v̄t̄`i AÁZ̄v I Av̄j t̄m̄i K̄vi Y; w̄c̄ZZ̄w̄š̄K̄Z̄vI ḠK̄w̄ K̄vi Y - Z̄viv Ḡm̄t̄ēiB w̄K̄K̄vi Ő̄ | GB Aw̄i ac̄Z̄`B w̄et̄k̄lȲx̄ m̄t̄P̄Z̄bZ̄v̄t̄K e`v̄nZ̄ K̄t̄i Ges m̄vḡw̄M̄K̄ w̄k̄f̄v̄e`v̄ b̄x̄ieZ̄vi m̄s`w̄Z̄t̄K j̄v̄j b K̄t̄i | (t̄dB̄t̄i 1972:10)

w̄k̄f̄lv ḠK̄w̄ t̄K Ḡgb GK̄ n̄w̄Z̄q̄vi w̄nt̄m̄t̄e K̄vR K̄t̄i hv eZ̄Ńv̄b e`e`vi th̄š̄w̄³K̄Z̄vi m̄t̄½ h̄j̄³ n̄t̄Z̄ Zi`Ȳt̄`i m̄v̄v̄h` K̄t̄i, Z̄vi m̄t̄½ m̄s̄w̄Z̄ i P̄bvq m̄v̄v̄h` K̄t̄i | Ges Gi gva`t̄g Z̄viv b̄x̄ieZ̄vi m̄s`w̄Z̄i ḡt̄a` w̄b̄ḡ³/4gv̄b `v̄t̄K A\_ev Z̄v-B `f̄ax̄bZ̄vi P̄P̄n̄t̄q `w̄ovq, hv̄i gva`t̄g gv̄b̄f̄ ev`eZ̄vi ḡf̄L̄vḡw̄L nq w̄et̄k̄lȲ I m̄R̄bḡj K̄ c̄l̄μ̄qv̄q Ges c̄w̄\_ext̄i c̄wi eZ̄f̄b̄ w̄K̄fv̄t̄e AskM̄ŃȲ K̄iv hv̄q Z̄v Aw̄e`vi K̄t̄i | (kvD̄t̄j i e³e`, t̄dB̄t̄i, 1972:13-14)

c̄w̄\_ext̄K gv̄b̄w̄eK̄x̄Kīt̄Yi c̄Ńμ̄qv̄q Av̄gv̄t̄`i `i`t̄Z̄j m̄t̄½ t̄`L̄t̄Z̄ n̄t̄e th, w̄eḡv̄b̄w̄eK̄x̄KīY Ő̄i ayhv̄t̄`i gv̄b̄w̄eK̄Z̄v üZ n̄t̄q̄Ń Z̄v̄t̄`i B̄ w̄P̄w̄ȳZ̄ Kīt̄Ń bv, ci š̄-(hv̄ I c̄`K̄fv̄t̄e) hv̄iv Ac̄ni ȲK̄vi x̄ Z̄v̄t̄`i I w̄P̄w̄b̄t̄q t̄`qŃ | (t̄dB̄t̄i, 1972:20) AZ̄`v̄P̄vi I gv̄b̄w̄eK̄Z̄vi w̄eR̄B̄ gv̄beR̄w̄Z̄i H̄w̄Z̄n̄w̄m̄K̄ ev`eZ̄vi m̄t̄½ h̄j̄³, t̄m K\_v m̄w̄Z̄, w̄K̄š̄ t̄dB̄t̄i Av̄t̄iv w̄ek̄j̄m̄ K̄t̄ib th, AZ̄`v̄P̄wi Z̄t̄`i ḡnv̄b gv̄b̄w̄eK̄ I

HuZnvmK `wqZ; nj wbtRt`i l Zvt`i AZ`vPvixt`i il gy<sup>3</sup> Kiv (tdBti 1972:21) | hw`l wfbz`i fvt`e, wKŠ` -úóZB AZ`vPvixi gta`l gy<sup>3</sup>i fvxZ t`Lv hvq | AZ`vPvii Ziv gy<sup>3</sup>tk Awij ½b KiTZ fq cvq Avi AZ`vPvixiv AZ`vPvi Kievi gy<sup>3</sup> nivtZ fq cvq (tdBti 1972:23) | AZ`vPvii Z Ae`vtK AwZµg Ges tmB mĀ gy<sup>3</sup> jvf Kivi cĀvb avc nj AZ`vPvtii KviYmgā wPwYZ Kiv | tdBti GtK ŪmĀPZbvqbŪ etj tQb: ŪmvgwRK, ivR%wZK Ges A\_%wZK weti wāZvmgā ešZ tkLv Ges ev`eZvi AZ`vPvi gj K Dcv`vtbi wei`tx e`e`v MĀY KivŪ | (Abjev`tki UxKv, tdBti, 1972:15)

wKW l evBivg Gi gĀZ GB wKlb cĀµqv t`tk AvüZ mĀPZbZvi Ū`enkŵ nj HuZnvmK teva, tgšij K KvĥKviY mĀúK<sup>3</sup>Ges AmZ` mĀPZbZv (A%wZnvmK wPŠv Ges KvĥKviĀYi āvš`msthvM) AwZµg Kivi wĀtq `Q Aš`ŪŪ (1981:21) | tdBti mĀúK<sup>3</sup>metĀtq „ZcY<sup>3</sup>wĀlq nj, wZwb mĀw Ūfvt`e ej tQb th, ŪmĀPZbvqĀbi cĀµqv evBti t`tk PwĀtq w`tj PjĀebv Ges Ūmsjvcgj K msthvMiŪ gva`tg ZvtK Aek`B AZ`vPviiĀZi mĀ½ hĀ KiTZ nte | Ū GB cĀµqv tKvb wlv Ū cwigvĀYi bq, tKvb cĀBgvĀ bq, eis th ev`eZv wbtRB m`v cwieZĀvb Zvi gta` gy<sup>3</sup>i mšMĀtg weewZ<sup>2</sup> nq, me<sup>3</sup>vB cĀwĀvgZ<sup>2</sup> nq |

gy<sup>3</sup>i mšMĀgi th tKvb chĀqB Zviv DcbvZ ntq `vKK bv, AZ`vPviiĀZi mĀ½ Kg<sup>3</sup>Y wĀtklYx l gy<sup>3</sup>Kvgx msjvc PwĀtq tĀZB nte | HuZnvmK tĀvĀU l AZ`vPviiĀZi ev`eZv mĀúK<sup>3</sup>tevtai Zvi Ztg`i cwi tĀvĀZ msjvtci wĀlq wĀea iKĀgi ntZ cvti ev nlqv DvPZ | wKŠ` msjvtci wĀki wntmte fvlY, tkwĀw A\_ev BktZnvi e`enitii A\_B nj tcvl gvbtvbi nwmZqĀti mwnvth` AZ`vPviiĀZi gy<sup>3</sup> Kivi tPŵ Kiv | AZ`vPviiĀZi wbtRt`i wĀtklYx AskMĀY e`wZtiĀK Zvt`iĀK gy<sup>3</sup> Kivi tPŵ Kivi A\_`Zvt`iĀK e` wntmte MY` Kiv th e`Av`bj wlv ewo t`tk Dxvi KiTZ nq; Zvi gvĀb nj Zvt`i m`vRbi wPi AveZĀbi gta` tdĀj t`qv Ges Ggb e`wntmte MY` Kiv hv BĀ`OgZ e`enwi Kiv hvq | (tdBti, 1972:41)

AZ`vPviiĀZi l ci Av`v tiĀLB msjvc iPbv KiTZ nte hvĀZ Zvivi hĀ<sup>3</sup>ZK<sup>3</sup>KiĀZ cvti b ešZ cvti b | ŪGUv nj mRbkxj GKUv KvRŪ (tdBti 1972:62) Ges gvbtli Rb` Mfxi fvtj vevmv, k`xv Ges Avkv Ūvov Zvi Aw`Zi `vKĀZ cvti b | GKB mĀ½ gvbtli Dci wĀkĀm, mij bq wKŠ` wĀtklYx wPŠwfwĀK, msjvtci GK cĀ`wgK kZ<sup>3</sup> (tdBti, 1972:62-64) AZ`vPviiĀZi AvĀeMRvZ wbf<sup>3</sup>Zvi mĀhvM MĀY wĀtq tdBti mveavb KĀi w`tq tQb | Zvt`i wbf<sup>3</sup>ZvtK Avil eo wbf<sup>3</sup>Zvi l ci `vcbĀK tdBti AZ`vPvixi tKŠkj etj AvL`v w`tq tQb (tdBti, 1972:43) | th tKvb aiĀbi wbf<sup>3</sup>ZvtK wĀtklY l KvĀRi Ūviv `vāxZvq i`cvšĀ KiĀZ nte | gy<sup>3</sup>i wĀkĀm GKRB Ūviv Ab`RĀbi gta` ŪtcŪ\_ZŪ ntZ cvti b | GB wĀkĀm `vKĀZ nte th, wbtRi gy<sup>3</sup> ARĀbi Rb` wbtRĀKB j oĀZ nte | gy<sup>3</sup> tKvb `vb ntZ cvti b, GKUv `wĀj ĀZ cĀi wĀwĀ Kiv hvq bv, eis ZvtK ntq DVĀZ nte msjvtci gva`tg AwRZ mĀPZbvqĀbi dj: Avi msjvc iay wĀtklYx fvebv bq, GB fvebvi wfwĀl ntZ nte Kg<sup>3</sup>Kg<sup>3</sup>wfwĀxZv | (tdBti, 1972:43)

msjvtci cKwZ AbjevĀbi Rb` Avgiv GLb cĀwĀj Z wĀvĀe`vi wĀtklY Kie | tdBti i gĀZ, Zv nj eYĀvgj K PwiĀi | GB e`e`vq eYĀvKvix (wĀvĀK) Zvi `ah<sup>3</sup>Kxj l AbMZ e`mgātk (wĀvĀ\_) Zvi eYĀv w`tq ŪfĀiŪ t`b, hv AvmĀj ev`eZvi GK MwZnxb, `vYy KĀvĀx Ges Abgvbwmx `wŵfwĀ | (tdBti, 1972:45-46) wĀvĀi G aiĀbi ŪmĀqKvix avivqŪ wĀvĀ\_Āv ŪfvŪvi RvZKiĀYiŪ KvR KĀi, thLvĀb Ūcv`exi cwieZĀbi NUK wntmte Zvt`i KvĀRi fvgKvi Rb` cĀqvRbxq wĀtklYx mĀPZbZvŪ DĀcvĀZ nq | (tdBti, 1972:47) gvbtĀK AvĀcvlĀhvM` l wĀqšYmva` cwigvc etj wĀtePbv Kiv nq, Ū`kR gvĀ, mRbKvix bqŪ | (tdBti, 1972:49)

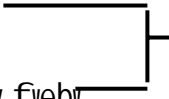

cvl tĀj v tdBti i mgm`v wPĀvqb c`wZ:

wk¶vi wbfPZvcEY avivK mæúYZ cZvLvb Kti tdbti Ómgmiv-wPývqb0 c×wzi wk¶vi ct¶ K\_v  
 etj tQb: c\_w\_exi m½ mæúK¶ cwi tct¶tZ mgmivK wPwýZ KitZ nte| mgmiv- wPývqb wk¶Y,  
 m½PZbZvi tK> we> fZ cÓZµµqv Ávctbi gva'tg - Avi Zv Dfí k'gj Kfvte - weei YxK cZvLvb  
 Kti Ges thwMthvMtk gZ°Kti tZvtj | (tdBti, 1972:52) Ómgmiv-wPývqb0 c×wz gvbl tK i aß  
 `kR wntmte wetePbv Kti bv, m½PZb mRbKvix wntmte t`LtZ Pvq| mgmiv-wPývqb wk¶v nj  
 wk¶v\_wk¶vKi Askx`wi Zgj K ths\_ Abjevab| Gi AšfP \_vtK ðev`eZvi wbi št DtbwPb0 Ges  
 Óm½PZbZvi Dme I ev`eZvi wetklyx ga`ewZZvi Ó cÓPón | (tdBti 1972:54) mgmiv wPývqb  
 wk¶v me°vB AZvPvixi t`\_weti vax wQj Ges \_vKte | (tdBti, 1972:54-59) mgmiv-wPývqb wk¶vq  
 Ovî I wk¶vKi msj vtc AskMhY Avek`Kxq| tdbti etj b msj vc nj c\_w\_exi ga`ewZZvq gvbl i  
 m½ gvbl i gflvgwL K\_b | (tdBti, 1972:61) Avi hviv gvbwKZv wbtq tetP \_vKtZ Pvb i ay  
 Zvt` i gta`B msj vc Pj tZ cvti |

gvbwKfvte tetP \_vKvi A\_°nj c\_w\_extK bvgwWZ Kiv, ZvtK cwieZ0 Kiv| bvgKiY ntq tMj, c\_w\_ex  
 bvgKiYKvixt` i KvQ cpi wefZ nq Ges Zvt` i KvQ t`tK bZb bvgKiY `we Kti | (tdBti, 1972:61)  
 bvgKiY nj GK msj vcmPK cÓµqv hvi tfZi w`tq gvbl e`i cKZ mæúK¶K t`LtZ Avi æKti  
 Ges Óweti wazvnmn Zvt` i e`w³K I mvgwRK ev`eZvtK Abjevab KitZ cvti, ev`eZv wltq wbr`  
 teva mæúK¶m½PZb ntq I tV0 | (kvDti i e³e, tdbti, 1972:12) c\_w\_exi bvgKitYi Rb` Ókãî0  
 cÓqvRb nq hvK tdbti etj tQb msj vtc i gj K\_v | msj vctK mæe Kti tZvj vi Rb` Ókãî i aß  
 GKUv Dcv`vb bq|

ktãi gta` Avgiv `wJ gvîv t`LtZ cvB, wetklyx fvebv I cÓqvM, GB `ß gvîv Ggb tgšj K AvštmæúK°wv  
 \_vtK th, hv` - AskZ GKUvi wbnó NtU- Ab`wJ Zvr¶wYKfvte ¶wZM0-nq| mwZ`Kvi Ggb tKvb kã tB hv  
 GKB m½ Abkxj b bq| (tdBti, 1972:60)

tdBti wPí tjtLi gva'tg Abkxj bK e`vL`v Kti tQb :

cÓqvM  kã = Kg° Abkxj b  
 wetklyx fvebv  (tdBti, 1972:60)

Gfvte, mgmiv-wPývqb wk¶vq msj vtc i gva'tg ÓcZ°K e`w³ Zvi ej vi K\_wU I c\_w\_extK bvgKitYi  
 Awakvi wdti cvq0 (tdBti, 1972:60), th me mvgwRK-A\_°wZK wewa Zvi RxebK wqšy Kti  
 Zv wPbtZ I eštZ cvti |

Ókãî i ay wetklyx tevsq bv, Zvi Øviv KvRI tevsq | Zvi gvtb nj, cKZ cÓgvY` Ókãî,  
 c\_w\_exi mwZ`Kvii bvgKiY, mvgwRK I e`w³K ev`eZvi mwK teva mwlv`0 Kg° we Kti | tdbti i  
 gtZ :

$$\begin{aligned}
 c\ddot{q}vM \text{ wemR}\text{\textcircled{0}} &= \text{evPwbKZv} \\
 \text{wetklyx fvebv wemR}\text{\textcircled{0}} &= \text{KgZrciZv} \\
 &\text{(tdBti, 1972:60)}
 \end{aligned}$$

AZGe, mgmiv-wPývqb wk¶v cÓqvMi wZ evPwbPZvi gta` w`tq c\_w\_exi wetklyx i aß K\_KZv mwó  
 Kti bv ev KitZ cvtibv | cKZ teva c\_w\_extK cwieZ0 Kivi Rb`, Avtiv gvbwK ntq DVvi Rb`  
 Ktg° `wM `we Kti | ZvB tdbti i gZ Abhvqx wk¶v cÓµqv `vaxbZvi cÓµqv, gw³ i Abkxj b ntq  
 I tV |

eq`x wk¶v Kg¶Px ev`evqb Kiv nte Ggb GjvKvi emewKvixt` i mwµq mnthwMZvq tdbti i  
 e`enwvi K t¶tI, wewfbæwelq t`tK wbePZ wetklyx `tj i m½ Zvi msj vcmPK mgmiv-wPývqb  
 wk¶vaviv cÓqvM KitZb | gvV ch¶q we`wvi Z Avtj vPbv I ch¶¶¶ti ci Zvt` i `vbxq mnthwMxmn

Mtel Yv wełki ÁMY Mtel Yv Gj vKvq we`vgvb 0t0i GKwU Zvwj Kv Ktīb | D`vni b`f`c wełePbv Kiv hvK- GKwU M0tg cvbxq Rtj i msKU : abx tRvZ`vti i tKb wR`^wU Del tāj \_vtK, Avi fvgxbt` i tKb cKtīi tbsiv cvb cvb KižZ nq ? wełkIz eb`vi mgq `t`i Dci Gi c`ve wK ? GBme 0t0i gta` t`tK KtqKwU wbePZ Kti AbymUvbx `j tm,wj tK tKwW ev mstKtZi gva`tg (t`P, d`UvM0d ev tg`wLK Dcv`vb) Ggbfvte cKvk Kti hvZ Zv Gj vKvevmt` i KvQ h`ó cwi wPZ gtb nq; wKŠ` (cPvigtLx ntq DVvi cEYZvq) Zv thb AwZ mij ntq bv l`v Avevi (weawšt Kn`K) Zv thb `fela` ntq bv hvq | mvtKwZKZv mgvav ntq tMj cix`tYi Rb` Zv Mtel Yvi Gj vKvq wbtq hvl qv nq Ges AskM0YKvix Gj vKvevmt` i tQvU tQvU `tj wef<sup>3</sup> Kti msjvtci mPbv Kiv nq | hw` m`m`iv mstKZmgm mdj Zvi m½ ev`L`v KižZ cvtib, hw` Df`k`evPK 00mgm `úofvte kbr<sup>3</sup> KižZ cvtib, Zvntj mstKZwemkó Dcv`vbmgn`K KvhRi wełePbv Kiv nq |

cieZP ch`q wv`0 mgqmvgvq ch`j vPbvi ci, mtefEg Dcvtq thvMvthM iPbvi Rb` welaqmgm`K GKwU wv`0 avivq mstKZvqb Kiv nq; Aetj vKbgj K (wP` ev wP`tj L), `úkM0n` ev k0vZtMvPi cšv | AskM0Kvixt` i mv`ti Zvi `fii lci l GB wbePb wbfP Kti | Pbvš`-ch`q Zv GKUv Qwe, M0d` wP`, QvqvQwe, tcv0vi cv`e` A`ev bvU`c`thvRbv ntZ cvti | mełki ch`q G,wj tK Gj vKvevmt` i 0mvs`wZK M0tc0 Dc`vcv Kiv nq | Ggb GK GKwU M0tc 25 t`tK 30 Rb AskM0YKvix \_vtKb Ges GLvb t`tKB mgn`v-wP`yvb wK`vi mPbv nq | msjvtci cieZP ch`q, mgšqKvixmn AskM0YKvix, ev`eZvi Kg00μqv eštZ tP0v Ktīb | Gi gva`tg Zviv i ayeB-Gi kavej x cotZ tktLb bv, eis c`w`exUvtKB eštZ tktLb |

wK`v welaq tdbti i `ecw`K wPšvaviv AZ`vPvti i wei`tx c0Ztīva l Avt`vj tbi epEi ch`q bZb Aš`w0 `vb KtītQ | tKej msjvtci gva`tgB gvby Zvt` i mwZ`Kvti i wełym AR0 KižZ cvti, Zv Qvov g<sup>3</sup> m`eci bq | AskM0Ygj K Dbqb bvU`Ki e`envti i gva`tg M0gxY kgRvex RbtM0xi ev`ewEK l wmxšM0Y Kivi `tgZvtK RvM0Z Kivi t`t` cvl tj v tdbti ewYZ `k0tK mvgtb ti tL MY-Mtel Yv KvhRig cwi Pwj Z Kiv c0qvRb | Avi G KvhRig Avtiv mmsnZ, KvhRix, kw<sup>3</sup>kvj x, dj c0n-Ges tUKmB KižZ AMvt`v tevqvtj i bvU` fvebvi mwšj b NUvtZ nte |

AMvt`v tevqvj Ges wełei gnov

Avgiv th cvl tj v tdbti i `i`Zi K\_v Dtj L KtiwQ, Zv cKZct` Zvi Abkxj tbi `k0bi ifcti Lvi lci wbfPkvj, th `k0 0wK`vtK mvs`wZK w`vqv0 wntmte wełePbv Kti (wKW, 1980:10) | tevqvtj i bvU` th welaqi Dci tRvi w`tZ Pvq Zv nj, c`w`extZ tKvb wKQB Amberh`bq, mewKQB cwi eZ0thvM` Ges Av`mvgwRK Ae`v wqšY Kti gvby B tm cwi eZ0 NUvtZ cvti | tK`xq Pwi t`i lci mKj `vq Pwictq t`evi weci`Z tevqvtj i Pwi Tmgm nj wbtRivB `kR, AZ`vPwi Ziv - hv`i Rb` bvUK Mtel YvMvti i fvgKv cvj b Kti, ev`e Rvteb AZ`vPvixt` i c0Ztīvtai GK gnov`vb wntmte KvR Kti |

GB ixvZi bvU`i Df`k` nj AZ`vPwi Zt`i c0qvRtb bvU`fvlv AvZicKv`ki gva`g wntmte e`envi Kiv, Zvt`i ivR%wZK mstPZbZvtK kvwYZ Kiv Ges wv`0 `kR wntmte bq, bvU`wμqv mμqv AskM0YKvix wntmte Zvt`i wbcwvZ Ae`vi cwi eZ0b c` Awie`vi Kiv | tevqvj th bvU` aviv c0vebv Kti tQb ZvtK teLU AbymtY wZwb etj \_vtKb gj Z Gwi 0Uj xq i xwZweti vax | wZwb Gwi 0Uj xq i xwZtK 0`gbggj K0 etj AvL`v w`tqtQb Ges Zvi Theatre of the Oppressed M0š` t`wL`tqtQb th, Gwi 0Ujtj tgšwj K c0ve nj mKj a`tbi mgvR-we`vax aviv wełkvab Kiv Ges we`vgv Ae`vtK bvov w`tZ cvti Ggb th tKvb wKQfKB wv`0y Kiv, thb mvgwRK e`e`vq Zv tKvb cwi eZ0 NUvtZ bv cvti | M0K UvtRwW t`tK Avi cKtī AvrtKi w`tbi 0l tq0vY0 l wUrf tmvc - Atciv ch`-

Df'ik" gj Z GKB- 0e"u3tK wqšY Kiv (...) hv ce"t\_tK c"wj Z Zvi m½ Lvc LvBtq t`qv0 | (teqvj , 1979 :47) Afb"i AbfwiZi m½ GKvZfnevi m"utKp gva'tg ( Zv fq A\_ev Ki"Yv tnvK, A\_ev thšbKvgbv, KgbxqZv ev "ZRRPZv), `kR bvUtKi c"vb Pwi'ti KvtQ Zvi Kg"lgZv mgc" Kti t`q Ges Zvi (c"vb Pwi'ti) fivM'tK wbi"qfite MhY Kti | bvUK tktl tm tewitq Avtm, cwi"Qbæ cweI Ges we`gvb mgvRe"e"vi gta" cpt"wcZ | mvgwRK Ae"v AcwiewZ Z I AcwiewZkxj - GfiteB MpxZ ntq hvq |

mgvR fvebv mvgwRK RxeTK cwiPwj Z Kti-tntMti j GB Av`k"v`x Ae"vbTKI teqvj cZ"vLvb Ktib | tntMj e"u3i AwZK "xabZvi I ci tRvi t`b, thb Zvi mKj w"uqvKg"Zvi AšMZ gy³ mEvi wqšYvaxb | wKš' teqvj gtb Ktib mvgwRK RxeB mgvRfvebvTK wqšY Kti | wbi¼k gy³ mEY ntq I Vvi weciXZ tm 0A\_šwZK I mvgwRK kw³ 0vivi wqšY mEY, Zvi c"ZB tm mvov t`q Ges Zvi 0viviB tm KvR Kti0 | (teqvj 1979:92)

teqv'tj i bvU"KtgP cwi"t"Z MVtb Ab"vb" Dcv"vb nj , ZZxq wtkji wqšYi eva"evaKZv, A\_šwZK mxgveXZv Ges bMæI "j KZZev`x ivRšwZK KvVtgv m" mwnsmZv | (teqv'tj i KgRvj v, 1988) teLU `kKki 0wetklyx fvebv0 I ci tRvi t`b, wKš' teqvj Avi GK avc GIMtq hvb; wZwb tRvi w`tq etj b, 0c"qvM I wetklyx fvebv0 Avj v`v Kiv hvq bv- "uóZB tdbti qvb `wofw½ |

Yvqvj etj b, teLU gvSct\_ t\_tg tMtQb | teLtuI bvU"Ktg"AcY"Zvi wela nj `kRt`i w"uqvXZv Zvi mxgveXZv | Zvi w\_tqUvi I wetkvaK, KviY Zv `kRtK ht\_ófite 0fvevq0 bv; ZvtK Aek"B mw"uq ntZ nte... 0wetklyx fvebv0 Ges 0c"qvM0 AwefvR" cKwZtK eštZ bv cvivi gta"B wQj teLtuI "wš; wZwb `kKki fvebvTK Pwi'ti fvebv t\_tK c\_K KitZ tPtqtQb, GgbwK GKwTK Avi AciwUi weciXZ "vcb Kti0b | (teqvj , tnmRqvi KZR D×Z, 1985:3)

tdBti gZ teqvj I gtb Ktib- iay 0wetklyx fvebv0 ARšbB gvbweK gy³ wbnZ \_vtKbv, Zv 0c"qvM0- Gi mvt\_ hy³ KitZ nq Ges Kkxj eiv Zv `kRt`i Dcnvi wntmte 0`vb KitZ cvtibbv0- Zvt`i wtkm AR" KitZ nq | tdbti ewYZ GKB iKg mgm"v- wPyvqb `wofw½, GKB msjvcMPK c"uqvq teqvj Ggb GK bvU" c"uqv c"ZB Kti0b thLvtb `kRkKj wbtRivB Zvt`i wbcwvZ ev" eZvtK gZ"Kti tZvtj b Ges Zv AwZµg Kivi c\_ evi KitZ mtp0 nb | teqvj Zvi bvU"Kjvi Df'ik" m"utK"etj b :

`kRtK bvU" Kwmbxi Pwi'ti, 0e"0 tK KZq, cwoZtK KZZKvixZ, gZtK RwetZi gta" Ges tfv"vtK c"ZKvItK ifcvšt KitZ nte | GB ifcvšti gva'g 0`kRtK0 ev"e welaqi gnovq mwnh" KitZ tPov Kiv nte hv ZvtK gy³i w`tK Pwj Z Kite | GUV eštZ nte th, AZ"vPwi'tZi gy³ Zvi wbtRi c"povqB ntZ nte, AZ"vPvixi tKvb fvgKv tmLvtb \_vKtZ cvtib | (tnmRqvi 1985 :10)

K.I.K I kigKt`i AfbKmgqB bvU"Kjv m"utK"weKZ aviYv \_vtK, Zviv GUVtK nvj Kv wbtv`tbi wela gtb Ktib | mwZivs Zvt`i bvU" KjtKškj tkLvtbvi cwietZ"teqv'tj i AvfgZ nj - cwiwPZ tKvb welaqTK wbtq bvU" wlog"Yi t"t' Zvt`i hy³ Kiv Awak KvhRi nte |

mst"t'c ej tZ tMtj , G chš-Avgiv hv t`tLwQ Zv nj : tdbti qvb `k" hv mtpZbvqb t\_tK Ktg" DbwZ nq, tmUvtKB teqvj Ab" cKiy w`tqtQb, thLvtb `kR Zvi wectei gnov t`b; Avgiv teqv'tj i 0gnovtK mgvR-wetklyxi wbi št c"uqvq "vcb KitZ PvB |

Dbqab buU' c0qv#Mi `pvš-#e#k#Y :

Kwigi \_y#K>`#; #K#bqv:

#K#bqvi bv#tewi qv kn#i 30 #K#j w#gUvi D#i c#0#tg wj gj" #R#j vi GKUv M#tgi bvg Kwigi \_y| 11000 n#rvi A#e#v#m#x#i t#e#k#i f#v#M#B w#k#i k#i#g#K, L#v#g#t#i i g#R#j ev t#e#k#i h#e#K| c#0#v#b w#k#i K#v#L#v#b#i Ab`Zg nj evUv m#y#t#K#v#u#v#b (k#i#g#K K#g#P#w#i i m#s#L`v 2000)| Av#i Av#t#Q en#R#w#Z#K m#s`v Ges abevb #K#b#q#v#b#` i g#w#j K#v#v#x#b A#t#b#K#\_#w#j P#v# I K#w#d#i ev#M#v#b| G#L#v#t#b#B 1975 m#v#t#j i A#t#v#e#t#i G#K#R#b #c#š#i w#k#Ń#K `v#b#x#q A#e#v#m#x#` i w#b#t#q K#w#i#g#i \_y#w#k#Ń#v# I m#s`w#Z #K>`#m#s#M#w#Z K#t#i#b#|

#d#B#t#i i 0#m#s#j#v#c#0 c#x#w#Z#Z m#v#Ń#i Z#v K#g#Ń#P P#v#j#v#b#n#Z| G#U#v#u#Q#j 0#0#w#R# I q#v#w#i Ges M#t#g#e#w#m#t#` i g#t#L#v#g#L#L m#s#j#v#c#| w#i#g#i i u#Q#j m#v#Ń#i Z#v `Ń#Z#v Ges u#Z#v#b 0#w#0#K w#e#t#k#i#Y K#i#Z#v#i#Z#b#| M#t#g#e#w#m#x#M#Y A#b#v#b#p#w#b#K w#k#Ń#v#i g#v#`#t#g A#w#R#Z #v#b#v#b#t#q A#v#m#t#Z#b#t#K#t#`#Ń#| m#v#Ń#i Z#v K#g#Ń#P#i w#e#l#q#e` 0#A#s#k#M#h#Y#K#v#i#x#t#` i w#b#Z#v#w#t#b#i ev`e#Z#v#t#K c#i#Z#d#w#j#Z#K#i#Z#v# Ges t#K#m#`c#0#Ń#q#Y# I c#w#i#P#v#j#b#v#q#Z#v#t#` i A#š`#Ń# K#i#v#n#Z#0#| t#K#v#t#m#P# D#c#K#i#Y#u#Q#j 0# M#t#g#e#w#m#x#` i R#x#e#b#w#f#w#E#K Ges c#k#Z#v# m#g#m#v#t#g#b, R#w#i#A#f#v#e, t#e#k#i#Z#; c#w#i#e#v#t#i#i#R#b` L#v#t#`#i A#c#0#Z#j#Z#v, n#v#m#c#v#Z#v#j# I `Ń#`# m#y#e#v#i A#f#v#e Ges A\_#e#n#m#v#s`w#Z#K w#e#k#t#i#i#A#f#v#e c#Ń#w#Z#i#D#c#i#t#R#v#i#t#`q#v#n#Z#0#| Z#v#t#` i A#v#t#j#v#P#b#v#i w#e#l#q#u#Q#j#-Z#v#i#v#`w#i#`#t#K#b, w#k#Q#y#t#j#v#t#K#i#h#t#\_#0#L#v#e#i# I K#v#co#A#v#t#Q#A#v#g#v#t#`i#t#b#B#t#K#b#?#Z#v#t#` i B#w#Z#v#t#m#i#N#D#c#i#b#t#e#k#-c#e#0#D#c#i#b#t#e#k#e#v#`x# Ges D#c#i#b#t#e#k#-D#E#i#N#t#c#Ń#Ń#v#c#t#U#G#m#e#A#v#t#j#w#P#Z#n#Z#| M#t#g#i#m#e#v#B#t#K#h#Ń#K#i#v#h#v#q#G#g#G#K#c#Ń#Ń#q#v#q#m#v#Ń#i#Z#v#K#g#Ń#P#P#w#j#t#q#h#v#e#i#j#t#Ń#`#t#K>`#G#K#w#U#b#v#U#K#c#Ń#h#v#R#b#v#i#w#m#x#š#t#b#q#| Z#v#i#v#m#v#Ń#i#Z#v#t#K#v#t#m#P#w#k#Ń#v#\_#Ń#`i#A#v#Z#R#x#e#b#Ges#0#g#v#b#t#i#A#w#f#A#Z#v, D#t#0#M, A#v#K#v#L#v#I#`#t#L#`#Ń#Ń#R#v#Ges#M#t#g#i#m#g#m#v#I#g#Z#e#t#i#v#a#w#b#t#q#m#v#v#i#Y#g#v#b#t#i#f#v#l#v#q#I#f#w#š#t#Z#0#b#v#U#K#w#j#L#t#j#b#|

K#g#Ń#P#i#d#j#v#d#j#w#e#l#t#q#B#b#w#M#w#w#e#q#K#Ń#v#b#t#j#t#L#b#:

c#j#t#b#v#Q#v#i#v#A#v#g#v#t#K#e#t#j#t#Q#b#w#K#f#v#t#e#G#B#t#K#m#`Z#v#t#`i#A#v#Z#v#e#k#y#m#M#t#o#Z#t#j#t#Q#;#Z#v#i#v#n#v#r#A#w#e#0#v#i#K#i#t#j#b#t#h#w#k#L#t#b#i#A#v#b#`#Z#v#t#`i#c#0#Z#w#n#K#t#e#P#\_#v#K#i#K#w#š#t#\_#t#K#m#w#i#t#q#w#b#t#q#h#v#t#Q#Ges#Z#v#t#`i#R#x#e#b#A\_#Ń#q#n#t#q#D#V#t#Q#|Z#v#i#v#A#v#Z#v#m#`#Ń#b#A#R#0#K#i#t#Q#b#Ges#A#b#t#`i#k#v#K#i#Z#w#k#L#t#Q#b#|Z#v#t#`i#R#b`G#g#P#w#n#v#`Z#w#i#K#i#v#n#j#t#h#Z#v#i#v#b#Z#b#D#t#`w#M#t#b#e#v#i#m#v#n#m#t#c#t#j#b#Ges#Z#v#i#v#h#v#w#k#Q#y#i#i#K#t#i#b#Z#v#i#g#t#B#m#Ń#g#Z#v#L#Ń#R#c#v#b#|h#v#i#v#c#o#t#Z#w#k#t#L#w#t#j#b#Z#v#i#v#G#g#b#f#v#t#e#w#k#Ń#v#A#e#v#n#Z#i#v#L#t#Z#P#v#t#j#b#h#v#Z#m#K#j#t#K#B#h#Ń#K#i#v#h#v#q#|b#v#U#K#j#v#n#t#q#D#V#t#j#v#G#K#D#r#K#ó#D#c#v#... (Mother Sing For me: People's Theatre in Kenya, London: Zed Books. 1989-52)|b#v#U#K#w#b#w#l#x#n#t#j#v,#t#K#t#`#Ń#j#v#B#t#m#Y#e#w#Z#j#K#i#v#n#j#Ges#g#Ń#g#A#c#v#t#q#t#d#j#v#n#j#|m#s#w#k#e#c#Ń#t#k#i#M#f#b#P#e#j#t#j#b,#0#w#j#g#j#i#R#b#M#b#D#b#q#b#P#v#q,#b#v#U#K#G#t#`i#e#q#`#m#v#Ń#i#Z#v#t#K#v#t#m#P#A#v#m#t#Z#w#e#i#Z#i#v#L#t#Q#|b#v#U#K#k#j#i#v#A#b#`#t#P#t#j#t#h#t#Z#c#v#t#i#b#0#| (w#e#q#K#Ń#v#b, 1989:60)

G#\_#v#i#U#b#I#t#Ń#v#c#Ń#w#e#Z#0#A#m#g#v#B#b#v#U#0

G#B#g#t#W#j#A#v#m#t#j#t#e#v#q#v#t#j#i#B#c#w#i#e#a#0#|c#Ń#w#e#Z#g#t#W#j#t#K#A#m#g#v#B#b#v#U#`e#j#v#n#t#`Q#0#c#0#Z#`K#c#0#k#0#x#t#Z#b#Z#b#0#t#0#i#c#Ń#k#v#k#b#v#U#K#w#U#t#K#w#b#i#e#w#Q#b#e#v#t#e#`e#w#k#ó#g#w#0#Z#K#t#i#0#| (G#\_#v#i#U#b, G 1982 G: 355) m#e#t#P#t#q#f#v#j#n#q#h#w#Z#v#e#w#i#v#M#Z#0#A#b#Ń#U#K#0#0#v#i#i#i#K#i#v#h#v#q,#h#v#i#v#b#v#U#K#j#v,#D#b#q#b#K#g#D#f#q#w#e#l#t#q#B#`Ń#|t#K#v#b#G#j#v#K#i#A#e#v#m#x#t#`i#m#t#Ń#Z#v#t#`i#m#t#š#H#R#b#K#f#v#t#e#`x#N#0#m#g#q#K#v#U#v#t#Z#n#t#e#h#v#t#Z#Z#v#i#v#I#B#G#j#v#K#i#A#e#v#m#x#t#`i#A#v#\_#m#v#g#w#R#K#K#v#v#t#g#v#q#m#w#Ń#q#f#v#t#e#h#Ń#n#t#Z#c#v#t#i#b#|G#j#v#K#v#e#v#m#x#t#`i#`#0#A#š#0#w#0#Ges#b#v#U#i#P#b#v#I#A#w#f#b#t#q#P#j#b#m#B#`Ń#Z#v#m#w#0#i#R#b`A#t#c#Ń#Ń#v#K#Z#`x#N#0#m#g#q#c#Ń#q#v#R#b,#h#v#t#Z#A#b#Ń#U#K#`#j#P#t#j#h#v#e#i#c#i#Z#v#i#v#w#b#t#R#i#v#B#K#v#R#P#j#v#t#Z#c#v#t#i#b#|G#U#v#I#w#b#0#Z#K#i#Z#n#t#e#t#h,#A#b#Ń#U#K#`#j#t#h#0#K#g#Z#r#c#i#Z#w#E#Ń#0#n#t#q#I#t#v,#h#v#t#Z#w#e#`#g#v#b#A#v#\_#m#v#g#w#R#K#D#c#v#v#t#b#w#b#a#Ń#i#Z#G#j#v#K#v#e#v#m#x#t#`i#m#v#g#w#M#K#R#x#e#t#b#i#A#e#v#0#%#A#v#b#K#f#v#t#e#0#ch#Ń#e#Ń#Ń#Y#K#i#v#h#v#q#|t#d#B#t#i#A#b#Ń#U#v#b#x#c#x#w#Z#i#A#b#K#i#Ń#Y#G#B#A#b#Ń#U#K#`#j#G#j#v#K#v#e#v#m#x#t#`i#g#j#0#`#m#g#t#K#m#w#K#f#v#t#e#w#P#w#y#Z#I#w#e#t#k#i#Y#K#i#e#|w#e#t#k#l#Ń#Y#i#c#i#G#B#`#j#

Gj vKvevmt` i mt½ Zvr¶WYK bvU` ^Zix Ki te | Gme Zvr¶WYK bvU` „i“ZcY¶m×vš-MõtiYi gnZ© AwfBq eÜ Kti t`qv nte Ges `kRt` i KvQ t\_†K civgk© Pvl qv nte | `kRMY Dc`mcZ mgm`v e`vL`v- wetkIY Ki†Z cvtib Õmgvavbõ cÕve Ki†Z cvtib Ges Zvt` i cÕve cix¶vi Rb` bvU†K AskMõY Ki†Z cvtib | Dciš` tPóv Kiv nte thb cÕvemg¶n Õtk†ZK Db¶Zvõ (Ironic Openness) eRvq \_v†K | A\_¶r ÕGKwU Õtõi w bim†bi c`ve thb Aci GKwU ÕwõK Ae`vi Rb¶ t`qõ | (G\_v iUb 1082 G:350) gtb Kiv hvK, bvU†Ki GK ch¶q t`Lv†v ntq†Q `wi t`ª RR¶ Z tKvb GK K.I.K A\_v¶fve w`tkniv | ZLb AwfBq eÜ Kti t`qv nj Ges cÕve Kiv nj th, Mwie K.I.†Ki Ae`v Db¶†bi GKUv c\_ n†Z cvti e`vsK FY- Zvi Õviv Zviv D`P dj bkxj exR I mvi wKb†Z cvtib | wKš` GKRB `kR GKUv mgm`vi K\_v Zj †j b: hw` Drcv`b mtgZ Dc†i cÕveW GKwU `k` AvKv†i bvU†Ki g†a` X¶Ktq t`qv hvq: Mwie Pvlx Rv†bb th Zvi A\_¶wZK Ae`vb w`b w`b Lvivc nt`Q | Agb Ae`vq wZvb wK e`vsK F†bi evowZ S¶K I Rwg wew¶u ntq hvevi msk†qi g†a` Nj cvK Lv†eb ? GB mgm`v Dc`vc†bi mgq `kRt` i Kv†QI GKUv c¶k¶õ t`qv th†Z cvti: cv†Ui `vg I Vbvqv Kti tKb ? n`v, Pwv`v I thvMv†bi Dci Zv wbf¶ Kti | Av`Qv, tKD wK Zv wqš¶ Ki†Z cvtib ? n`v, Aek`B, `vj vj iv tZv ZvB Kti \_v†Kb | Zvi gj ab w`†q wZvb cvU wKb†Z cvtib, gRj Kti ivL†Z cvtib, `vg evovi Rb` A†c¶v Ki†Z cvtib- Gfv†eB Drcv`†bi mt½ tKvbfv†e h¶ bv ntq wZvb gpvdv ARõ Ki†Z cvtib | Gici evRvi I `vtgi wvqUv†K w†q GKUv `k` R¶õ t`qv th†Z cvti | ZEMZ w`K t\_†K Ggb wetkIb Pj†Z cvti Adiš- avivq, Zv†Z bZb GK ÕAmgvõ bvU`i wZ `Zwi n†Z cvti | GB Amgvõ bvU` wv wZnxbfv†e cõwK n†Z cvti, c¶w¶gZ n†Z cvti, Kwv†gv c¶c¶t Dc`mcZ n†Z cvti, Ašf¶ n†Z cvti bZb bZb tklv\_¶ (G\_v iUb I tµv, 1980 :33) cõZ`K cõkõ†Z bZb bZb cwitcõ¶†Z `Zwi nq- GK GKUv mgvavb GK GKUv mgm`v w†q Av†m bZb Kti, bZb tklv\_¶ h¶ ntq hvq | Avi meB `kRt` i ev`e AwfÁZv wfvE Kti M†õ I †v | bvU`Kj vq Avi m¶w¶gZ Pdvš-i`c \_v†Kbv, Zv bvU` wbg¶Yi ÕwõK cõµqvq i`cvšw Z ntq hvq, thLv†b AskMõYKvixiv wbi š†fv†e Zvt` i ev`eZv†K Abjv†v Kti b | tevqv†j i Õgnovõ AwZµg Kti bvU`Kj v ntq I †v mgm`v wPývqbgj K msj v†ci wv wZnxv mvgwRK cõµqv | cõwKfv†e tmB msj vc i wPZ nq Abjv†v `j I Gj vevmt` i g†a`, Zvici Kkxj e`kR I `kR Kkxj †ei g†a` hviv mevB GKB Gj vKvi ewm`v |

bvU`Kj v GK kw³gvb Abjv†v, wKš` Zv GKKfv†e tKvb Zvrch¶Y¶mvgwRK cwieZõ NUv†Z cvti bv | msMwZ Kgv†või mt½ Zv†K mshy³ Ki†Z nte | GZõ`ZxZ Zv eotRvi nvZZwvj cvevi thwM` I D†ÉRbvKi cõkõx Qvov Avi wKQß ntq DV†Z cvti bv | (wKW, 1979 :7)  
 wK†Wi GB gše` „i“ZcY¶ Avgiv hLb Kwvgwi\_yKgm¶Pi mvd†j`i K\_v `šiy Kwii, Avgiv eyS Zv N†UwQj RbmsMV†bi (Kwvgwi\_yw¶¶v I ms`wZ tK` ) Rb` | GKB mv†\_ bvbv a††bi A`¶Ki fvebvI cwoZ Kti | ZZxq wetk† cwitcõ¶†Z Avgiv KZUv `† chš-th†Z cwii Ges Kwvgwi\_y†K†`† I ci thgb wbg¶ wqš¶ G†mwQj †Zgb Ae`v w†R†` i I ci tW†K bv G†b wK KvR Ki†Z cwii ? cõKZ MYgva`g w†m†e Db¶b bvU` Awbevh¶v†eB wv`gvb ¶¶gZv Kwv†gv†K P`v†j Ä Ki te | w†R†` i aYsm t\_†K ewP†q MYmsMõtg wv wZnxv I mwµqvfv†e h¶ \_vKvi Rb` msMVbmg¶ wK tKškj MõY Ki†Z cvti ?

w¶wj cvBb:

Ab` GKwU PAR M†el Yv c×wZ tbqv nq w¶wj cvB†b bvix Awfvevmt` i Av†` vj †b | Av†` vj †bi mv†\_ m¶ú,³ GKwU GKwUwf ÷ ms`v GKwU M†el Yv mgš¶Kvix MVb Kti | Gi g†a` `BRb wQ†j b bvix Awfvevmt` i 14 m`†m`i ÕfvbMw¶Mõcõ t\_†K AvMZ Ges `BRb wQ†j b D³ ms`vi m`m` | f`vbMw¶ Mõ†ci KvR wQj bvix Awfvevmt` i mvißwvK mfi vi m¶¶wv¶el q\_†j v Abjv†v†bi Rb` Z†j aiv, bvix†` i

Rxeṭbi bvbv w`K Ges msMōg, bviḡ msMVbwi BiZnm, f`vbMwMōci KgRvŪ BZ`w` wēlṭq MṭelYvgj K Avṭj vPbvi mġ cvZ Kiv| GB me wēlṭqi I ci MṭelYvi dj vdj `ṭUv bvUṭKi gṭa` aviY Kiv nq| mKj AskMōYKvix gwnj vṭ` i GB bvUK `ṭUv ṭ`Lvi AvgšY Rvbṭbv nq hvṭZ Zviv cōB Z`ṭK cixṭv Kṭi ZvṭZ cōqvRbxq A`je`j Kṭi ZvṭK `eaZv w`ṭZ cvṭi | (ṭgvt Awbmj ingvb: Rxeṭbi cvWkvj v ṭ`ṭK w`ṭv| 2004-27)

wmmṭUb, RvgvBKv: ew`ṭ bviḡ bvU`:

1977 mvṭj miKvix gwnjv ejṭiv RvgvBKvi wKsmUṭb ṭZiRb iv`wi Svo`vi gwnjvṭK AcŪvMZ w`ṭK-wk`ix wntṭṭe cōkṭṭYi Rb` wbePZ Kṭi | bvU` wēlṭq Zvṭ` i cēj AvMō wQj Ges Aci GK bviḡ (bvUṭKi `ṭj i w`ṭK) mṭ½ Zviv Awj wLZ bvUK iPbvi KvR `i` Kṭib| Zviv ejṭb, ōbvix wntṭṭe wKfvṭe Avgiv wbhMZZ nB tm wēlṭq Avgiv bvUK KiṭZ PvB| cj`liv Avgvṭ` i mṭ½ KZ Lvivc e`envi Kṭi, tm wēlṭq Avgiv bvUK Kie| GfvṭeB wmmṭUb-Gi (hvi A\_`ōfwmBxmKj ō) hvṭv `i`|

wmmṭUb nj K`wi weqv b AĀṭj i GKgvĪ `j hv kṭRvex bviḡ cUfṭg ṭ`ṭK Rbṭ wṭṭqṭQ| wmmṭUb Ggb GKwU bviḡ cwi Pwvj Z AvZwbfPkvj `j hviv ōbvixṭ` i wēṭklZ K`wi weqv bviḡṭ` i RxeṭK cṭweZ Kṭi Ggb cōkē gva`ṭg `kRṭ` i ṭPZbv m`cōhviṭYi KvR Kṭibō| ṭMvōxi e`vcKwfwĒK Dṭṭ`k` nj :

- kṭRvex gvbṭ ṭ` i wṭṭq bvUK Kiv|
- Ggb bvUK Kiv, hv bviḡṭ` i Ae`vb wṭṭq cōkēZvṭj I cōwvj Z aviYv P`vṭj Ā Kṭi |
- bvUKṭK mgm`v mgvavbgj K nwwZqvṭi cwi YZ Kivi Rb` KgRvj vi e`e`v Kiv|
- mgevq msMVb Mṭo Zj ṭZ AskMōYKvix ṭMvōx m`m`ṭ` i Rb` mjevav mṭo Kiv|

msj vcgj K cōṭqvq mṭPZbvqb/w`ṭv mṭ½ Povš-iftc wbvṭgZ cYṭ½ bvU` cōhvRbvi gṭa` m`úK`Mṭo ṭZvj vi KvṭRB wmmṭUb wēṭkl Dṭj LṭhM` `ovš-`vcb KṭiṭQ| ōGwU bviḡṭ` i ṭQvU GKwU `j, hviv bvUṭKi ṭfZi w`ṭq wṭṭRṭ` i teṭtai mŪvb Kṭib, Zvi ōbvṭKiYō Kṭib, Ges GKUv Povš-iftc wbvṭgZ w`k`KṭṭP- A\_`r bvUṭKi ga` w`ṭq I B ōbvṭKiYō Dc`vcb Kṭib|ōō (ṭdvW`w`ṭ, 1981:4) teṭtai AbmŪvb Pj ṭZ `vṭK wṭṭRṭ` i A\_ev mgcKwZi bviḡṭ` i (wPvbKj ev Kvi Lvbi kṭgK, e`x, kṭṭi teKvi) ṭQvU `ṭj i KgRvj vi gva`ṭg|

eZṭvṭb bvbv aiṭbi Kvṭṭṭi mṭ½ hṭ wmmṭUb ṭMvōx GKUv wei vU msMVb| ōbvUK Rxeṭbi cōZdj b bq, eis Zvi KíK\_vi ṭLvj m DṭbPbō(ṭdvW`w`ṭ, 1981:568)Ń GB wēṭṭmi wfwĒṭZ wbvṭgZ GB msMVṭbi KvR bviḡṭ` i Rb` gṭWj wntṭṭe `Zš; eṭU, wKš' Zv cṭexe`vcx wbhMZZṭ` i Rb`I gj`evb|

evsj vṭ`k Ges gṭṭ bvUK :

1978 mvṭj, MōgvĀṭj KgPZ temiKvix ms`v cōkKv AvṭqwmRZ GKwU KgRvj vi gva`ṭg AviY`K teṭtmvqvbi Dbṭb bvU` gṭWṭj i mvṭ` cwi wPZ nq| 1981 mvṭj cōkKvi Dṭ`vṭM wōZxq KgRvewei AvṭqwmRZ nq; 1983 mvṭj cōkKvi wKw MōṭKṭ` i Avi GKwU AvšRōZK KgRvj v AbṭōZ nh| Gi mṭ½ Zvṭ` i wṭṭRṭ` i Dṭ`vṭM mṭṭṭj Z Kṭi 1984 mvṭj AviY`K Zvṭ` i Dbṭb bvU` gṭWj wZwi Kṭi | GB cōṭqvvi msṭṭB weei Yx wbgēfc|

AviY`ṭKi gṭṭ bvUṭKi cō`wṭgK j ṭv` : ivRbxwZ mṭPZbZv, mṭPZbZvqb Ges fṭgnxb Kl.Kṭ` i msMVb|

cuP m`m`i GKUW `j, PviRb Abtc0K I GKRb mgšqKvix, `mBvtni Rb` tKvb GKUW AAġj  
Ae`vb MhY Kti | c0Z`K Abtc0KtK GKUW Kti M0tgi `wqZi t`qv nq | mgšqKvixi `wqZi nj  
mrvqZv c0vb, c0Z`K `j tK Ab`ġj i KvġRi AM0WZ m0tU Rvbtbv, Ges c0qvRb gwcdK Dct`k  
`vb |

c0Z`K Abtc0KtKi c0wgK KvR nj M0tg GKUv wfwE Mto tZvjv | evsjv`tki mpmseX M0gxY  
mgvġRi cwitc0ġtZ GB KvR tek KwB; GġZ tbZ...vbxq tKbx (ġRvZ`vi) Ges wbcxwZ (fwgnxb I  
c0šK Pvlx) Dfq tKbxi gġa`B mġ`tni Dġ`K nġZ cvġi | Abtc0K tKvb Ae`vtZB ġRvZ`vġi  
KvQ t`ġK tKvb mnvh` MhY Ktib bv | wZwb `vbxq `ġ febġK c0wgK Avevm `vb wntmġe tetQ  
tbb | wZwb ġġtSġZ Ngvb Ges wġġRi Lvevi wġġRB ivb0Kġi tbb | wZwb thvMvthvM `vcb Kivi tP0v  
Ktib, `ġ wKġK I M0gxY Wv3vi t`i Nwb0 nġq DġVb | Zvġ`i mg\_0 LpB c0qvRbxq | Zvi ci  
c0wgK Z`msMh`ii` Ktib | fwgnxb K.I.Kġ`i mġ½ K\_v eġj b | gvġS gvġS Zviv Zvi mġ½ t`Lv  
KġġZ Avġmb | wġġRi wġZ `Zwi ci Abtc0KtKi c0vb KvR nj fwgnxbġ`i Av`v AR0 | gvġS gvġS  
wZwb tKvb 0m0e0 tbZvi gva`ġg KvR Ktib-Ggb e`w3 hvġK GġvKvi Ab`ġj vġKiv wPwbġq w`ġġQb,  
th tek Rġx I `u0evK fwgnxb K.I.K | Zvi Av`v AR0bi ci Zvi gva`ġg GġvKvi fwgnxb K.I.Kġ`i  
GKUv Abvb0vwbK mfv WvKv nq | GKB mġ½ Abtc0K fwgnxbġ`i mġ½ wġġRi thvMvthvM `vcb  
Ktib, Zvġ`i KvġRi mgġq ev ivġZ Zvġ`i ew0ġZ wMġq K\_vevZP eġj b | c0wgKfvġe fwgnxbiv Zvi  
AvPiYġK mġ`tni tPvġL t`ġLb, KviY wKwġZ bvMwi Kġ`i mgġU Zvġ`i AwfġZv tKvġYi I  
evMv0ġi | t`Qvġmex Rvrvb th, Zvi Dġġk` nj Zvġ`i ev`e Rxeġbi I ci wfwE Kġi GKUv bvUK  
Kiv, wKšYK.I.Kiv Avkġ`-ġeva Ktib bv | ZLb wZwb wewfb0MYgva`ġg cPwi Z wewa mvs`wZK cKġiYi  
welq DġġL Ktib | wġġġm Ktib, 0ġġZ wK Avcbvġ`i Rxeġbi Kwnbx cvl qv hvq?0 Gfvġe wZwb  
tevSvb th, MYgva`g kvwK tKbxi `ġ`c0Zdij Z Kġi | 0ZvB Avgiv Ggb GKUv bvUK Kwiv tKb  
hvġZ fwgnxb K.I.Kġi K\_v `vKġe?0 Zviv ZLb w0avi mġ½ wġġġm Ktib, 0Avgiv wK Zv cvie0? tP0v  
Kivi Rb` t`Qvġmex Zvġ`i c0iwPZ Ktib | Avġiv wKQġv w0avi ci Zviv ivRx nb | dj nj ,N Zvġ`i  
ev`e Rxeġbi NUbv wġġq PgrKvi I Avb>`vqK ZvrġwK bvU` | c0gwġi mvdj` Zvġ`i fq Kwġġq  
t`q, wġġRi gġa` AvZġekġm I Drmn mġvi Kġi | t`Qvġmex fwgnxbġ`i Zvġ`i mgm`vi K\_v eġġZ  
c0iwPZ Ktib,- Lv` , ev`Pvġ`i tġ Lvcov, wPwKrmv BZ`w` | Gme tKvbvi mgq wZwb tbvUeBġZ wewfbc  
welq wġġL ivġLb hvġZ fvel`ġZ tKvb Kwnbx-KvVġgv iPvvi mgq tm\_wj e`envi Kiv hvq | wZwb  
Zvġ`i mġ½ msj vġc c0E nb; Avj w I w0qwiZi I ci Zvġ`i A0 wġkġm wġġq cK0etZvġj b : GUv tKgb  
Kġi nq th, e0ġjvKiv Zvġ`i gZ GKB mgm`vq tfvġMb bv? GBfvġe wewfb0mgġq thvMvthvM I  
msj vġci gva`ġg 0emvVMZ0 (Abġi c0K) I wbcxwZġ`i gġa` cvi `0wvi K Av`v I wġkġm Mto I tġ |  
ZvġK Zviv Zvġ`i B GKRb gġb Ktib |

ctii ce0 jxq mfvi gva`ġg `ii` nq | wġk t`ġK Pwġ ġRb gvbj , - hvġ`i Aw0Kvsk fwgnxb tLZgRj  
Avevi wKQyc0šK Pvlx, `ġ wKġK, M0g` Wv3vi, t0wi I qvjv, BZ`w` | Zviv m0v t`ġK Rġov nb,  
gvSivZ ch0-GġK GġK wġġRi Rxeġbi Mġ eġj b- wKfvġe Zviv tKwġL Z nġġQb, wKfvġe Zvġ`i  
Aw0Kvi niY Kiv nġġQ | GB mfv\_wj LpB `i`ZcY0, KviY Zvġ`i GB AwfġZv wewġġqi gva`ġg  
Zviv HK` LġR cvb, tevġSb Zviv GKB tKbxf3 , Zvġ`i kġ` Aw0Zxq |

Abtc0K 0viv DrmnZ nġq Zvi wġġ`Rbvq `j wġ Gici bvġġKi Kwnbx- KvVġgv iPbv Kġi | GġZ  
Zvġ`i mKġġi Kwnbxi mvaviY `ewk0` Zġġ aiv nq | wġġP GKUv D`vniY t`qv nj : eicġ t`ġK  
thšZK Pvlqvi KviġY GKRb c0šK Pvlx gnvRġbi KvQ t`ġK UvKv avi Ktib | gnvRb ZLb  
FYM0xZvi wbiġġi Zvi mġhvM wġġq Pw3bvġvi gva`ġg ZvġK c0vwi Z Ktib I Zvi meUv Rwg M0m Kġi  
tbb | mvaviYZ mw0šj Z Dġ`vġM Kwnbx-KvVġgv Mto I tġ | GBġġġġ Abtc0K Dct`kġKi fwgKvq  
tbcġ` eġm `vġKb |



bvBtRwi qv/ wRvtefqi gWtj i tPtq wvDZfvte kw<sup>3</sup>kvj x ntj l, msMVb Mto tZvj vi w K t\_tK  
AviY`K cUqv Aek`B ACPC (G`vKkb di Kvj Pivj G`U cWj wJKvj tPA) Gi tPtq `eP |  
ACPC Abtc`K AviY`Ki gvI `mBvtni wecixZ KtqK gvm M`tg Ae`vb Ktib | `f Kvj xb  
Ae`vbi c`ve AZUv AbKj nqbv | ga`weE bvMwi K Rxe`bi Af`-Abtc`K Ab`vb` wltql KvR  
l `vqexZvi gta` GwU GKUv gvI, ZvB AviY`Ki c`P`v`l `xN`vqx nqvb | Ab`w`K, G\_v`Ub/t`v-i  
bvU` wvDZfvteB AviY`K gWtj i tPtq AwAK KvH`i | AviY`K AwAK tRvi w`tZ tPtqQ P`vS-  
Awfbq`K Ges G`K GKUv cY`% c`hvRbv wntmte t` LvZ tPtqQ | GB KvRwU Ki tZ wMq cv`vZ` l  
t`kR bvU`i Aw`K t\_tK AtbK wKQyM`YI Kti tQ |

cieZ`Kv`j AviY`K Zv` i Kg`wP Av`iv w`Z Kti, wvfb`e f`vgnxb tM`vxi gta` thvMv`thvM l  
mrvqZv e`x Kti HK`e`Ubx i Pbv Kitz D``vMx ntqWj | K\_v`Wj GB D``v`M mgS`qKvixi f`vqKv  
GKRb `vbxq Abtc`K (D`x`x bvU`Kg`e) cij b Kiteb w`vb mvsMv`v`K w`v`i i Rb` Gj vKv`ZB evm  
Kiteb | `vbxq mgS`qKvixiv Zv` i cv`u`wi K m`v`v`i Rb` w`v`R` i Awf`Av l msev` wvbgq Kti  
GKUv w`v`j Z Kg`K`S`kj c`v`q`bi Rb` gv`S gv`S Av`w`j K ev RvZxq ch`q w`v`j Z nteb | `f`M`ekZ,  
GB D``v`M m`v`Y`c`mdj nqvb- AviY`K gWtj i mgm`vi D`E`iY N`U`vb | wK`S` GZwKQy ej vi cil,  
evsj v`tki GKUv bZb mrvmx D``v`M`i mPbv Kivi Rb` AviY`Ki w`v`kl c`ksmv c`c` | Gi gva`tg  
t`tki Av`\_m`v`g`w`RK t`c`v`v`c`U bvU`Kj v AwAKZi A`\_en ntqQ |

Mtel YvKvj xb mgtq c`qvMKZ c`x`wZ mgn :

MY-Mtel Yv `j :

M`gxY k`gR`v`x Rb`Mv`v`xi bvi`v/ c`j`l/ D`f`q`i mgS`tg 25-30 R`bi GKwU MY Mtel Yv `j `Zix Kiv  
nq | c`Z`wU `tj GKRb G`w`v`tgUi `v`Kb w`vb `vbxq A`\_ev evB`i i n`Z cv`tib | G`w`v`tgUi c`Z  
mBv`tn GKw` b MY-Abj`v`v`b emteb Ges Abj`v`v`bi w`v`l q Dc`w`Z m`m`t` i m`v`Z`Z w`v`v`Y Ktib |

t`kxq Aw`K`K t`dvi v`g w`\_tqUvi :

Af`x`o Rb`Mv`v`xi `v`i v Mtel YvKZ Ges mst`KZv`q`bKZ bvUK GKB Rb`Mv`v`xi gv`v`l i gta` Qw`v`q  
t`qv Ges Zv` i t`K GB `Av`v` `vj t`b `m`v`u`<sup>3</sup> Kiv |

GB c`x`wZi bvUK `B f`v`M w`v`f`<sup>3</sup> |

c`U`g f`v`M:

Af`x`o Rb`Mv`v`xi m`v`Z MY-Mtel Yv t\_tK th mKj Bm`j ev th mKj mgm`v t`w`v`q Avmte Zv  
G`w`v`tgUi `j bvU`K`i gva`tg w`P`I w`qZ Kiteb (hv ev`e) ev `v`v`gKi Y`O Kiteb | Gici bvUKwU  
c`v`wU `tj i m`m`t` i m`v`g`b Dc`v`cb Kiv nte Ab`v`g`v` t`bi Rb` | `j xq m`m`iv h`w` etj b  
bvUKwUi M`v`i Zv` i eZ`g`v`b Rxe`bi ev`e w`P`I c`Z`d`w`j Z ntqQ Zvntj bvUKwU c`O k`v`bi Rb`  
Ab`v`g`w` Z ntqQ etj w`v`v`w`PZ nte | Ab`\_v`q `j xq m`m`iv Zv`v`w`YK f`v`te bvUKwUi c`w`i eZ`  
m`v`ab Kti c`O k`v`xi Rb` Ab`v`g`v` b t`bteb | Ab`v`g`w` Z bvUK`\_w`j KtqKwU bvU` c`x`wZ`Z  
Dc`w`cZ nte |

w`Z`xq f`v`M:

Afró RbtMvóx Øviv wbgZ bvUKwU `kRt`i mvgtb Dc`vcb Kiv nte Ges `kRKi KvQ bvUKwU mgnv mgravtbi AvnYvb Kiv nte| bvUKwU cpivq Dc`vcb Kiv nq| ZLb `kR Ges AwftbZvi gta` mgnv mgravtbi msjvc Pj tZ `vtK| wZxq fvM GKwU ØtØi wbitbi cØve Aci GKwU ØwØK Ae`vtbi Rbt`q| GKRb G`wbtgUi GB msjvc ce`cwi Pvj bv Ki`eb|

dtj t`Lv hvq, tPvtLi mvgtb, NtU hvl qv mZ` ev`eZvtK t`LtZ cvq, thgbwU tm Avqbvq wbtRtK t`tL| thLvtb AskMhYKvixiv wbi šifvte Zvt`i ev`eZvtK AbjnÜvb Ktib| tm Zvi eZgub ev`eZvi Rb``vqx KviY mgnatK wPvYz Ki tZ cvti| ZLb tm bvUtKi `k` cwi eZtbi Rb` gwi qv ntq l tV| ZLb tm Awne®vi Kti tm Ggb wKQymwó Ki tZ wKltjv hv wbtRtKB bZb i`tc mwó Kti tQ| msjvc tmB mwó cØbv`bvK Awak gvTva RvMz Kti| bvU`Kjvq Avi mwbwZ Pwvš`i`c `vtKbv, Zv bvU` wbgYi ØwØK cØwvq i`cvšw Z ntq hvq, thLvtb AskMhYKvixiv wbi šifvte Zvt`i ev`eZvtK AbjnÜvb Ktib| bvU`Kjv ntq l tV mgnv wPvYvbgj K msjvtci wewZnxb mvgwRK cØwvq| G cØwvq mgnv t`tK DEi tYi w`K wbt`Rbv cvl qv hvq| Zvi eZgub ev`eZvtK cwi eZtbi gnov t`q|

GB ixwzi btU`i Dt`k` nj, AZ`vPwi Zt`i cftqRtb bvU`fvlv AvZcKvtki gva`g wntmte e`envi Kiv, Zvt`i ivR%wZK mtpZbZvtK kwYZ Kiv Ges wv®t`kR wntmte bq, bvU`cØwvq mwpq AskMhYKwii wntmte Zvt`i wbcxwZ Ae`vi cwi eZtbi c\_ Awne®vi Kiv|

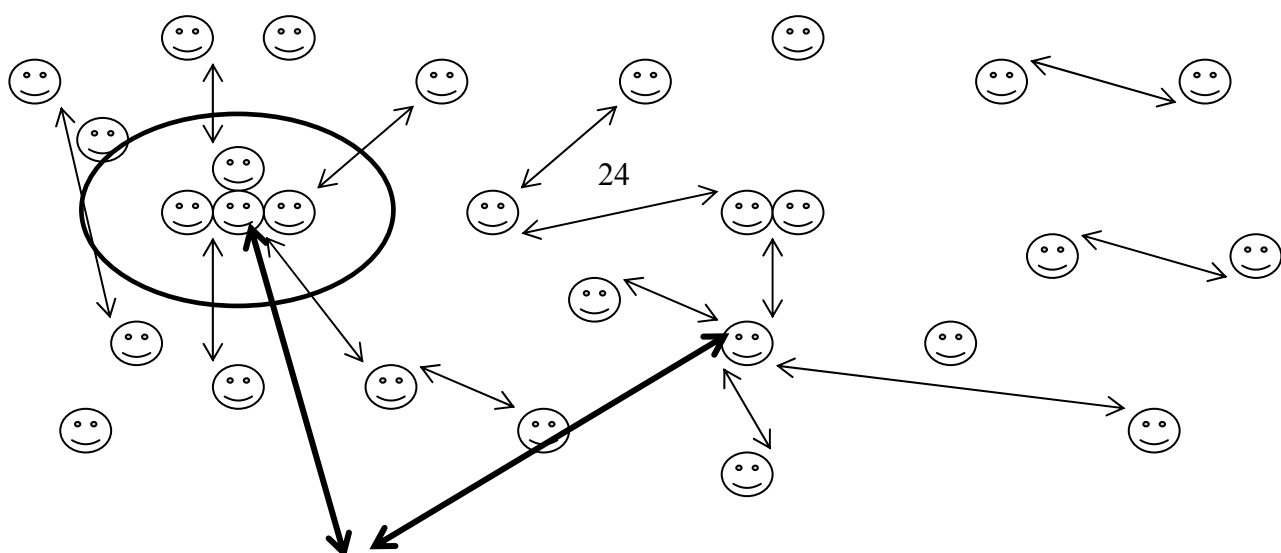
GB cxwzi NUbv cØwvq wbaifc:

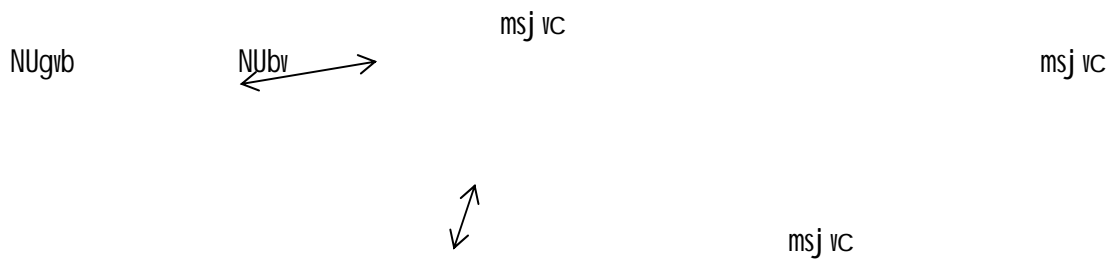
- Avgvt`i ev`eZv (`wi`Zv)
- `wi`Zvi aiY l t`fc
- `wi`Zv GKwU Kwmbx A\_ev cZxK ifcvšitKiY ( th Kwmbx/cZxK ev`emšZ )
- cKtDl vcb : Avgiv wK cwi eZtbi Ki tZ PvB?
- Kwmbx/cZxK cwi eZtbi ( hv ev`e mšZ ) : GB AbjnÜvtbi dtj cwi eZtbi mtebvmgn`úo nq|
- ev`eZvq cZ`veZtbi l cwi eZtbi|

A`k` bvUK :

G t`ft` GKUv NUbv NUvtbv nt`Q hv H`vtb Dcw`Z mKtj AetjvKb Ki tQ Ges cØZ`tK H NUbvq 'Involved' `vtK| Zviv NUGvb NUbv welta GtK Actii mv` msjvtc AeZXY`nq, A`k` AwftbZviv GB msjvtc Abt`tKi fvgKv cvj b Kti|

Kkj eiv GK ev`e Rxtbi cwi w`wZtZ Awfbq Ktib Ges `kRiv mšY`Abewz `vtKb th GKUv cØhvRbv Pj tQ| dtj Dcw`Z mKtj i gta` Kg`Y l wtklYx msjvc wvq AbwZ nq, mšY`ev`eZvi wvwi tL| BbwfwRej ev`e A`k` bvUK Ggb GKUv bvUK hv `kR miwmi AskMhY Kti bvU` wki x l `kR GK ntq hvq hv `kR miwmi ešZ cvti bv| mgvtRi Kms`vi gy³ Kivi Rb` GB bvUK`i Kvi|





G'wbtgUi /AvftbZv

*A`k` bvlftKi gva`tg Kg@Y I weftkl Yr msj vc cqlqv*

KweMvfb AskMhYgj K cxwZi cqlqvM :

AskMhYgj K Kwe Mvb : Kwe Mvb t`kxq tj vk-ms`wZi GKwJ weivU Ask Rfo AvtQ | MhgxY RbtMvöxi ÄbvRfbi eo GKwJ gva`g | Ges KweMvfb ga` w` tq wekvj RbtMvöxtK msj vfc i Avl Zvq wbtq Avtm | GtK Acti i mvf\_ thvMvthvM mycöZwöZ nq | mgwóMZ frte AskMhYgj K wmxvš-MhY mæeci nq | cvkvcvnik tj vKvqZcöq mvs`wZK HwZn`tk cptcöZôv Kiv mæe nq | hv GKwJ mvgnMk cwieZfbi w` tk GwMtg wbtZ mnvqZv Ki te | Ges GB msj vc cxwZtK Acwi nvh`ms`wZtZ ifc t`qv hvq | GB cxwZtZ wevfbwael tqi AeZvi Yv / Mtel Yv Kivi mthvM itqtQ |

Mvb : Kweqvj Ges G'wbtgUi mgstq GKwJ mycökw`Z AskMhYgj K Kwe Mvb `j Mvb Kiv nq |

cö kex`vb : Mhgti th tKvb evoxi Dfvvfb A\_ev thtKvb tLvj v`vfb`f A\_ev Awak msL`K`k`Ki Dcw`wZtZ AskMhYgj K Kwe Mvb Dc`vcb Kiv hvq |

## ZZxq Aa`vq

Mtel Yvi j ԳԻ |

AskMthYgj K Dbq b vUtki gva`tg GK`j G`vbtgUi mwo Kti Awfo RbtMvxi mvt\_ Kg@Y  
vetklYx I gy<sup>3</sup>Kvix msjvc iPbv Kti 0c0qvMi0 mvt\_ hy<sup>3</sup> Kiv Ges M0gxY ktgRvex RbtMvxi  
eyxeyEK I m×vš-MthY Kivi ԳIgzvK RvMZ Kiv hv MY-Mtel Yv vntmte ifc j vf Ki te |

Mtel Yvi Df`k` :

- Afxo ktgRvex RbtMvxi `wii t`a i KviY, aib I `f c AbymUvb Kiv |
- M0gxY ktgRvex RbtMvxi eyxeyEK I m×všMthY Kivi ԳIgzvK RvMZ Kti AvZfwb fPkj vntmte Mto tZvj v |
- cvl t j v tdbti i 0mgm`v-wPyvqb0 c×wzi c0qvM NUvtbv |
- `wii t`a vetgvPt b AskMthYgj K Dbq b vUtki eugLx c0qvM NUvtbv Ges Afxo ktgRvex RbtMvxtK mtpZb mRbKvi x vntmte Mto tZvj v |
- GB Mtel Yvi gva`tg Afxo ktgRvex RbtMvxi wKfvte Zvt`i `wii t`a vetgvPt b mivaj Z Df`m MthY Kitz cvti Zv LtR tei Kiv Ges `wii t`a vetgvPt bi tkSkj vbaftY `pvs`-vcb Kiv |
- MY-Mtel Yv cwi Pvj bvi ga` w`tq GK`j mwpq G`vbtgUi Mto tZvj v hviv cieZfZ MY-Mtel Yv Kvhfug Pj gvb ivLte |

Mtel Yv Gj vKv vbaft Y :

Kroqv trj vi m`i \_vbvi AšMZ nwi cj BDwbq b i Ae`vb Kroqv kni msj MaMovB b`xi Aci cvti | Kroqv tcšimfv Kvhf tqi mwbktU \_vbvcvovi cieZP Ae`vbUB n`Q nwi cj BDwbq b | AZxtZi Kroqvi vefbbaft i HwZn`MZ I mRbkxj e`w<sup>3</sup>tZi Rbftvg vntmte nwi cj vetkl cwi vPZ | MovB Ges cUv b`xi wIgvZK eUtb cKwzi vbeo ms`utk`nwi cfi i Rbgvbl AtbK tftB b v`wbKZvi cwi Pq enb Kti | cvkvcwK eZgvb vetkl b t`tK AbvgZ nq th, Rbeuj NbemwZcy`nwi cj BDwbq b gvbemkvi jsNb, mvgwRK AbvPvi, ivR%wZK mšym Ges tMvcb ivR%wZK `tj i AfqviY` | D`PweE KtqKwU cwi evi nwi cj Z`vMi Kvi tY eZgvb tmLv b ga`weE I vlogvetEi mveRxb Ae`vb, wKQy PvKwi Rvve, e`emvqx, e`ZiZ Ab` mKtj B ktgRvve RbtMvxi Ašf` | 70 nvRvti i I temk RbtMvxi GB BDwbq b bvi x cj t`i Ae`vb c0q mgvb | mva`utk` vbePbx t0vctU t`Lv tMfQ tfvUvi msL`v c0q 24000 | `b`b c0qvRb I RvveKvi Zvobvq c0Zw` b 70% cj`l b`x cvi ntq kni Avtm | gwnj vt`i mKtj B MynYx | tgvU teKvi hpeK hpeZxi msL`v AvbgvwbK 25% Gi gta` wkwfZ teKvti i msL`v 15% c0\_vgK we`vj tqi msL`v 12 wU gva`wgK we`vj tqi msL`v 2wU gv`tmvi msL`v 3wU agx0 Dcmbvj tqi msL`v 21 | `vbxq mvs`wZK msMvB/Kve I GKwU evDj `tj i Aw`Zj we`gvb | Rv bv hvq, AZxtZ mvs`wZK Kvhftgi tft vefbbaft mVwbK I tmev Kvhfug cwi Pwj Z ntj I eZgvb Zv vej b c0q | AvAwj K I RvZxq temi Kvi x ms`v,tj vi (GbwRI) Dcw`wZ vetkl j fbxq | wKšy-Avgiv j ԳԻ Kwi th, i agvI Fb c0vb ev mAq MthY e`ZiZ Ab` tKvb Kvhfug nqvb | G tft Dfj L` th, mwmK Kg@wi Kibv I w`K vbt` Rbvxb FY c0vtbi Kvi tY ktgRvve RbtMvxi tKvb bv tKvb cwi evti i FY cwi tktai e`Zvq tkl mof nvi v bvi `k` vbZ` bvgwEK | evj` weevn I bvi x vbfZtbi NUbv I AcZj bq | Gj vKvq AtbK,tj v tWvev bvj v ev eo t0vU cKi

tPrfL coTj I tKvb KviTj tm,tjvi h\_vh\_ e'envi `wó AvKlFjY e`\_f` Avtqi gvbTli evm AwAK  
nlqvi KviTj RxebhvIvi ,bMZ gvb I gvbYlK Ae`vi wbggyLZv j`f` Kiv hvq| mKj wKQy  
chE`fY, chE`j vPbv weTkH KtiB MtelYvi Rb` Av` k`vb wnmvte nwi cj tK wbaFj Y Kiv ntqtQ|

### G`wbTgUi wbePb I `fZv ewx`i c`uqv

MYgvyj ZLbB G`wbTgUW nteb, hLb Zviv wbtRt` i mvgwMK Ae`v wbtRiv Z`S-Kiteb, Zvi Dci  
wbtRiv weTkIY Kiteb, wbtRt` i Dt`VM Øviv Zvt` i Ae`vi DbwZi mætebv t`LtZ cvteb Gifc  
Dt`VM tteb Ges GB c`uqvPµ Zwt` i RxeTbi GKwJ wbgqgZ NUbv ntq hvte|

GBfite RbMbTk wbtRt` i fZv mgTÜ AvZMe`I AvZf`wbfP`kxj Zvi tPZbv RvMZ KiTz Ges  
mæfj Zfite Zvt` i mgm`vej xi m`okxj mgvavb L`RtZ I tm mgvavb ev`ewqZ Kievi Rb` wbtqwrZ  
ntz c`Yw` Z KiTz ntj c`g t`tKB RbMtYi gtb Zwt` i wR`^th Ávb AwfÁZv itqtQ Zvi Dci  
Av`v AvbtZ nte| esk ci`úivq RxeTbi AwfÁZv itqtQ, Zvi Dci Av`v AvbtZ nte| RxeTbi  
AwfÁZv I msMóg t`tK th tjvKÁvtbi m`o ntqtQ, Zv Ab` KvTiv Ávtbi PwBtZ wKó bq- GK\_v  
tRvi w`tq Rwni Kiv AZ`S-c`qvRb|

GKB m`½ G`wbTgUi Gi GKwJ KvR ntjv RbMbTk i wZexfvte Zwt` i Ávb ewx` KiTz c`Yw` Z  
Kiv, bMwiK Zvt` i wbtRt` i RxeTbi Ae`v I cwitek mgTÜ thS` MtelYv Kiteb, Zvt` i `wi`  
mæTÜ th mg`-Av`mvgwRK c`uqv Zwt` i Ae`vi c`ptm`o KiTz, tm-mæTÜ Ges Kxfite thS`  
Dt`VM Øviv GB Ae`vi DbwZ mvab mæe tm mgTÜ MY-AbmÜvb Kite| (MYDt`VM c`Yv`bv-tgvt  
Awbmj ingvb)

k`xq Awbmj ingvb m`vTii Dctiwj w`Z weTkIYi c`Z cY`Av`vkxj t`tK G`wbTgUi wbeP`bi  
t`fT mZK`wó wbeÜ Kiv ntqtQ| G`wbTgUi wbeP`bi t`fT MtelYv wv`Ø GjvKvi mæfjwZ  
wKfK, `vbxq Mpeay Ges GjvKvi ga`weE tkYxi h`KtYx (QvI/QvIx) tK c`lav` t`lqv ntqtQ  
cvkvcwk knTii bvU` msMVtbi m`m, tRjvi w`gicj `vbn t`tK tjvK cvjvi (bvQgb cvjv) `f  
wbt`RK I AwfTbZv, t`Sj Zcj tfovgvi t`tK tjvKmwZ w`k`xK Ašf` Kiv ntqtQ| weTkwl Z tkYx  
web`vTmi wekvj RbTmVöxi t`tK msMpxZ G`wbTgUi MY m`nvZxZfite G mKj tkYxi c`ZwvafZj  
c`Yv ivtL| `vbxq G`wbTgUi t`i mvT` Ab` GjvKv t`tK AvMZ G`wbTgUi t`i Z`-DcvE Av`vb  
c`vb Ges G MtelYv Kvhp`g mæúwKZ fvebv mæúT`K`AeMZ nlqvi j`f`wU c`lav` tctqtQ|

G`wbTgUi wbeP`bi t`fT Ges MtelYv Kvhp`g tK mveRbxb Kivi j`f` wewfbætkYx tckvi w`lqvU`K  
`i`Zj`w`tqvQ|

- wKfK tkbx t thTnZwKfKivB AvMvgx w`tbi gvyj `Zwi i KwiiMi wntmte wbtqwrZ Ges  
wKfTki gva`tgB gvbTli fvebv wPšvi ewntcKvk ZvB mgvR wKfKt` i mæfjwZ Ae`vbtK  
AskxfZ KiTz m`f`g ntqvQ|
- QvI h`K t mgvR kw<sup>3</sup>kvj x Ask wntmte QvI h`Kt` i `wqZjAtbK| Avgiv Zvt` i tj Lvcovi  
cvkvcwk G Avt`vj t`b mæú<sup>3</sup> Kti Zvt` i gvbimK Ae`vi cwieZ` NUbTbvi j`f` Avnevb Kivi  
ga`w`tq ev`evqb KtiwQ|
- MpeayGes `v`gx t cwie wii K Avtj vPbvi gZ Kti cwievi t`tK c`ZteKx, cvov Ges gnj w`  
weTkI Kti cwievi wfwEK fite Kvhp`g t`vqx KiTz k`gRwne tkYxfy<sup>3</sup> `v`gx-`x wbePb Kiv  
ntqtQ|

- Mōgxb tj vK cvj vi AwfʔbZv-ʔbʔ Rk t MōgxY kgRme gvbʔl i gvtS Lp mntR msthvM ʔvcʔbi ʔʔʔʔ fvlvMZ Ges AvPiY BZʔw KviʔY mshy³ dj cñyKiʔZ GB AĀʔj i Rbvcʔ ōbvQgbō cvj vi ʔbʔ Rk Ges AwfʔbZvʔK Mʔel Yvi Askx` vi Kiv ntʔʔQ |
- Kueqvj t tckv wfvĒK GKRB AwfĀ Kueqvj Ges GKRB wkʔlvbexk Dfʔqi gvtS GKwJ msthvM NUvʔbv ntʔʔQ | tKbbv Dfʔq tckvMZ KviʔY wewfʔbĀbʔvb AvʔqvRʔb mʔxZ cwi ʔekb Kʔi ʔvʔK | tm KviʔY Kueqvj ʔ` i gvaʔtg Abʔvb` Gj vKvq AskMʔhYgj K cʔwZi cʔqvM | cñvi Kiv mʔe |
- ʔKb wewfʔbĀGj vKv ʔ\_ʔK? : Avgiv i ayMʔel Yv Gj vKv ʔ\_ʔKB GʔwʔgUi wksev Kueqvj wbeʔPb Kwi ʔb | Avgvʔ` i %KwʔdqZ ntʔj v- ʔʔnZzGK GK ʔvʔb Avj v` v Avj v` v ms`wZ, mvgwRK ʔbqg Kvʔb | mgm`v wksev mgvavbMZ wcl q, ʔj vl Avj v` v | th Kvi ʔb GʔK Acti i mʔ\_ cwi Pq nI qv, tmB mʔúʔKʔavi Yv j vf Kiv mʔe nʔe | meʔPʔq eo K\_v ntʔj v Avgvʔ` i j ʔʔʔK epĒi cwi mʔi ʔcʔʔQ ʔ` I qv mʔe nʔe | thgb Kwʔqv ʔRj vi Kgvi Lvj x, ʔfʔvgiv, wgi cj Ges ʔ` ʔj Zcj Gj vKvq BwZgʔa`B Avgvʔ` i Kvʔg mʔúʔKʔAvMʔh mʔo ntʔʔQ | cieZʔZ nqZ Gme Gj vKvq e`vcKfʔe Kiv Kivi wksev H Gj vKvi gvbʔ ʔK mʔú,³ Kivi mʔhM nʔe |

ʔʔZv epʔxi cʔwqv t

**K. PAR** KgRvj v (3 w` b)

wel q : MYMʔel Yvq GʔwʔgUi i fwgKv |

Dʔi k` : Mʔel Yv Kʔgʔ` i i ʔZ ōKgʔMʔel Yvq Dwi cʔKi fwgKvō kxl R 3 w` b e`wmc KgRvj v cwi Puj bvi gvaʔtg 14Rb GwʔgUi ʔK MY-Mʔel Yv cwi Puj bvi ʔʔ wntmʔe Mto ʔZvj v |

Ōgy³ i msMʔgi th ʔKvb chʔqB Zviv DcbxZ ntʔ ʔvKʔ bv, AZ`vPwi ʔZi mʔ½ KgĒĒb wēkI Yx I gy³ Kvgx msj vc Pwj ʔq ʔʔZB nʔe | HwZnwMk ʔcʔʔvcU I AZ`vPwi Zʔ` i ev`eZv mʔúʔKʔevʔai Zvi Zʔg`i cwi ʔcʔʔʔZ msj vʔci wel q wewa i Kʔgi ntʔZ cvʔi ev nI qv DvPZ | wkš` msj vʔci wēKí wntmʔe fvlY, ʔkwʔvb A\_ev BkʔZnvi e`envʔii A\_B nj ʔcvl gvbʔbvi nwwZqvʔii mrvʔh` AZ`vPwi Zʔ` i gy³ Kivi ʔPón Kiv | AZ`vPwi Zʔ` i ʔbʔRʔ` i wēkI bx AskMʔhY e`wZʔiʔK Zvʔ` i ʔK gy³ Kivi ʔPón Kivi A\_ʔZvʔ` i ʔK e` wntmʔe Mb` Kiv, th e` Av\_b j vMv ewwō ʔ\_ʔK Dxvi KiʔZ nq; Zvi gvtb nj Zvʔ` i m`v Rbi wPi AveZʔbi gʔa` tdtj ʔ` qv Ges Ggb e` wntmʔe Mb` Kiv hv Bʔ`QgZ e`envi Kiv hvq | (tdBʔi, 1972 : 41)

cvl ʔj v ʔdBʔii wēkI b I ʔbʔ` Rbvi I ci wfvĒ KʔiB **PAR** KgRvj vq AskMʔhYKvi xʔ` i ʔbR`^gj ʔvqb Dc`vcb KiwQ |

KgRvj v gj ʔvqb

Awig tgvQvt Znigbv mj Zvbn | Awig MZ wZb w` ʔbi wewfʔbĀwcl ʔq Avʔj vPbv Kʔi RvʔZ cvj vg th, (1) wkʔlv wk I wkʔlv KZ cʔKvi? (2) Ávb wk? wewfʔbĀwcl ʔq hy³ ZʔKʔ gvaʔtg Avgiv GKwJ mwVK mgvavbI LʔR ʔcʔʔwQ |

wkʔlv wk- ʔKvb wkQymʔúʔKʔmVKfʔe RvbvB nj wkʔlv | Avgiv ʔRʔbŌ th wkʔlv ` ʔ cʔKvi 1. mykʔlv 2. Kwkʔlv

mykʔlv- mykʔlv nj wkʔlvʔK fvj KvʔR e`envi Kiv ev gvbʔl i Kj ʔvY Kiv |

Kzkkv- Kkkv nj kvvkv g` KvR e`envi Kiv ev gvbtli AKj`vb Kiv| kvv m`utK`Avgv` i AvtM GZUv Rvbv wQj bv| GB Avtj vPbvi gva`tg Avgiv vbtRivB kvvvi GKUv msAv c0vb KtiwQ| Avgiv GLvfb Avmvi AvtM RvbZvg th`g, Ktj`Ri kvvB nj kvv| wKs` Avgiv GLvfb Gtm Avtj vPbv Kti RvbZ cvij vg th`g, Ktj`R hviv ctomb Zvivi kvvZ| GKRb K.I.K wKs``g, Ktj`R ctomb Zeyl wZvb Rvfb th kvvte Rwg Pvl Kitz nte| KLB tkvb dmtj i Pvl Ktj` fvj nte, GKRb K.I.K wKs` fvj Rvfb th GB mgq GB dmj Pvl Kitz nte| tkvb dmtj cvwb w`tz nte tkvb mgq cvwb w`tj dmj fvj nte tm m`utK`GKRb K.I.KB fvj Rvfb| K.I.K wKs` Zvi Kwv KvR kvvZ| wKs` GKRb mavi Y gvby GB Kwv KvR m`ut GZUv Rvfbv| Avb wK- Avgiv Mtel Yv Kti RvbZ cvij vg th tkvb wltq fvj fvte tRtb Ges tm wltq wtkY Kitz cvivi vlgZvK Avb etj | thgb GKRb Ww<sup>3</sup>vi tivMxK t`tL`itb I cixv vbxv Kti etj w`tz cvti th Zvi wK tivM ntqtQ| tivMxK wK JIa w`tz nte| GKRb Ww<sup>3</sup>vi wKs` Zv fvj Rvfb| GKRb Ww<sup>3</sup>vi Zvi Ww<sup>3</sup>vix tckvq Avbx|

Dcsmnvi t- cwi tkkl Avgiv Rvbj vg th AvkvvZ etj tkvb gvby tbB| thnz Avgiv tRtbwQ th, hvi gta` we` ygv` Avb AvtQ tmB kvvZ| GKbfvte tRtbwQ th, tkvb wltq th Rvfb wZvb Avbx| tgvQv` Znvgbv mj Zvbv, kvj`vn, nwi cj, Kwvq|

wZb w`b AvtqwrZ Mtel Yv t`tk Avgvi e`w<sup>3</sup>MZ gZvgZ Dc`vcb Kij vg| AskMhYgj Kfvte th tkvb wltq Avtj vPbv mvtctv mWk A`wifcb Kiv m`e| wvfbvRb wvfbvZvgZ tck Ktj I tkl Avtj vPbv GKUv tkt`^`tcSvB, D`vniY`fc ej`tz cvwi, kvv wltq Avtj vPbv Kitz wltq AvkvvZ K\_wU ev` t`l qvi wv`vš-MynZ ntqtQ| gvbtli Avb, weteK, eyx AvtQ wKs` Zv e`envi Kiv nq bv- gvbtli gv\_vq hZ`vj wSuj AvtQ, Zv hw` mAvj b wvqv Kti Zte Avb mAvj bl evto| PAR mgvut Avgvi gZvgZ, AskMhYgj K, mgm`v wPvYZ Kiv I AskMhYgj K fvte mgm`vi mgvavb KivB PAR | wvfbvRtbi wvfbv wltq Rvbv`vKtz cvti, nqtZv GK wltq GK Rtbi Rvbv AvtQ Ab` Rtbi tmB wltq Rvbv bvl`vKtz cvti, wKs` gZ wvbgv mKj wltq mKtj i Avb v` tctZ cvwi - Ges tkvb fj wltq tKD mWk gtb Kitz cvti, wKs` Avtj vPbv I hv<sup>3</sup>MZfvte fj Uv fj cgvY nq ZLbB gvbtli fj Uv tft` hvq| Ges fj fv<sup>3</sup>vi Rb` mgw<sup>3</sup>MZ Avtj vPbv Zvi mWk DEi w`tz nte| tgv ti RvDj nk mj K, bl`v enj ewvq, wgi cj, Kwvq|

Avgiv`wi`^`gvbtli Rb` wKQy Kitz PvB| Zvt`i KvQ Avgiv FYx| AvR -Gi gva`tg Avgiv wKQy RvbZ cvwi | PAR Gi A`nj Participatory Action Research. Avgiv AtbK gvby gtb Kwv hviv tj Lvov Kti Zvib`iay kvvZ| wKs` PAR Gi gva`tg Avgiv Rvwb c0Z`KwU gvby Zvi`kvvkv kvvZ| thgb-GKRb gv kvvte Zvi mšvbtK jvj b cvj b Kite tm wKs` eB ctv kvvZ| Zvi wvR`kvvkv tm Zvi mšv jvj b-cvj b Kitz| Aek`B tmB gv kvvZ| cv`extZ hZ gvby AvtQ Zviv tKD AvkvvZ bq| PAR Gi gva`tg RvbZ cvwi kvvZ ej`tz Avgiv eyS th tj Lvov Kti Avb AR0 Kti | wKs` c0Z`KwU gvby Avb AR0 Kti | wKs` tm Avb Avgiv tKD eStZ tPov Kwv bv| ev`Pv wki` KvbwKwU Kti`p Lvl qvi Rb`| Zvi GB AvbUkZ AvtQ tm bv Kw`tj gv ZvtK`p t`tebv| Aek`B wki`w kvvZ| Avevi Avgiv PAR Gi gva`tg RvbZ cvwi kvvvi cKvi t` AvtQ|

thgb

1. Kkkvkv kvvZ



G wefkHox msj vc nqZ AfbK t¶¶tB Avgvt` i ketb>`iqtk`ukKtibv| wKŠ' GKUv mZ` Awe®vi tmB gvbyUJi gta` AbeiZ msjvtci RvUj tLjvq tm gE nq| GK chq tm hLb cOkie h\_v\_© DEti i gvS wbtRtK RvbtZ tkL, eStZ tkL ZLb tm Awe®vi Kti tm Ggb wKQymjÓ KiZ wKLtjv hv wbtRtKB bZb ifc mjÓ Kti tQ| ZLb tm mÖvi Avmtb Dcw`Z ntq Avtiv Avtiv wfbvte mjÓi A`g` tdkvq D`Mie ntq lfv| msjvc tmB mjÓi cYv` bvtK AwaK gvIvq RvMÖZ Kti | kmvZ Kti gw`f`i mKj Pwj Kv kw³tK| GLvfb tm wbtRtK wekym Kivi ga` w`tq mKj gvbtli cÖZ wekym `vctb ntq lfv cÖj AvZwekymx| mEvi cÖZ webtqi ggZteva t`tk gvbtli cÖZ k³vq tm webqx nq| webqx msjvc t`tk Drmwii Z ci`uti i ggZtk tUtB Avtb GKB mgvŠ+vj Ae`vfb| ZLb tm ntq lfv Askx`wi tZi` wek`-eÜz| fvj evmvq ntq lfv cÖ`qx wekym nq AKwI g| Avi G mKj wKQj mgŠtq msjvc Qvotq t`q kvLv cKvLv| msjvc ev kã e`ZxZ mEyi KvQvKwQ Avmv Amæ etj tqtB wbtj AwZwi³ fiev wbdq mwVK ev h\_v\_©bq| Kvi b msjvcB nt`Q gvby wntmte gvbtli cÖZ cw cY`Av`v Mfxi wekym| Ges tmB Av`vi gvS t`tkB cpivq `vqx Kivi AwfcÖtK RvMÖZ Kivi ¶lgZvtK wekym ga` w`tq gvweK `bvejxi mæYZvq ev`evqtbj j¶¶tk AMhigvb KiZ msjvtci weKí Awe®KZ nqwb A`veia| cvljv tdbti etj tQb`i agvI mgvtj vPbvag® wPŠv fievb `vex Kti ZvB msjvtci ct¶¶B mæ mgvtj vPbvag® wPŠv fievbi Rb¶ t`qv| msjvc Qvov tKvb thvMvthvM cÖPón mæ bq Avi thvMvthvM Qvov mwZ`Kvi tKvb wK¶¶v mæ bq|

**Dbqb bvU` KgRvj v t**

Dt`k` :

14Rb GwbtgUi tK Dbqb bvUtKi Dci cÖk¶¶Y cÖvb Kiv nte hvZ Zviv MY-Mtel Yv cÖµqvq GB c×wZi bvUtKi e`envi Kti Mtel Yv cÖµqv tK Avi l dj chy Ges kw³kvj x ifc cÖvb KiZ cvti Ges BDvobq wfwEK bvU` j MVtb BwZevPK fvgKv ivL tZ cvti | D³ KgRvjvq MÖc w`tqUvi wfwEK 3wU bvU` `j t`tk 6 Rb Ges 2wU GbwRI t`tk 4 Rb Kg¶ AskMÖY wvÖZ Kiv nte, hvZ Zviv GB c×wZi mv` cw wPZ nq Ges Zv`^`t¶¶t Kv¶R j wMvtZ cvti |

KgRvj v mgn :

1. AskMÖYgj K Dbqb bvUtK Awf`bZvi fvgKv|  
AskMÖYKvi x : 24 Rb  
mgqKvj : 5 w`b
2. AskMÖYgj K Dbqb bvUtK GwbtgUi i fvgKv|  
AskMÖYKvi x : 24 Rb  
mgqKvj : 5 w`b
3. AskMÖYgj K Dbqb bvUtKi Mí `Zix|  
AskMÖYKvi x : 24 Rb  
mgqKvj : 5 w`b
4. t`kxq tj vK MwxZtZ AskMÖYgj K c×wZi cÖqvM|  
AskMÖYKvi x : 14 Rb  
mgqKvj : 5 w`b

GK`j G`wbtgUi/DwB4eK mjo : MtelYvi c0i t`c weifbœmvgwRK t` t`K GK`j G`wbtgUi `Zwi Kiv ntqtQ| G`wbtgUi mjo Kivi j`j` chqumgKfvte AvtqmRZ KgRvjv wQj MtelYvi c0g avc| thLvfb wv`0 gvbj ,tjvi AvPiY, gvbwmK, gvbweK `wofwzi cwieZ0 Ges gvbe Kj`v`bi KvR wbtR`i AŠ`j3 Kivi wltq D0k Kiv ntqtQ Ges GLvfb G`wbtgUi`i AvPiYMZ wqšY I cwieZ0bi Rb` wtkl wltq ,tj v`K c0avb ` w` t`q c0qvm Kivb nq|

AvPiY : gtbweAv`bi fvlvq AvPiY msNwUZ nevi t`cQtb wZbwU c0avb NUbv KvR Kti | h\_v : `RweK, mvgwRK I cwicwK`R NUbv| GLvfb Avgiv cwicwK`RZvi mvt\_ AvPiY m`u`wKZ wltqUi c0avb` w` t`qQ| hw` I gtbweAvb `xKvi Kti th AvPiY wqšY I cwieZ0b mKj ai`bi NUbvB Kgtekx `vqx| gtbweAvbx B,Avi , wnj MvW(1962) t`c0bvi (Motivation) msAvq etj t`Qb 0 GKwU t`c0bv 0viv Avgiv Ggb wKQy ejS hrvn c0Yx`K D`i`x`B Kti ev kw3`vb Kti Ges GKmgq c0Yx th mgq RvMwi Z wQj tm KvR Ki`Z wbt`R c0vb Kti |0

µvBwvi Ges Ab`vb`i(1983) e3te` cvB 0 AvKvLv, c0qvrB Ges AvM0 hrvn GKwU c0Yx`K mwµq ev Kg`D`i`vMx Kwivqv tZvtj Ges GKwU wv`0 j`j` e`i w` t`K cwipwj Z Kti Zvrv`K t`c0Yv wntmte msAvwqZ Kiv hvB`Z cvti0|

tKvb AvPiY c0qvrBt`eva 0viv mjo nq Ges D`i`k` m`vabvi w` t`K cwipwj Z nq| thgb : Afve, Kvgbv, c0qvrB, Avkv, fvj evmv, BZ`w` kã ,tjv t`c0Yvi c0Zkã wntmte e`eüZ nq| Avgiv t`c0Yv Ges Avt`Mi wltq ,tj v`K ,i`ZmnKv`i wtk`Y Kti c0qvm Ki`Z m`P0 t` t`KwQ|

wk`jY : wk`jY cwiv`wZ`Z gvb| Ges Ab`vb` c0Yxi AvPi`Yi cwieZ0 m`e ntqtQ| Awf`AZv I Abkxj tbi gva`tg c0Yxi `\*Z wk`jY m`ubœnq| KviY Awf`AZvi mrvn`th` c0Yx wk`jY cwiv`wZ m`st`U c0`wgK aviYv AR0 Kti Ges Abkxj tbi mrvn`th` wbf`j` c0Zwµqv Ki`Z m`ubœnq|

wm wU giM`vb Ges Avi G wKs(1966) Gi gtZ 0 Awf`AZv ev Abkxj tbi dtj AvPi`Yi th`Kvb A`c`jvKZ `vqx cwieZ0`K wk`jY wntmte msAvwqZ Kiv th`Z cvti0| wk`jY gvb`li Ggb Avb hv Awf`AZv I Abkxj tbi dtj msNwUZ nq| Avgiv Mtelbv Kvhp`tgi Ask wntmte G`wbtgUi`i `j` Kti tZvjvi Rb` wk`jY`K h\_vh\_ e`envi Ki`Z m`jg ntqQ Ges th Kv`Y Zv`i AvPiYMZ cwiewZ` eZ0vb Ae`vbtK Avgiv Avakvsk t`j`i`i `vqx ej`Z m`ng`bB|

Avbmj ingvb bwmZMZ c0kœh\_v\_`D`PviY Ges `u0Z `wofwzi k3 Ae`vb t` t`K etj t`Qb, 0wekym wbtq tKD hw` **PAR** Ki`Z PvB tm **PAR** Ki`Z cvti | hw` wekymnxb, m`ng` hny` Ges AbjfwZnxb Ae`vb t` t`K tKD **PAR** Ki`Z Pvb Zvntj tmwU bv KivB DvPr etj Awig gtb Kwiv | tKbbv wekym bv \_vK`j Avi hvB`nvK **PAR** Kiv m`e bq|0 GKwU tmvgbv`i D`Pwi Z c0ZwU kã`K wekym Kwiv etj B Avgv`i Kv`Q PAR A`bK tenk ,i`ZpcY` tKbbv`N c0k`wU `bwZKZvi | fvebvU bwmZMZ Ae`v`bi | bwmZMZ c0k`e mZ` Dcj wã Ges gvb`li Rb` wbt`Ri `bwZK fveaviv`K hw` w`i bv Kiv hvq Zte wbt`Ri t`v`j` gvbZvi wKsev wPŠw`i t`vjvP`j A\_ev wvZvŠB `v`eiZvi tkYxMZ tkK`j i Ave`Z` wbgw`Z t` t`K gvb`li Kj`vb m`e wKbv?

tKyx `elg`, mgte`bv, fy`tfvMx kã ,tj v`K A`xKvi Kti ep`Ei Rbgvb`li AvZ`Dbœb, ej`xi RvMiY A\_ev mvgwRK wbt`u`wL Z Ae`vb t` t`K gy` Kiv m`e wK? hw` bwmZMZ I `bwZKZvi wekym t` t`K cwiewZ` bv nq Zvntj m`e bq| tm Kv`Y G`wbtgUi`i `bwZKZvi fvebvU h\_v\_`Ki`Z Ges PAR-Gi c0Z wekym `v`c`b cb`% D`i`vM M0Y Kiv ntqtQ|

thtñZiMZvbMwZK tKvb bvU" fvebv t\_ tK bvUK Kivi Kj vtKŠkj tkLvfbvi welq GuU bq| tm Kvi tY AfbK\_ t j v ev\_eZv I wefkH tK GKw Z Kti MtelYv Kvhpug ev\_evgfbi ct\_ mnthvxt` i ` ¶ Kivi, wefkl Kti AvMhx Kivi gvbwmK kw<sup>3</sup> tK ewx Kiv nq| GQovovl MtelYvi cÜ\_wgK Ask wntmte KgRvj vi cÜZwU fVMTK htZie mv\_ cÜqvM Ges cÜqvM ci ewZfZ dj vdj I cÜZwU ` t tK Mfxi fvte ch¶e ¶ b Kti Avtj vPbv Kti ev\_evgb Kiv ntqtQ| Avgvt` i AfbK\_ t j v Amæe P`vtj ÄtK cÜZ gn tZ© ci wRZ Ki tZ ntqtQ| hv Lp mnR bq tgvfUI | wbgwgZ agx¶ Kvhp tgi welq m`vRvMÜZ tQvU-eo mKtj i Kv tQ GKRb wk ¶ K wntmte cwi wPZ bvUK mæúwKZ wfbæagfj æf GKRb gvb| bvUK Ki tQb, i ayZvB bq, bvUtKi w` K wbt` Rbv, wefkH GB bvU" Avt` vj btK GwM t q wbtZ AMÜx fwgKivq me©v mtPó \_vK tQb| gvb tli fvebv tK Kj` vbgqZvtK cÜarb` w` t q wete tKi Kv tQ cÜæ ivL tZ mvrnx ntqtQb| GB mKj welqB MtelK wntmte Avgvt` i AbjcÜwYZ, DrmwvZ I mvrnx Kti tQ cÜZ ¶ tY| KviY gvb| wbtqB gvb tli Rb` c\_Pjv Avgvt` i | wbt fRvj gvbe tçgi mE y aviYKviX GB gvb| \_ t j vB ` t \_v` x mgqtK AvNvZ Kti B mvg t b G\_ te GB wekjm Avgvt` i |

## Strategies of workshop

1. Creating of homely atmosphere.
2. Simplicity of expression.
3. Mental evaluation/reaction through mesmerism.
4. Building sustainable synergy.
5. Intellectual stimulation for organising drama.
6. Dissemination of message through feeling empathy.

Dbæb bvU" KgRvj vq AskMhxYKvi xt` i wbr` ^gj` vqb Dc` vcb Ki wQ|

welq t AskMhxYgj K Dbæb bvUtK Awf t bZvi fwgKv

c\_ t qB ej tZ PvB 04 wWtmæf t\_ tK 09 wWtmæf w` b\_ t j v Avgvi Lp fij tK tUtQ| Avgvi Kv tQ fvj t j tM tQ ivRxe fvB Ges wkvb fvB tqi AvaybK cÜk ¶ tY| gvT cuP w` t b Avgvi bvUK mæú t K© AfbK aviYv ntqtQ| Awg GLb bvUK t K fvevQ GK bZb i f c | thfvte Awg AvtM KL t b v fwevb | Awg GKwU cÜB gwi ` g , GKwU nvB ` g Ges wmwGj Gi bvUtKi Kv tR RwoZ, Avcwb ev Avcbvi v hw` AvgvtK mvrnh` Kti b Zvntj me ` v t b GB bvUK Ki v tZ PvB| ZvB me KqUv w` b cÜk ¶ tY wbtZ AvMhx | hw` Avcbv t` i Amjeav bv \_v t K | AvMvg t Z Avei wj Le | Bgi vb tkL ivZj , wmwGj , Kxóqv |

Avgvi Aí etqtm í Ávfb evsj vt`tki wewfbaerVqMvq wfbærfbæfvte buUtki Dci cökŕŕY tbi qvi mthvM NtUtk| AfbK gÅ buUK Kivi I tmšfvM` ntqtQ| wKš' GB wfbægp Kgrŕjv Avgvi Rxeþb cŕg| Avgvt`i t`tki tcvŕvcU Abhvqx eZŕvþb th GbuRI, wewfbaer tmev`vbKvix cŕZŕvb I wgvWqv,tj vtZ th me wKŕŕvgj K buUK I buUKv cŕvi nt`Q Zv mvariY gvbj Aí mgþqi gta`B eþS hv`Q| KviY Zvt`i welq,tjv mivmwi cŕve tdj tZ cviþQbv| wKš' Dbæb buU` Kgrŕjvi gva`tg GK`j G`wbtgUi `Zwi Kti MŕgxY ktgRix RbtMvŕxi gvtS NUgvb mgm`v,wj mivmwi Dc`vcb Kiv Ges mgvavþbi c\_ LþR tei Kiv| Avgvi gþb wekŕm AwRZ ntqtQ th G c×wZtZ hw` Gt`tki AvbvþP KvbvþP fvebv,tjv Qwŕtq t`I qv nq Zvntj wKŕŕv ntj I mvgwRK Dbæb mæe| hv eZŕvb teiw msL`K wgvWqv,tjv cviþQbv| Zte n`w GKRb G`wbtgUiþK ntZ nte wKŕŕZ, gwRZ fvlvq K\_v ej vi Af`vm, Ávbx I mevi mvþ\_ Lvc LvBtq Pj vi AwfÁZv| hvi gva`tgB mvariY gvþŕI i gþbi ŕvi cŕš-tcŕŕv mæe| Awg GLvtb th gþbvve wbtq GtmŕQj vg tmUv nj buUK wKLe, Pþj hvte| wKš' Zv Avi nj bv| GZ fvj GKUv cwí Kí bvi mvþ\_ RwoZ bv ntq wKfvte hvB, Zte tcvþK evþvþvi e`e`vl cŕqvRb| thUKz cwi mevi gvtS wej tq w`tZ tPŕv Kie, Zv t`þK thb fvj wKŕŕvB GB Awg ev ktgRix RbtMvŕx, Avj vn thb tmB ŕŕgZv `vb Ktib cŕZwU gvbj þK| tgv t`tj vqi nvmv, mvs`wZK mæúv`K, Bqy Mŕc, vm wW Gj, Kŕŕqv|

`wi`a GB evsj vt`tk NbemwZi RbMY Kŕŕŕvq Av`Qbæntq w`þb w`þb AÜKvti Zvj tq tMtk| GB mKj RbtMvŕxþK Rwmþq tZvj vi Rb` Ggb wKŕŕvivi `i Kvi hv ŕvi GB RbtMvŕxi Ávþbi ŕvi Lþj hvte| Gi B Avþj vtK Avgvi e`w³MZ gZvgZ wmwWU MtelYv Ges 5 w`þbi Kgrŕjv t`þK th Ávb ARŕ KtiwQ Zv Avgvi e`w³ Rxeþb cŕsmvi `wie`vi - KwB tKvb welq| Avþj vþv mvþcþŕŕ mgvavb Kiv mæe| gÅ buUK t`þLwQ ev KtiwQ Zvi tþtq `kŕ AskMŕYgj K buUK Ges A`k` buUK Avgvi KvþQ kw³kvj x buUK etj Avgvi wekŕm| th buUtk Rb gvþŕI i wPšw ŕvi Lþj t`q tmB buUK cvþi mgvþRi cwieZŕ AvþZ, nqtZv ev mgq jvMte| GB Dbæb buUK Kgrŕjv t`þK AfbK bu Rvb welq Rvb vg, Gi AvþM AskMŕYgj K buUK Ges A`k` buUK mæúþK©GZ tekx RvZvgv, ev`e AwfÁZv t`þK eþj vg GB buUK gvþŕI i wPšw ŕvi Lþj t`q, mvariY mRb ej tZ cwi AskMŕYgj K buUK `þj i `k`, `kŕ cU cwieZŕ Kti w`tqtQ| mwK w×vš`kŕ w`tqtQ, GB w×vš`w`tqtQ Aek`B Zvt`i wPšw ŕvi wKŕŕv ntj I Lþj tQ Avevi A`k` buUtk cŕZeÜx`i AwKvi Av`vtqi j þŕ` th buUK mg`-evm hvŕxi gvtS gvbwK cwieZŕbi mvov cvl qv wMþtQ Zv,t`þK ej tZ cwi mvariY gvþŕI i th tKvb mgm`v mgvavb Kiv mæe| i aycŕqvRb Zvt`i wPšw ŕvi Lþj t`I qvi| Ges welqUv mæúþK©Zvt`i aviYv t`I qv Zte n`v tKvb wKŕŕvKi tZ tMþj wKŕŕv wKŕŕv Avmþe, ZvB etj t`tg \_vKþj Pj te bv- evavþK Rq Ki tZ nte| Zvi Rb` `i Kvi wekŕm, gþvej Zvntj B me wKŕŕv Kiv mæe| ti RvDj nK mj K, G`wbtgUi, wgi cj, Kŕŕqv|

cŕKZ cþŕŕ 5 w`þbi Kgrŕjv q hv Avþj vþv Kiv ntqtQ fvþj v buUK wK ? w`tqUvi wK ? gÅ wK ? gÅ buUK wK ? A`k` buUK wK ? tcvivg w`tqUvi wK ? Gi DĒti Avgiv AþþK AþbK msÁv w`tqUQ| gj Z GUv gj welq bq| gj welq ntjv GB buUK,tjvi ev`e cŕqM NUvþv| hvþZ Kti mvariY gvþŕI i KvþR jvþM ev GB wKŕŕvþK wbtq gvbj Zvt`i fvj RMr t`þK mwK RMþZ AvmþZ cvþi| GB buUK,tjvi gta` A`k` buUK Avgvi KvþQ LþB fvj jvMþQ| KviY GB A`k` buUtki gva`tg gvbj þK AfbK welq mþPZb Kiv mæe| nhi Z tgvvæš` (mvt) wbtR etj tQb Ávb ARŕ Kiv diR| ZvB Avgiv cŕ\_MZ wKŕŕvi gta` bv t`þK wewfbaer gva`tg wKŕŕv jvf Ki tZ cwi| cwi þktl ej tZ nq tKvb wKŕŕvþK Aetjv bu Kti cŕZ`K welq Ávb jvf Kti hw` gvþŕI i gta` tmUv cŕqM Kiv hvq Zvntj B mgvR I ivŕŕq chŕ t`þK Kms`vi `j Kiv mæe| tgv tZvRvþæj nK, G`wbtgUi, nwi cj, Kŕŕqv|

Dbqab buU'kvj vq 20 w`tb Avgvi e"u³MZ gZvgZ GB KgRvj v t\_#K buUK wK ? ZvtZ hZUKzRvbj vg buUK nt"Q- mgv#R N#U hvl qv tKvb welq cpiveuE KivB buUK, GQrov buUK mgvR cwieZ#bi nwiZqvi ev buUK mgv#Ri `c# `#fc| buUK#K `Bfv#M f#M Kiv hvq, 1. Dbqab buUK, 2. wetbv`#bi Rb" th buUK ev th buU#K mgvR Z\_v gvb#li DcKvi Av#mbv wKQ#b wetbv`b t`q Zv wetbv`b buUK | Awfbq m#t#U Rvbj vg buU#Ki tKvb Pwi # ev`#e ifc`vb KivB buUK, Awfbq Kj v tK#Kj Ges Dc`vc#b f#w#B AwfbqKvixi KvR| #Kvb wel#q Zvr#vYK Dc`vc#b KivB Zvr#v#K Awfbq| tdv#vg w\_tqUvi nt"Q Ggb GK buUK hv buU" wK#x Ges `k#Ki gvtS m#o Ki#j `kR Zrv#Z AskM#Y K#i ev buU" wK#x ev buU#Ki MwZ cwieZ# K#i hrvn Av#vPbv mv#t#v m#vK w#i#cb K#i | Bb#f#Rej ev A`k" buUK Ggb GKUv buUK hrvn `kR mivmwi AskM#Y K#i | buU#wK#x l `kR GK ntq hvq hrvn `kR mivmwi e#tZ cv#i#v| mgv#R Kms`vi gy³ Kivi Rb" GB buUK `iKvi | buUK Ki#Z ntj GKRb w#t`Rk `iKvi, #Zgwb GKRb G`w#t#U#i tdv#vg w\_tqUvi l A`k" buU#K G`w#t#U#i tmB KvR#U K#i `kR#K D³ buU#K AskM#Y Kiv w#w#Z K#i | `kR AskM#Y K#i tmB wet#q h\_vh\_e`e`v w#t#q \_v#K, GKRb G`w#t#U#i i w#o f#l#v ntZ n#e, Zvr#v#K c#k#e k#Ki gvtS Q#o w`#Z n#e Zvi hv#Z D#i `kR mn#R tei Ki#Z cv#i, Gfv#e M#g-M#A, kni-e`#i Ki#Z \_vK#j gvb#li fj t#t#½ hv#e, Avi t#t#½ #M#j Avgv#`i evsj v#`k Avi `wi`^\_vK#e bv, Zvnt#j evsj v#`k GKUw tm#v#i evsj v#`k ntq M#o DV#e Avgvi avi Yv| #gvt t#k#i ej Bmj vg, G`w#t#U#i |

w#t#m#t#i i 4 Zwi L t\_#K 28 Zwi L ch#-#R#j v cwi l` nj i`#g m#i#w`b e`v#x Ab#v#t#bi g#a" mKvj l wet#K#j wQ#j v Pv ce#l `#t#i wQ#j v ga`y t#fv#Ri e`e`v| w#t#m#t#i i 4 Zwi #L Kw#qv tR#j v cwi l# M#el Yvg#K Ab#v#t#bi c#\_g w`#bi Av#j vPbvq Avgiv Rv#t#Z cwi Awfbq wK, Awfbq wKfv#e Ki#Z nq| t#M#g cwi P#j bvq wQ#j b- ivR#e cv#i#fR| w#t#m#t#i i 5 Zwi #Li Av#j vPbv t\_#K Avgiv Rv#t#Z cwi - w\_tqUvi wK ? w\_tqUvi wKfv#e Ki#Z nq Ges Dbqab buUK wK? GB buU#Ki D#i k" wK ? Dbqab buUK wKfv#e Ki#Z nq| w#t#m#t#i i 6 Zwi #L Ave#iv bZb K#i cwi P#q c#y`wKQytL#j vaj vi gva`#g e#Z#j| Av#wi KZvi m#o nq| tmB m#½ m#o Kiv nq w#k#m Zvi Kvi Y tKvb Kv#Ri c#Z w#k#m bv \_vK#j tmB Kv#R mdj Zv AR# m#e nq bv| cieZ#Z Av#iv K#qKw`b hv#Z Avgv#`i t`#ki `wi`^ gvb#li w#f#b#emgm`v w#f#E#K w#l#q w#t#q Av#j vPbv ntq \_v#K Ges tmLv#b mgv#v#b wKfv#e Kiv m#e tmUv w#t#q Av#j vPbv ntq \_v#K| GK ch#q ZK#eZ#K#P So l#v| Av#g hLb GKRb G`w#t#U#i w#mv#e K\_v ej #Z hvB ZLb Avgv#K w#f#b#e#c#k#e m#y#x#b ntZ nq| Avgv#K A#bK ev#v w#e#w#E l c#Ze#KZv t#wi#q GB G`w#t#U#i ntZ ntq#Q| w#t#m#t#i i 11 Zwi #Li Ab#v#b wQ#j v Zvr#v#K Awfbq Kiv| bvg Rv#v#i Rb", tMg, S#j Zvt#j i tMg Ab#v#Z nq| Av#iv wQ#j v w#m#j tMg, ej tMg BZ`w` | D³ w`#b Avgiv GK Av#j vPbvq Rv#t#Z cv#j vg th, Avgv#`i t`#ki 85% `wi`^ t#j v#Ki gv`vi Dc#i e#m 15% abx t#vK Av#iv abx nt"Q| Avgv#`i GB 85% `wi`^ i t#fvU w#t#q Zviv AvR w#e#PZ ntq w#t#R#`i Dbqab e`-\_v#K| t#fvUv#t#`i `v#x `v#l qv tKvb w`#b c#Y nq#v| Avgiv B#`Q Ki#j B Guv e`j v#Z cwi Dbqab buU#Ki gva`#g| Avgiv Av#iv Rv#t#Z cwi G c#\_e#t#Z t#KDB A-w#k#w#j#Z bq| KvD#K Aw#k#w#j#Z ej v hv#e#v| t#K#D bv t#K#D tKvb w#l#q#i Dc#i w#k#w#j#Z ev #v#b AR# K#i#Q|

c#\_g wZb w`#bi lqvK#t#e Avgiv #v#b jvf Kwi th, GKRb G`w#t#U#i i Dci `w#q#j wK ? wZw#b wKfv#e M#t#gi Rb m#v#i Y#K m#PZb K#i Z#j #eb Ges tKvb tKvb mgm`v#q tKvb tKvb Dc#v#q mgv#v#b Kiv hvq| cieZ#Z 5 w`#bi GKUw KgRvj vq Avgiv Rv#t#Z cwi Awfbq wK, Kv#K e#j Ges wKfv#t#y Ki#Z nq| buUK wK, buUK Kv#K e#j Ges wKfv#e buUK Ki#Z nq| Av#iv Rv#t#Z cwi w\_tqUvi wK, w\_tqUvi Kv#K e#j, w\_tqUvi wKfv#e Ki#Z nq| buUK l w\_tqUv#i i g#a" cv`R" wK Zv Avgiv Rv#t#Z cv#j vg| Ggb#K thme c#Ze#U#v K\_v ej #Z Rv#t#b#v Zvt`i f#l#v wKfv#e e#sv hvq Zvl Rv#t#Z

cvijvg&A`k" bvUK wK ? A`k" bvUK wKfvte KiZ nq| Zvr¶wbK bvUK wKfvte KiZ nq|  
 Zvr¶wbK Awfbq wK? Avgvi wekym Mõtġ MġÄ hw` G aiġbi Dbæb bvUK Kiv hvq Zvntġ Rbgġb  
 wekym `vcb Kiġe| ZvB G aiġbi Kvġġg PġġZ \_vKġġ `wi`a weġgvPb I `wi`a RbtMvõxi mġdj  
 eġq AvbġZ cvġi | D³ KgRvj vi gvaġġg Avgiv Avġiv RvbġZ cvijvg tKvb gvġġli wK aiġbi Afve-  
 AwfġhvM I mġm`v iġġġQ| AvR Avgiv Mixe tKb, `wi`Zv Avgvġ`i wKfvte Mõm Kġi | abxiv wKfvte  
 Avgvġ`i VKvġ`Q Ges Zviv wKfvte nZPKZPnt`Q| GB KgRvj vi dvġK dvġK Avgiv evov`x, gkvb  
 ewġ`vncuov I tQDwoqv Mõtġ Avgvġ`i MġelbvġġK bvUġKi gvaġġg D³ GġvKv, wġġZ MYmġPZbZv  
 Mġo ZġġwQ| Ges Avgiv cġZeÜġġ`i wġġq evmġhvġM A`k" bvUġKi gvaġġg Avġ`vj b Kġi dj jvf  
 Kġiġw th, cġZeÜġġ`i I msiw¶Z Avmb iġġġQ| Ges Avgiv tUġġhvġM agcvb weġivax A`k" bvUK  
 Kġi Kġoqv t\_ġK tMvqj>` NvU chS-hvbevġb agcvb Kiv hvġebv hv mKġ gntġ AvġġvPbv I  
 mġvġġvPbv So ZġġZ tġġiġwQ| Avgiv GLvġb Avġiv RvbġZ tġġiġwQ eZġvb wek! evRvġi bvix I  
 cġġli mġvb Awakvi iġġġQ Ges ivR%bwZK Aw`iZvi Rb" Avgvġ`i t\_ġk wK wK t¶ġġI mġm`vi mġo  
 ntġġQ| RvbġZ tġġiġwQ mšym teKviġZġi KviY| 16 I 17 wWġmġġ Avgvġ`i KgRvj vi Kvġġg eÜ  
 \_vġK weRq w`em Dġġġ¶| 18 wWġmġġ t\_ġK 22 wWġmġġ chS-GB 5 w`ġbi tġMõġ wQġġv wKfvte  
 AskMõYġġK Dbæb bvUġKi Mġi `Zix Kiv hvq| 18 wWġmġġ AbġõZ ntġwQġġv w`g, Lġx aiv,  
 t`šovġbv, tRvġi tRvġi t`šovġbv| 19 ġk wWġmġġ AbġõZ ntġwQġġv w`g, nvZ aġi `ú>`b, Zvġġ  
 Zvġġ fveġbv, Zvġġ Zvġġ wġġRi kixi bvovġbv, 1,2,3,..... MYbv, `j fvm Kiv I Mġi `Zix Kiv  
 Ges tdiviġg w\_ġġUvi wġġq Avġġv-AvġġvPbv ntġ \_vġK| cieZġZ 3 w`b Gfvte PġġZ \_vġK| GiB  
 gvġS gvġS wKQy AwZwi³ Abġvb nq, thġb `ġġi Lvlqvi cġi Mvġbi Zvġġ Zvġġ mevB t`šovġbv  
 t`šovġq nwwġġq hvq GK mġq GġK GġK mevB iġġ Nġġġq cġo Ges mevġġK GK-B-`ġæ  
 t`wLġqġġġv-wkvb fvB| wZwb Avgvġ`i Kiv gvwU QrovB GK GKwU gvġġ w`ġq gwZ°evbġZ  
 w`ġqġġġb| Avġiv GKwU ZK°eZġK° Abġvb AbġõZ ntġ \_vġK Ges mevġġK e³e" w`ġZ nq| Ges  
 21 ġk wWġmġġ tQDwoqv Mõtġ `wi`a mġm`v wġġq GKwU bvUK AbġõZ ntġ \_vġK| 22 ġk wWġmġġ  
 XvKvi Avcv mġvBqv Ges nwi Rb mġcġvġġi cvbæ fvB Avġmb I AvġġvPbv chġġj vPbv Kġi b Dbæb  
 bvUġKi wevfbæelġġi Dġġi | 23 ġk wWġmġġ I mġvBqv Avcv tdiviġg w\_ġġUvi I G`wġġġUiġ`i fvgKv  
 Ges `vq-`wġZġwġġq AvġġvPbv Kġi b|

23 ġk wWġmġġ t\_ġK 28 wWġmġġ chS-Kwe Mvġbi gvaġġg gvġġli wFZġi wKfvte AbġcġYv tRvMvq  
 Zvi 2 Rb MwwZKvi m½xZ cwġġekb Kġib-mġġvK I AvKZvi fvB| GB w`bMġġi gvġS wKQy wKQyevav-  
 wecwġ cġZeÜKZv Ggb wKQy`šZi K\_v Avgvi ġġb cġo hvq| thġb-Rwv` fvġġK gv`vġbi Awfbġġi  
 Rġb" evov`xġZ bvġġK LZ w`ġZ ntġwQġ | wkvb fvġġi `Zix Kiv `ġæġ`LġZ wMġq mġġvK fvB nVv  
 Amġ' ntġ cġo| Ges evm I tUġġ A`k" bvUK KiġZ wMġq AġbK ZK°eZK°i" ntġwQġ mġvavi Y  
 hvġġ`i gvġS I Avgvġ`i mġ½| AetġġI tdivi mġq tUġġ tdivi Avcvġi tPvġLi wFZġi GKwU tġġci  
 Ww, i `p tQġġiv AvNvZ nvġb| j vfwġ Bqvmġġb, G`wġġġUi, kvġ`vn, nwi cġj, Kġoqv|

MY-MġelYv`j Mvġbi cġZġe`b:  
 G`wġġġUiġ`i wR`ġġ`vq b Dc`vc b KiġwQ|

MZ 30 ġk wWġmġġ t\_ġK 4 B Rvbġġvix chS-nvUk nwi cġj BDwġġġbi evov evov thġq Avgiv  
 G`wġġġUiġ`i mevB wġġġ th 12 wU Mõc `Zix Kġiġw Zv t\_ġK Avgiv th aviYv ev AwfġZv ntġġQ ZvB  
 wġLwQ| Avgiv thLvġb thLvġb wMġqġw tmLvġbB GbwRI Gi K\_v DġVġQ, GbwRI th GZ fvte Avgvġ`i  
 t`kġK tklvY KiġQ Zv Avgvi ev Avgvġ`i Kvi I Rvbv ev aviYv wQġbv| GbwRI ev Fb `vZviv Gfvte  
 Zvġ`i ¶wZ KiġQ GUv tRġbi Zviv H KvR KiġQ tKb| Awġg cġæKijvg DEġi eġġ bv Kġi wK Ki ev

Avgt`i Dcvq bvB| Pj vb wbtq j vMie bv nuj Lve wK? Gici i'bj vg ōndDPvi evsj vt`kō Gi K\_v, Avgt`i GB Kūóqv tRjvi nvUk nwi cj BDwbqtb GB kgrRex gvbl`i wbtq th ggwSK tLjv t`wLqtqQ| tmUv RvbZ cvi Zvg bv hw` evox evox wMtq Mō: `Zix KiZ bv thZvg| Avig Zvt`i mvf\_ K\_v ej j vg, hviv fβtfvMx Zvt`i gL t\_`K i'btZ t`cj vg, GK GKwU Mōtc 20 Rb Kti m`m` 2000 nvRvi UvKv Rgv w`tq 12 mβvn ci 20,000 nvRvi UvKv tj vb t`te| cti m`úYUvKv AvZvzvZ Kti cvij tqtQ| Avgt`i t`tki AvR GB Ae`v ZvB Avgiv thLvfb wMtqQ tmLvfb IB GKB K\_v i'btZ ntqtQ - Avgiv GbwRI ev mwgwzi tj vK wKbv| Avgiv ej j vg bv, Avgiv mwgwzi ev GbwRI ōi tj vK bq Avgiv kgrwie gvbl` ev Avcbvt`i epxeYĒK I wmxvŠMōhY Kivi qigZvtK RvMōZ Ki`ev| hvfK etj Mb-Mtelbv, Mtelbv Kti Avcbvt`i fuj Avcbviv etS AvbKt KvR j vMvZ cvi`eb| Avi A`bK wKQeyStq ej j vg, ZLb Zviv i wR nj Ges thZ ej j | Avi GKwU w`lq AvgtK cPŪ fivte brov w`tqtQ tmUv nj Zvt`i cŪg K\_v nj, Avgt`i wK t``eb? Avgt`i Rb` wK Ki`eb? Avgvi AevK j vMōQ I iv wK i'ay wbtqB Af`-Ab`i KvQ t\_`K ? Avtj qv LvZb, G`wbtgUi, kvj`vn, nwi cj, Kūóqv|

kvj`vn, tMvj vevMvb

tMvj vevMvb Gj vKvi wewfbw`el t`q RvbZ tMj tmLvbkvi gwnj v, cj`l AvgtK etj tQb th tMvj vevMvb Gj vKvi cŪq 700 Rb tj vtKi emevm| GLvbKvi 50% tj vK qiz`e`emvqx, 40% tj vK w`bgRj Ges 10% tj vK tekvi | GLvbKvi tekxi fivM tj vK wbi qij | GLvfb wKQytj vK Zvt`i tQj -tqtqK t`dj cvVb| hv gva`wgK ch`tq tMj Zvl Avevi wKQlv Sti hvq| GLvfb h`K tQj i msL`v cŪq 80 Rb I h`Zx tqtqi msL`v cŪq 50 Rb| GLvfb Avig wbtR Gj vKv Nti ev wewfbegvbt`i mvf\_ Avtj vPbv Kti t`tLwQ th tekxi fivM tj vK `wi`q GLvbKvi gvbt`i KvRi Afve tmB Kv`tY GbwRI t`jv wewfbfivte gvbl`tK tkvY Ki`tQ| A`bK gwnj v AvgtK etj wQj th, GbwRI Gm Avig Ni-ewo niv ntqQ| GB Gj vKvq evj` weevn cŪq Nti Nti | 13-14 eQti i tqtq, 15-16 eQti i tQj t`i w`tq ntqtQ| metP`tq tLRbK w`lq ntjv 8 eQti i tqtqK Gj vKvi gta` w`tq w`tqtQb, Zvi evc gv| cieZxPZ tmB tqtqW Zvj vKcŪBv ntq evtci ewotZ|

GB Gj vKvq MZ 5 eQti i gta` tKvb mvs`wZK Abp`vb nqwb| tMvj vevMvb t\_`K evRvti i `j Zi 1 wKtj wglvvi &GB Mōtg GKwU cŪ`wgK w`vj q AvtQ, GKwU gmmR` AvtQ, hviv `j Zi ¼ wKtj wglvvi | GLvb t\_`K 1 wKtj wglvvi `j Zi 1 wU gva`wgK t`g AvtQ| GLvbKvi h`K tQj iv wKQy msL`K tj Lvcov Kti Av`ewK me tekvi | h`Zx tqtqivl wKQymsL`K tj Lvcov Kti, Avi ewK me tqtqiv gvtqi mvf\_ Mfni KvR Kti | GB Gj vKvq weaevt`i msL`v 20 Rb| tKvb c`fvekvj x tj vK GLvfb tbB| Zte GKRb c`vnb wntmte tgrt Avj vDw`l b bvtg GKRb tj vK AvtQb| tMvj vemoi cvfKB nvUk nwi cj BDw`c tPqvi g`vb Gi ewo| GB Gj vKvi th tKvb mgm`vi mgvavb GB tPqvi g`vb Kti v`vKb| GB Gj vKvi AvbgwmbK cŪq 200 Rb tj vK `w`bK kn`i i c`\_ hvZvqvZ Kti v`vK| GB Gj vKvq 17 Uv wUwf AwtQ, Gi gta` 4 Uv Kvj vi wUwf Ges ewK me mv`vKvtj v wUwf| cwi`tk`l ej v hvq GB Gj vKvi gwnj v-cj`l KvR Ki`Z Pvq| wKŠ`tZgb tKvb KvR Zviv cvt`Q bv| Zviv hw` tKvb KvR tcZ Zvntj GbwRI, evj` weevn t\_`K ti nvB tcZ | tgrt tZvRvt`sj nK, G`wbtgUi, nwi cj, Kūóqv|

bvg : cvovi bvg tevqvj`vn bZbcrov| nvUk nwi cj BDwbqtb GKwU my`cwi wPZ cvov|

RbmsL`v : GB cvovq cŪq 450 Rb tj vK evm Kti | GLvbKvi me RbmavaiY gwnj gvbl` GLvfb h`Kt`i msL`v cŪq 60 Rb| h`Zxi msL`v cŪq 30 Rb| h`Kiv wKQytj Lvcov Kti Avi wKQyteKvi | h`Zxiv wKQytj Lvcov Kti Avi wKQygvvtqi ivbwi KvR mrvnh` Kti | GLvbKvi cŪq 100 Rb tj vK kn`i, Avmv hvl qv Kti |

tkv : GLvbKvi wKQy msL`K tj vK K.I.K, wKQy msL`K e`emvqx, wKQy msL`K teKvi, nvZ tMbv KtqKRb tj vK PvKixRrex | GB cvovq Avq epxi Rb` tKvb gva`g tbB | GLvbKvi AwasKvk tj vK Mixe |

`j Z;t GB cvov t`tk c0q 2 wKtj wgvUvi `fi GKwU evRvi AvtQ | GKwU c0\_wgK we`vj q AvtQ | tkl mvs`wZK Abp`vb ntqtQ c0q 2 eQi AvtM | GLvtb c0q 20 wU tUwj wfkB AvtQ |  
mgm`vi w`K : GLvtb cfvekvj x gvby AvtQ Rvgvj Dwi`b | GB cvovq mšym AvtQ | GLvtb wbhPZb NtU | GLvbKvi teuki fvM gvby GbwRI Gi KvQ wRwš |  
Avāj iv34vK, G`wbtgUi, tevqvj `n, nwi cj, Kuroqv |

nwi cj gvVcvov, I qvW`bs-3

nwi cj M0tg GB Gj vKvi tj vK msL`v c0q 400 Rb | GB `vtbi AwasKvk gvby kgRrex I q`i` e`emvqx | Zte `GKRb tj vK Kw Kvr I PvKwi Kti `vtKb | Gj vKvi cvtkB evRvi | Gj vKv t`tk evRvi c0q 300 MR `fi | GB M0tg tKvb Ktj R tbB | Zte Gj vKv msj MeM0tg 1 wU nvB`g I 1 wU c0\_wgK we`vj qmn GKwU wKŪvi MvtU0 iqtQ | Gj vKv msj MeGKwU nvtdwRqv gv`mv iqtQ | M0tg c0q 70 Rb hēK hēZx iqtQ | hēKiv AwasKvB KgRrex Ges teKvi | wKš` hēZx`i gta` wKQy Qv`x cvl qv hvq | GLvtb tKvb mšymx KvhRj vc tbB | Zte Gj vKvi cvtk wKQy cfvekvj x tj vK iqtQ hviv Gt`i`tk kvly Kti `vtKb | Gj vKvi AwasKvk tj vKB KgRrex ZvB Zviv c0q 150 Rb kni hvq | M0tg gmnj vt`i tZgb tKvb Avq epxgj K Kvr tbB | Zte `GKRb tmj vB Kvr, wevo evav mn num gj Mx cvj b Kti `vtK | GB Gj vKvq e`vK, tmZ, Avkv, w`kv mn Ab`vb` GbwRI iqtQ hviv FY t`q I 7 w`b ci ci wKw` M0Y Ktib | GB GbwRI `tjvi cfvte Mixe Avil Mixe nt`Q | GbwRI `tjv GLvtb tZgb tKvb Dbqbgj K Kvr Ktib bvB | Zte e`vK btgi GKwU GbwRI wKQy tmj vB Kvr w`tqQj | Zte cwi ktgi Zj bvq cwi ktgK AwZ Aí | GB Gj vKvq c0q eQi `tqK AvtM cŪvcjvb btg GKwU mvs`wZK Abp`vb ntqQj | GLvtb evj `weevn `vgx KZR` xi c0Z wbhPZbmn bvbv wbhPZibi Nubv iqtQ | Zte metPtq `tLRbK Nubv nj GKwU tQtj KZR` GKwU tqtqK al` Kiv nq Ges tqtqW Aš:mEv nq | wKš` tQtj cfvekvj x nl qvq Gi tKvb mwK wePvi nq bvB | Ges tQtj KZR` tqtqi eev i`3v`3 nq |  
Avtbvqvi tnvmb Avb`, G`wbtgUi, nwi cj, Kuroqv |

ga`eZx`Mtel YvKvj xY mgtq c0B Afx0 RbtMv0xi wevfbaei`bi tkvly Ges epxewEK I wmxvšaxbZvi Nubv

tKm 0vW - 01

nwi cj M0tg 5 Rb cfvekvj x e`w`3i tQtj iv GKwU maviY kgRme e`w`3i tqtqK cvj vmtg al` Kti tQ | wevfbaei` Rvbv hvq H tQtj t`i tqtqi mvt\_ Gj vKv wfvEK m`uK`Qj | tqtqWl GKUyPĀj wQj | It`i mvt\_ wevfbaei`RvqvMvtZ teovtZl thZ | Gi gta` tqtqW H tQtj t`i GKRbtK fvj evmZ | GKw`b ivtZ H tQtj i Pvi Rb eŪz tqtqK etj Zng ewo t`tk KvD`K wKQybv etj Ptj Gm Avgiv tZvgv`K H tQtj i KvQ w`tq AvmUQ | tqtqW tQtj t`i K\_vtZ i wR nq Ges It`i mvt\_ hvq | cti H tQtj iv ZvtK GKwU wB0 RvqMvq wbtq thtq cvj vmtg al` Kti | cti wvqW tqtqi ewoi tj vK tRtb hvq | wKš` H cfvekvj x e`w`3t`i ftq gL tLvjt bv | wKQy`b cti tqtqW Mj vq `wo w`tq

AvZñZv Kti | Gicti H tQtj iv \_vbtZ wMtq tcvó gU<sup>9</sup> evt` B Kei t` qvi Abguz Avtb Ges jvk  
`vdb Kiv nq| ci enZ<sup>9</sup>Z tqtqi gv tqtqi GB gZitZ gj\_ eÜ ivLitz cvtib | wKŠ' mel qW RwbttqI  
tKvb dj cvqub Zviv | Zv i ayGLb GKU Mí tZB i "cvšwi Z ntqtQ |  
tgv tZvRvt<sup>9</sup>sj nK, G`wbttgUi, nwi cj, Kúóqv |

tKm ówW : 02

nwi cj BDw evRvi c<sup>0</sup>½tb \_vKtZv GK wef` k tdiZ e<sup>w3</sup> fvon wntmte | 4 wU tqtq I 1 wU tQtj  
mšwb-`xtK wttq | eo tqtq RvgyBtK m½ wttq \_vKtZv | `j vfvBttqi m½ tmR tqtqi tMvcb m<sup>9</sup>úK<sup>9</sup>  
wQj Zv tKD RvbtZv | tmR tqtqUv GKUz nvej ywQj | wcviz mgttÜ Zvi tKvb avi Yv wQtj vbv | 8/9  
gvfmi Aš:mEv ntj Zvi gv- evertK etj tqtqi tctU wK thb ntqtQ, tCU dtj DVtQ I e`\_v Ki ttQ |  
evert etj wQj tctU wU Dgvi A\_ev cvwb RgtZ cvti | UvKvi Afvte mttv Kitz bv cvivq mgq AwZ<sup>9</sup>ug  
ntq 1 wU c<sup>1</sup> mšwb Rb<sup>9</sup>MhY Kti H tqtqi Mf<sup>9</sup> tqtqUvi bvg-wmgv, wczvi bvg-Lwj j | 1 nvRvi  
UvKv w` tqt ev<sup>9</sup>Pv wem<sup>9</sup> nq m` i nmwUvtj |

j vfwj, G`wbttgUi, kvj `vn, nwi cj, Kúóqv |

tKm ówW : 03 evj` weevn

nwi cj BDwbttbi kvj `vn Mttgi tgv gwRei Zvi 11 eQtii tQvU tqtqtK Zvi eÜi tQtj i mvt\_  
eQi wZttbK AvtM wef` t` q | eQi NjtZ bv NjtZ eÜi tQtj tqtqtK Zvj vK t` q | eZ<sup>9</sup>vttb tqtqUvi  
eqm 15 | evert gwRei GLb Lp tPóv Kitz tqtqtK Ab` RvqMvq wef` t` l qvi Rb` | wKŠ' cvitQ bv |  
KviY tqtqU wewwZ etj tQtj t` i thšZtKi `we GZ tekx th Zvi ct<sup>9</sup> tKvb fvteB thvMvo Kiv  
m<sup>9</sup>e nt<sup>9</sup>Q bv |  
Avttj qv, GwttgUi, nvUk nwi cj |

\_c<sup>0</sup>\_wgK Mtel Yv t`\_tK cÜB AvfÁZv / m<sup>9</sup>ebv mgr :

Mtel Yv Kvh<sup>9</sup>ttg cÜqvMKZ bvU`Kj vi wef` KIY t`\_tK Avnwi Z wbh<sup>9</sup>ttK e`vL`v Kitz hv `wovq Zv GB  
th, mxgvex <sup>9</sup>lgZvi wekvj RbtMvöxi GB evsj vt` tki 85% AvteMc<sup>9</sup>Y, mnR-mij, kgrxex gvbj  
Lp mntRB thgb meiwKQy tegvj gZvq wbgw<sup>9</sup>4Z Kti wK tZgwbfvte Lp mntRB gtb Kitz cvti,  
`šitY AvbtZ cvti NtU hvl qv mZ` Ges AZxtZi ev`eZvtK | Ae jxj vq AskMhY Kti AmtZ`i  
wecixtZ ev`weK cÜZev`, cÜZttvttai `xN<sup>9</sup>vgwQtj | GB BwZnm Avgvt`i gvb<sup>9</sup>tti AvttQ | i ay mgtqi  
mvt\_ cÜqvRb ntqtQ cÜZev`, cÜZttiva wKsev Avakvi Av`vtqi cÜkamy<sup>9</sup> awitq t` l qvi |

`k`cU-1

A`k` bvUttKi cÜqvttMi Rb` Avgiv evmthvtM Kúóqv t`\_tK tfovgvi vi Dt<sup>9</sup>ttk` i l bv Kwi Ges  
cw\_gta` cwi Kí bv gwtdK `Rb `wó cÜZewÜttK Zvt` i Rb` msiw<sup>9</sup>ttZ (hv ev`ewqZ nq bv) Avm<sup>9</sup>ttbi  
Avakvi Av`vtqi cÜtt½ Abo t`\_tK msj vc Pvj vtZ \_vtK ZLb mg`-evm hv<sup>9</sup>ttKB AvBbMZ, gvbwK  
BZ`w` wef` tqt K\_v ej tZ tkv bv hvq hv tm `vfwK fvte etj bv, ej Z bv | evm hv<sup>9</sup>ttxi v hLb msiw<sup>9</sup>ttZ  
Avm<sup>9</sup>ttbi Ab` hv<sup>9</sup>tt` i Avmb tQto w` tZ etj, hLb Mwo Pvj K Ges mnKvi xiv Zvt` i AÁvbZvi Rb`  
<sup>9</sup>lgv cÜ`<sup>9</sup> Ktib ZLb GB K\_v tRvi w` tqt ej v hvq- GKU NUbv NUvtbvi ga` w` tqt mtt<sup>9</sup> i AeZvi Yv  
Kitz <sup>9</sup>gvbj <sup>9</sup> AvcbttZB msj vtC AskMhY Kitz Ges Zvi mgvavb cÜ vb KitzQ |

ᐱᐱᐱᐱ-2

Kuóqv t\_+K tMqvj> chS-AvštbMi tUfb agcvb weřivax cPviYv, cwi tek `tY Ges cvtki Aagcvqx hvxi Amjeavi vel tq msj vc Pj vřbv | A`k` bvUtki hy³hy³ cQvM tUfb | NUvřbv mæ nřqvQj |

ᐱᐱᐱᐱ-3

t`kxq AwłžK tdvigg w\_tqUvi | `vb: Kuóqv tcšimfv msj MetQl woqv Móg | KgRij v cPvRbv vřbv tQDwoqvřZ Dcw`Z nI qvi ce°chS-ARvbv wQj th, lLvřb cKvřk` tñivBb weřvq l tmeb Pj | wMřq t`Lv hvq kgRwe tñivBb Avm³iv Zř`i evoxi gřa`B GKcKvi cKvřk`B tñivBb tmeb KiřQ | Avgiv GKwU `vb wbařY Kři Mvb-evRbv `i` Kiřj AřbK wkiivl Dcw`Z nq | Zř`i B GKRb `ř eQřii GKRb wkiřK bvg wRÁvmv Kři RvbřZ Pvq 0 tZvgvi eev wK Kři?0 ZLb wkiwU etj th, 0 Avgv (Avgvi) Aveřv wñřv (tñivBb) LvB0 | Avgiv ZvrřwYK cwi tek cwi w`wZ weřePbv Kři bvUK Pj vKvj xb ZvrřwYK bvUtki vel qřK cwi eZB Kři Dc`vcb Kw | Avgvř`i ev`eZvq tdvigg w\_tqUvi i AwłžK bvUK Pj řZ `vřK | GKwU `řk` hLb tñivBb Avm³ `řgx `řřK wbhřZb KiřQ | bvix `kRř`i gřřS GKwU `Ab tkvbv tMj | tKD tKD D`PviY Kiřj v 0 Bři Rřj vq Rřwř gj vř0 wZřq chřq bvUKwU cpivq `i` nřj wKQyhřK mn bvixiv `řk`i cwi eZřB GwMřq Gj | Gi B gřa` KřqKRb Gřm bvUK vřbv K\_v ej řj `kRiv Zř`i mwiřq t`q | bvUtki GKwU `řk` hLb G`wřřgUi cřj k AvřřZ ej řj, ZLb Dcw`Z bvixiv mg`ři cQZev` Kři lřv Ges etj 0cřj wřK 200/= U`vKv w`wř B Div Pwřj hwewb, Avgvři cřj k `iKvi wř0 | GKchřq Dcw`Z hřKiv mn AwřKřk `kRř etj th, 0Avřbvř`i gZ Kvi`K cwřj Avgiv Avgvř`i Ae`vi cwi eZB KiřZ cvie|0 hřKiv Avřiv etj th, GLvřb AřbK mřm`v Avř0, Avřbvř`i tKD GKRb hw` wřqřZ GLvřb wřsev Aveřřiv bvUK KiřZ Avřmb Zře Avgiv GKwU Z nI qvi ga` w`řq Avgvř`i Móg t\_+K gv`K e`emv Dř`Q` KiřZ cwi |

ᐱᐱᐱᐱ-4

t`kxq řj vKMwřZřZ AskMřYgř K c×wři cQvM | (i f mPbv) Kuóqv řRřv cwi l` wřj břqZřb weřklÁRb Ges mřvviY RbřMvřxi Dcw`wřZřZ AskMřYgř K Kwe Mvb Gi `i f mPbv Kiv nq | Zř`i gZřqřZi wřwřřZ cieZřc0 křxi cQ`wř MřY Kiv nq |

ᐱᐱᐱᐱ-5 (MY-MřelYv `j MVb)

nwi cř BDwřqřbi QqvU Mřřg evřivwU MY-MřelYv `j MVb Kiv nq |

ᐱᐱᐱᐱ-6 (Qvř MY-MřelYv `j MVb)

MřelYv `řj i G`wřřgUi GKRb wřřřK ř`Qvq Zvi 20-25 Rb Qvř-Qvřx mgřřřq Qvř MY-MřelYv `j MVb Kři |

ᐱᐱᐱᐱ-7 (bvU` Mřř i DcvE msMř)

G`wřřgUi `j weřřbMY-MřelYv `j t\_+K MógY kgRwe RbřMvřxi wřZ` mřm`v, tkvIY, eřxnxvZv BZ`w`i Z`/řKm ÷wW msMř Kři vřbv Avřmb | Zvi ci G`wřřgUi `j tm mKj Z`/DcvE vřbv AvřřvPbvq etmb Ges Ařř0 RbřMvřxi eřxewřK RwiřřYi jřřř` bvU`Mř wřqřY Křib | Avgiv MřelYvKvj xY mgřř evř` weevn, alř, řWÁvi wciwqW, GwřRI řj vb- mř -Rřv vel qK bvU`Mř wřqřY KřiwQ |



iťf"Qv Ávcb t AvMZ mššnbZ AwZw\_ť i Dcw\_Z cieZx"iťf"Qv Ávctbi AKwġgZvťK Dc\_vcb  
KiťZ mťPó wQj MťelK `j |

cwiwPwZ ce"t GťK Actii weťkl Kťi AwZw\_Rbť i MťelYv `ťji cġZwU m`ťm"i cwiwPwZ ce"  
AvťqvRb mwPťZ „i"ZcY"vb `Lťj wQj |

Avc\_vqb ce"t Avšwi KZvi tKvb KcbZv e"wZťiťK LpB mv`vgyUv mnR Avc\_vqb MťelYv `ťj i cġYi  
ťQwqv we`"gvb wQj |

Gj vKv cwi ġgb t MťelYv Gj vKv cwi ġgtbi ce"mgq AvMZ AwZw\_Rbť i we`wi Z Kvhpġg Dc\_vcb  
Kťi Zvici c\_Pj v i i" wba"wi Z MťelYv Gj vKv nwi cťi i Dťiťk" |

AwZw\_Avgšp t Mťelbvi ev"eMZ j "ġġ, Dťiťk" Ges MťelYv t\_ťK cġB Z\_"MťelYv c×wZ BZ"w`  
welťq gvbe Kj `ťb Kvhpġg cwi Pj bvi Z msMVb mgťni cġZwbaMťbi Dcw\_Z wbu"Z Kiv nťqwQj |

wewfbcgy³ Avťj vPbvi ga" w`ťq ms`wZMZ Av`vbcġvťbi fvebwUťK „i"ZmnKvťi m"úbrKiv nq |

Kvhpġg hv wQj t wełj qvU tKwPs tm"Uvťi Aa`vqbi Z Qvġ Qvġxť i mgšťq MbMťelbv `ťj i mvť\_  
AwZw\_eť i Kť\_vcK\_b mwewfve MťelYv Kvhpġgi Ae`vbťK AťbK tekx kw³kvj x KiťZ mġġg  
nťqťQ |

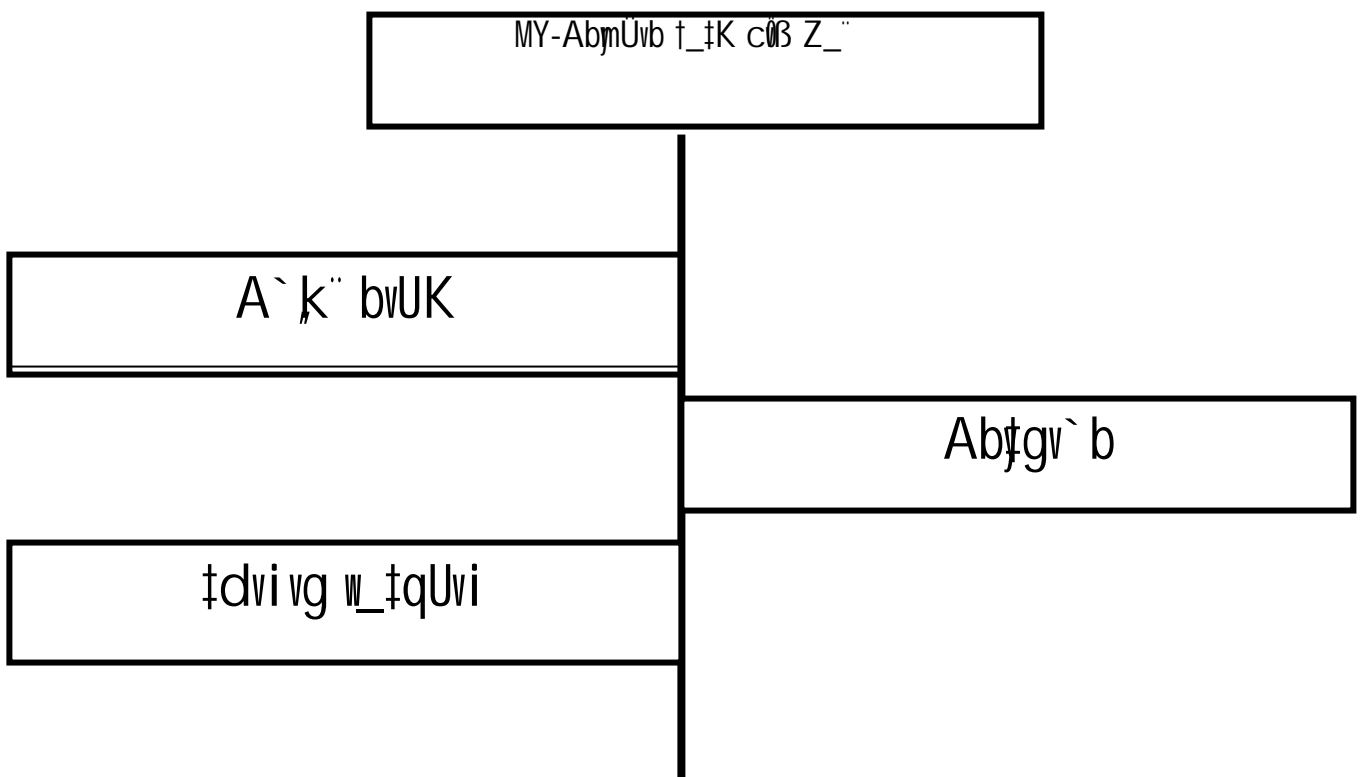
Dcti vťj w"Z `vťb `xN"Avťj vPbv l gZ wewłgťqi ga" w`ťq D"Pwi Z Ges Dc\_vwcZ wewfbc  
cġkK cġYeš-Kivi tPón wQj | `Z mgq MmōťqťQ, AvťqvRb nťq Pťj tQ GKUvi ci GKUv Abpōvb  
cġĚ Zwj Kv Abhvqx |

Abťgv`b bvUK t Avgiv wekym Kwġ cġZwU Rxeťbi th tKvb mZ"MZ gh"v j vťfi AwaKvi wbu"Z  
Kťi tQ msuké-cġZōvb „ťj v | thťnZmZ" NUbv Aeġ "ťb bvU" wbg"b- tmťnZiNUbv hvť i Rxeťbi Ask  
Zvť i AbgwZ tbi qv cġqvRb eťj Abťgv`b c×wZi cġqvM Kiv nťqťQ | G Abťgv`b c×wZi graťg  
mKj gvbt i cġZ k"xv Ávcb Kťi GKvZřnl qvi mťhvM `vcb Kiv nťqťQ |

ťhvMvťhvM/ Z\_" mĤvj b

mvgwRK gj `ťvťai Aeġġq tiva Kivi ga" w`ťq GKwU wbr`^mĚyi mvgwRK e"e`vťK MġY Kivi  
gvbwK `pZvťK kw³kvj x KiťZ MYMťelYv t\_ťK cġB mKj Zť\_i gvťS GťK Actii Askx`wi Z;  
wbu"Z Kivi j "ġġ" wewfbc×wZťZ Z\_" mĤvj b Kiv nťqťQ |

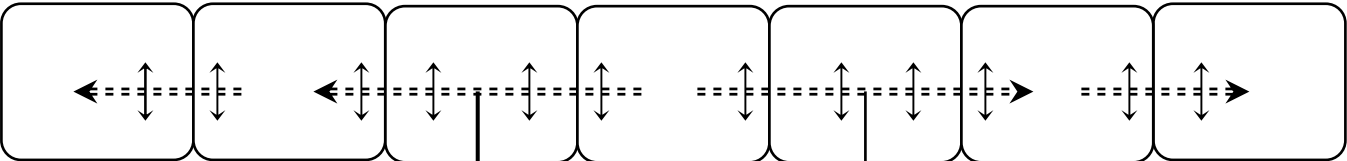
MY-MťelYv t\_ťK cġB Z\_" enr RbťMvōxi gvťS Qmōťq t`qv Ges Zvť i MY-MťelYvq Ašf" Kiv  
gj j "ġġ |



AskMöYgj K KweMvb

Q eM 2 Rb	P eM NUbvi cpiveŸ 2 Rb	O eM 2 Rb	N eM gj NUbv 12 Rb	M eM 2 Rb	L eM NUbvi cpiveŸ 2 Rb	K eM 2 Rb
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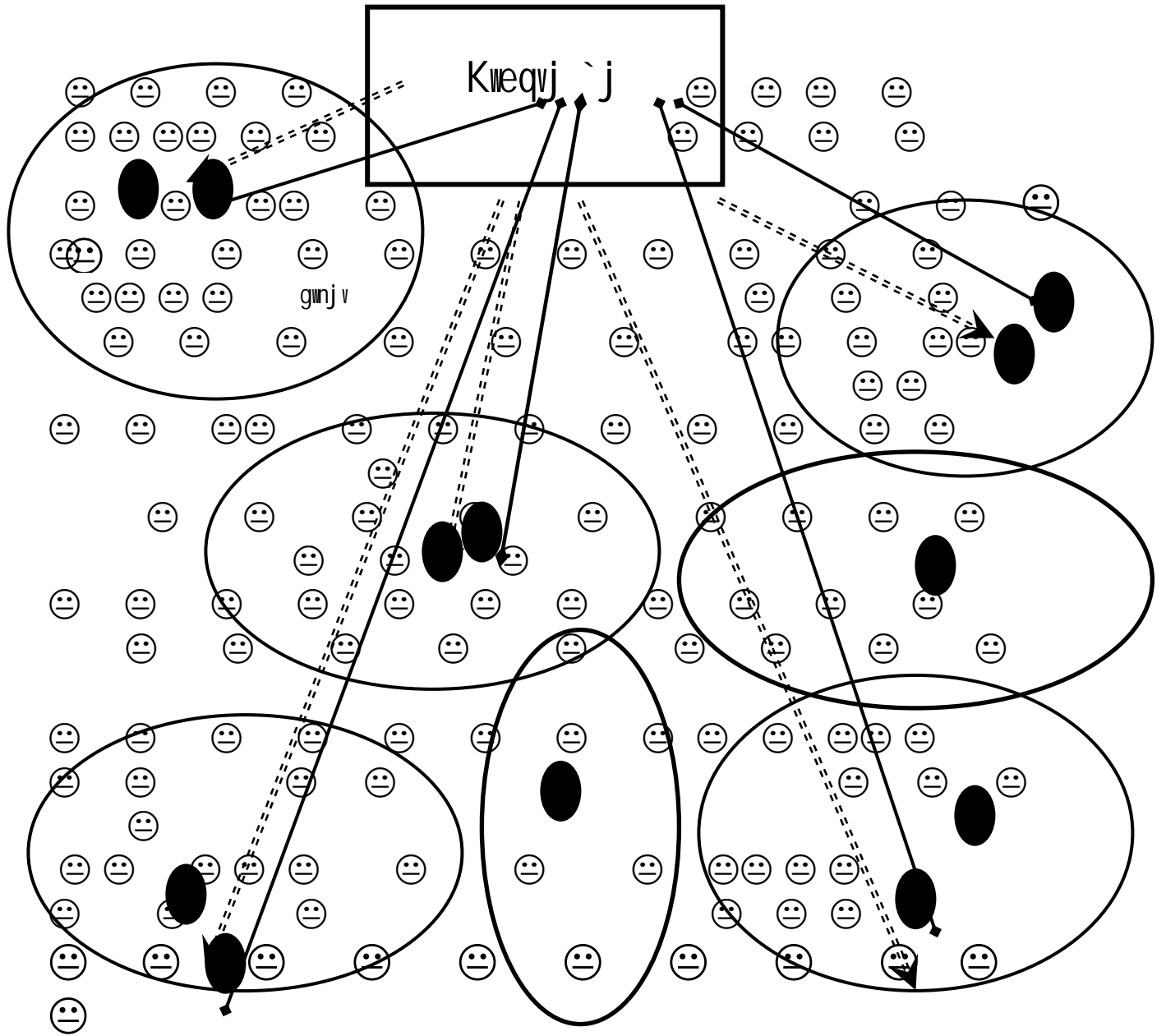
Króqv t\_†K tMvqj > Mvgx AvštbMi tU†b tgvU 24Rb G'wb†gUi weŸfbaewM†Z Ae`vb MöY K†i b  
 Ges KwLZ mgtqi A†c¶v Ki†Z \_v†Kb | N eM†Z GKwU NUbvi mŸ cvZ n† Ges L I P eM†Z  
 tmB NUbvi cpiveŸ n† | gj j ¶ mg`-†U†b GKB we††qi msjvc |



gj NUbv`j t\_†K 4Rb tU†bi †cQ†bi (Q eM) w`†K  
 NUbvi Z` enb K†i wb†q hv†eb Ges P eM†Z NUbvi  
 cpiveŸ NU†eb | hve† c†\_ c†Z`†K NUbvi Z`  
 ti†L hv†eb Ges H mKj eM†Z Dcw`Z G'wb†gUi iv  
 tmB Z` wb†q hv††† i m†\_ msjvc AeZxY†eb |

gj NUbv`j t\_†K 4Rb tU†bi BwA†bi (K eM)  
 w`†K NUbvi Z` enb K†i wb†q hv†eb Ges L eM†Z  
 NUbvi cpiveŸ NU†eb | hve† c†\_ c†Z`†K NUbvi  
 Z` ti†L hv†eb Ges H mKj eM†Z Dcw`Z  
 G'wb†gUi iv tmB Z` wb†q hv††† i m†\_ msjvc  
 AeZxY†eb |

AvštbMi tU†b A`k` bvU†Ki cwi Kí bv



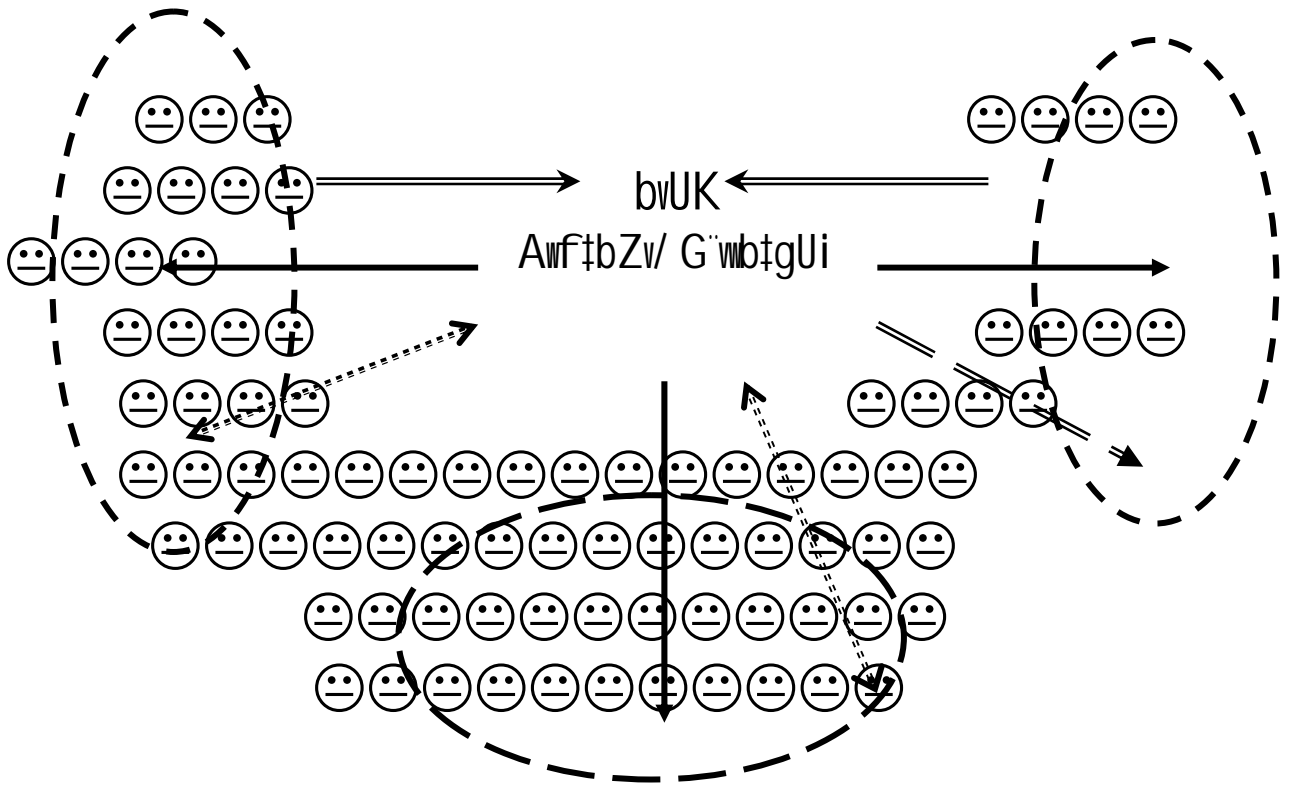
AskMñYgj K KueMvřb G`mbřgUi Ges Kueqvj `j mgřřq GKwU mřwi Kwi Z `j Mvb Kiv nq| th  
`j wUi gj j 9|`\_vkře Awak gvbřli mgvřřk ř křq řj vK HwZn" eRvq ři řL Dbřřbi Dři řk"  
msj řřc AeZřYřn| qv|

====> Kueqvj `řj i Mvb/Kř\_vřK\_b ř\_řK Z\_"  
řbřq GK ev GKwak G`mbřgUi Zvi PZcřřk,®  
Dřj řřZ Z\_ " řbřq msj řřc cwi Pj ř bv Kři |

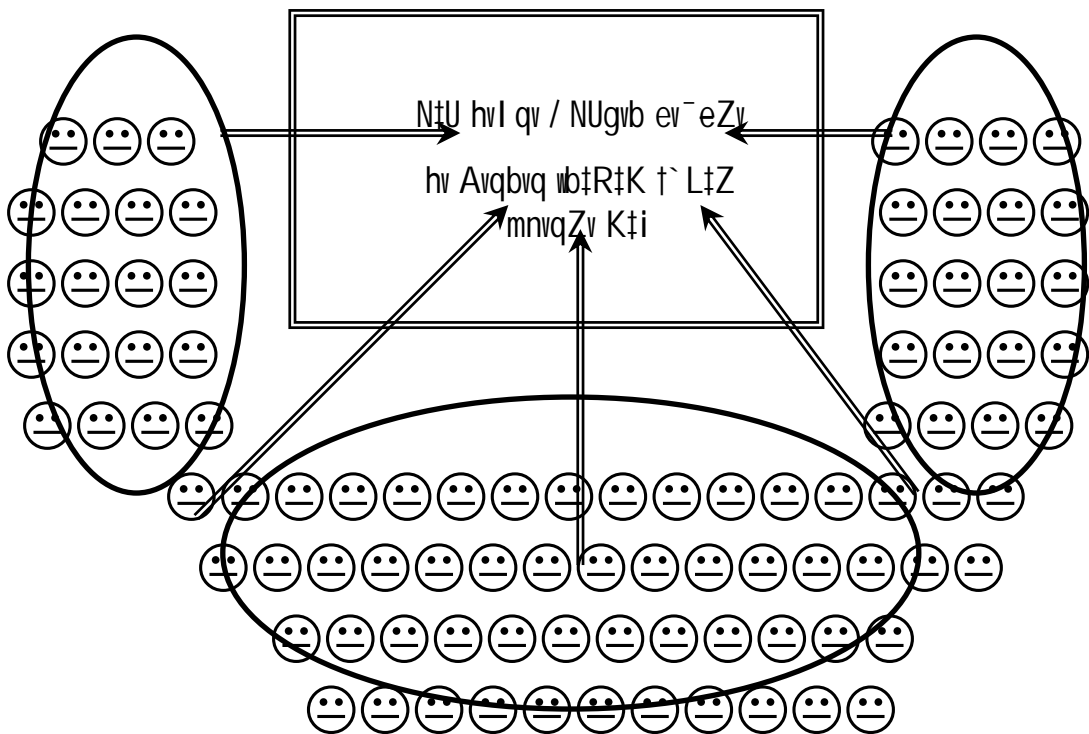
←> G`mbřgUi MY Kueqvj ř` i K\_vq Amřgřm"Zvi řřřj  
A\_er Zvi PZcřřk,® msMwZ řKřb msj řřci řKřb  
K\_vřel q , i "Zcřřřřřř Kueqvj ř i mřř\_ msj řřc AeZřYřn  
nřeb| dřj K\_wU mg`-řkřřřřřř Křřřřřřř řřřřřřř

● - G`mbřgUi

AskMñYgj K KueMvřbi Kgřcwř Kři bv



†dvi vg w\_†qUvi - G Z\_ mÂvi Y I msj vc



Dcmsnvi :

G"vWvgm Ges -št\_i -tMP"vrb Hkpi K cyZj ev Ckfi i th Ae-vbtK ōag®bvgK Mšsi gva"tg cvB  
 tmLvfb ōMÜgō Lvl qvi Dťj L-wK cŕvY Ktibv- mŕóMZ ev-eZv t\_tKB ōgvbyl ō AvZŕ-wRÁvmvi ga"  
 t\_tK cŕB DEti iB ev-evqb NUvq? kZ wbl t\_xi teovRyj tK ōB"Qvō ōvib wŌbæKitZ cvti? Kti?  
 A-xKvi Kite wK tKD, gvbyl B cŕ\_ex mRb KtiŕQ, axti axti chŕqµwgK weeZŕbi ga" w\_tqB?  
 cKwZtK kvmb KtiB gvbyl wbtRi gZ Kti, wbtRi cŕqvRtb Aj sKiY KtiŕQ cŕ\_exi |  
 cŕ\_ex t\_tK Pu` wKsev g½j Mŕni Ae-vb wbyŕ KtiŕQ gvbyl BtZv?  
 gvbyl BtZv evZvfm tftm teovfbvi, AvKvfk l ovi tMšiegg mťZ"i Awe®wi K |  
 AvRtKi mfZvq gnvfiťZi GKj te"i Mí Dc-vcb hy³hy³ mť`n tbB | tKbbv, GKje" wbgæ  
 mæcŕvqfŕ etj Kti" estki A-;i" t`ŕYvPvthŕ wkl" nl qvi AwaKvi ARŕ KitZ cvtiwb | wecixťZ  
 GKje" nZvk ntq ōAvZŕ kw³iō Dci fimv nivbwb | Avgiv AeMZ nB th, GKje" Mfxi R½ťj  
 t`ŕYvPvthŕ gwŕi gwZ©Zix Kti ZvtK wKŕv\_i" Ávb Kti wbtR wbtR A-je`v wKŕv KitZ \_vtK |  
 hLb Awe®KZ nj GKj te"i cvi½gZv t`ŕYvPvthŕ wčŕ wkl" ARŕbi PvBťZ Kg bq, PŪvj mšŕbi  
 GB JxZ" Aetj vKb Kti t`ŕYvPvthŕ UbK botjv | t`ŕYvPvthŕ vex Kiti b- ōAwg hw` tZvgvťK  
 wkwłtq \_wK Zvntj AvgvťK \_i" `wŕYv`vlō | gnvfiZ cvWKiv GKj te"i exv½j tKtU Dcnvi  
 t`qvi wełqmŪ AeMZ | tkYx ZťEi wePvťi wK cŕwYZ nqbv th, Aš-R RmZ t\_tK Dŕk tjvťKťi  
 fŕ³ Qvov Ávb-weÁvfb, Ab" wKŕťZ AwaKvi \_vKv DŕPZ bq | gnvfiťZi hM tkl ntqťQ tmB KteB,  
 gvbyl MťotQ cŕ\_ex, mfZv, mgq | Zvicil ev-eZv nj lB tkYxZťEi Ať±vcvfm ōGKj te"iō  
 NUbwŕi Zvrch®A`vewa we`gvb | we`gvb ev-eZvi wecťŕ ōgvbyl Bō Zvi Ae-vbtK cwieZŕ KtiŕQ,  
 cwieWZŕ ev-eZvťK wbgŕY KtiŕQ Ges AvMvgxi wbgŕYl ZvtKB KitZ nte |

## AskMhY gj K KgMtelYv



### Avf`vj fb kwgj nI qv ( wbrfk mgcB Kiv )

- ✓ gvbwmK wmxvš-fbqv
- ✓ msj vtc AskMhY



### eyxeyEK RvMiY

- ✓ wbcwgZ msj vtc AskMhY
- ✓ RvMz Avfk KvR j vMvZ Avi xKiv
- ✓ cwi eZBk mvgtb ti tL e`w<sup>3</sup>MZ Df`vM MhY Kiv
- ✓ wbr wbr mgm`v wbtq Avfj vPbv Kiv



### Avf`vj b`i`i` ( mgvR wlvqv Ki tQ )

- ✓ wbr mgm`v mn mgvRi wvfbwmgm`v wbtq Avfj vPbv Df`vM MhY Kiv
- ✓ Ab`fk Avf`vj fb m`u<sup>3</sup> Kiv
- ✓ Dbqb bU`j MVb Kiv



### cwi eZBk cf\_ GvMtg hvI qv

- ✓ mgvRi wvfbwkvfb Avf`vj b Qwotq t`I qv
- ✓ MtelYv j ä Ab`c`qvtMi`mvt\_ h<sup>3</sup> Kiv
- ✓ ths\_ Df`vM MhY Kiv



### cwi eZBk Avi xC

- ✓ gvbftI eyxeyEK I wmxvš-MhY Kivi qIgzv RvMz nevi dtj GKUv mvgwRK cwi eZBk mvaZ nte|
- ✓ tdu=f`vj



### mvgwMK cwi eZBk

- ✓ `pvs-mvgtb ti tL mgvRi Ab`v`fb GB Avf`vj b Qwotq ci te

cv`wUKv :

Z\_ " mŷl :

‡cŰ Yv → ‡cŰ Yv Pμ → ‡cŰl Z AvPi Y

AwFÁZv  
Abŷkj b → ØvŷØK we‡kHY → Kg©cŰqvM

msj vc  
Abŷkj b → ØvŷØK we‡kHY → Kg©cŰqvM